Community Resource List

Listed below are some resources that may be able to provide assistance to you and your family during times of need. You should contact the agency to see if you qualify for assistance. Please be aware that programs and services change and it is your responsibility to determine if a program meets your needs. This is the most recent information available to the UAB Benevolent Fund Employee Emergency Assistance Program.

General Emergency Assistance

American Red Cross – 439-7800
Disaster (fire, tornado, flood, etc.) services; service to military
Assistance for energy bills to low income families facing financial and/or medical emergencies

Bridge Ministries – 930-0309
Food, clothing and emergency assistance for utilities and rent to low income in Birmingham area.

Catholic Center of Concern – 786-4388
Food, clothing, furniture and financial assistance to low income. Monday – Thursday, Starts at 8:30 a.m. First come, first serve.

Greater Birmingham Ministries – 326-6821
Food, clothing and financial assistance with utilities and prescriptions

Independent Presbyterian Church – 933-1830
Food, prescription, utility and clothing assistance for people in need

JCCEO (Jefferson County Committee for Economic Opportunity) – 327-7500
Emergency assistance for families meeting federal poverty guidelines.

Salvation Army – 328-5656
Emergency financial assistance; disaster relief services

Urban Ministries – 781-0517
Food, prescription and utility assistance to families in need

Foundry – 428-8449
Food, clothing, furniture vouchers and medical assistance to qualifying men, women and children in need. Crisis Only. Must have a referral.

Children’s Services

ALL Kids/SOBRA Medicaid – 1-888-373-5437
Health care for low income children under age 19; apply on line at www.adph.org/allkids

Child Care Central – 205-941-0115
Child care financial assistance for qualifying low income families

Childcare Resources – 252-1991
Child care information and counseling

JCCDC (Jefferson County Child Development Council) – 933-1095
Head Start and Early Head Start family child care for qualifying families

JCCEO (Jefferson County Committee for Economic Opportunity) – 327-7500
Head Start and Early Head Start for qualifying families

Domestic Violence Services

The Family Violence Center – 322-4878 (hotline)
Gateway Violence Intervention Program – 328-6010
One Place Metro Alabama Family Justice Center – 453-7261
Housing

www.hud.gov is a federal government website that offers information and resources related to purchasing a home, avoiding foreclosure, affordable apartments, rental assistance and public housing.

Alabama State Bar and Legal Services of Alabama 1-877-393-2333 – Free hotline for those facing foreclosure staffed by a legal aid lawyer. When calling please have the following information: all loan documents, payment records including cancelled checks or bank statements and correspondence with the lender.

Medical Co-payment Assistance Programs

Assistance varies between programs and even illness/disease. Some programs are only help with co-pays incurred after eligibility is determined and others have a look back period ranging from 30 day – 1 year. Payments can be made to your doctor/hospital/pharmacy or they will reimburse you for funds you have already paid if you qualify. The funds are fluid and you should constantly check back to see if funds are available.

Chronic Disease Fund (www.cdfund.org) 1-877-968-7233
Healthwell Foundation (www.healthwellfoundation.org) 1-800-675-8416
Patient Access Network Foundation (www.panfoundation.org) 1-866-316-7263
Patient Advocate Foundation (www.copays.org) 1-866-512-3861
Cancercare (www.cancercarecopay.org) 1-866-552-6729
Leukemia Lymphoma Society (www.lls.org/copay) 1-877-557-2672

Miscellaneous Services

www.benefits.gov A web site that asks you questions about your situation and lets you know if you qualify for any of over 1,000 federal or state government benefit programs ranging from food stamps to housing assistance to social security to grants/scholarships/fellowships and more.

Birmingham Bar Volunteer Lawyers- 250-5198; http://vlpbirmingham.org/
Volunteer attorneys who provide free legal services to low-income citizens unable to afford attorneys for civil legal problems.

CommuterSmart Program- If you are in need of transportation assistance, need to decrease transportation expenses or want to be paid to carpool, walk or take the bus, please visit www.commutesmart.org and click on Birmingham.

Gateway Financial Freedom – 251-1572
GFF helps people get out of debt, avoid bankruptcy and learn to manage their money.

Jefferson County DHR Financial Assistance Office– 423-4300
Food Stamps, TANF (Temporary Assistance to Needy Families), Medicaid applications. To apply for food stamps online visit the following website myalabama.gov

Jefferson County DHR Child Support – 423-4460

Jefferson County Department of Health – 558-2144
WIC program application (supplemental food for pregnant or breastfeeding women, infants and children)

Kid One Transport System – 978-1000
Transport children and expectant mothers to medical (physical and mental health) appointments

Legal Service of Metro Birmingham – 328-3540
Legal representation in civil matters for low income families

Literture Council of Central Alabama – 326-1925
Information and referral to adult and child literacy programs

Social Security Administration – Jefferson County – 1-800-772-1213
Social Security cash benefits for disabled persons and dependents, survivors and dependents

United States Department of Housing and Urban Development – 731-2630
Low to moderate income housing programs; rent supplements

United Way Information and Referral – just dial 211 or visit www.uwca.org and click “get help”
Referral service to agencies for families with all types of needs from financial to educational to medical. Free tax preparation to those who qualify.

UAB Employee Assistance & Counseling Center

Employee Assistance & Counseling Center – 934-2281 A strictly confidential counseling and employee assistance program providing employees and their families with resources for resolving work-related and personal problems. At no cost, up to 12 individual, couples and family counseling sessions are provided each year to assist you in clarifying issues, exploring options, and finding solutions.