

The University of Alabama at Birmingham

M.S. in Kinesiology Exercise Physiology Concentration

33 - 36 credit hours

Important Notes: Overall GPA 3.0 or higher is needed to graduate. Undergraduate level Chemistry, Anatomy and Physiology courses are program pre-requisites

Plan I 'Thesis' students choose 12 hours of Electives in addition to the 21 hours of required courses, to meet the 33-hour requirement in order to graduate.

Plan II 'Non-Thesis' students choose 24 hours of Electives in addition to the 12 hours of Required courses and the Comprehensive Examination that are needed to reach the 36-hour requirement in order to graduate.

| Plan I (27 hours + 6-hour Thesis) ("C" or better required including electives) | | Plan II (36 hours + Comprehensive Exam) | |
|---|----------------|---|----------------|
| REQUIRED COURSES (21 Hours) | Hours Rard. | REQUIRED COURSES (12 Hours) | Hours Rgrd. |
| KIN 637 Physiology of Exercise I | 3 | KIN 637 Physiology of Exercise I | 3 |
| KIN 638 Physiology of Exercise II | 3 | KIN 638 Physiology of Exercise II | 3 |
| EPR 609 Statistical Methods and Research in Education | 3 | EPR 609 Statistical Methods and Research in Education | 3 |
| EPR 594 Introduction to Educational Research Design | 3 | EPR 594 Introduction to Educational Research Design | 3 |
| KIN 642 Practicum in Physiology | 3 | | |
| KIN 699 Thesis Research | 6 | | |
| Potential Courses That May be Used for Electives in | the Exerci | se Physiology Master's Degree Program* | |
| KIN 585 Advanced Exercise Testing and Prescription | 3 | BY 611 Advanced Human Anatomy | 4 |
| KIN 639 Exercise Prescription for High Risk Populations | 3 | CHHS 602 Mental Health, Stress, & Wellbeing | 3 |
| KIN 640 Advanced Techniques in Conditioning the Athlete | 3 | CHHS 621 Health Communications & Health Coaching | 3 |
| KIN 641 Advanced Planning/Management of Fitness Facilities | 3 | CHHS 631 Applied Planning and Implementation of Health Education/Promotion Programs | 3 |
| KIN 645 Advanced Motor Development | 3 | EPR 608 Statistical Methods and Action Research | 3 |
| KIN 656 Advanced Sport Psychology | 3 | NTR 521 Nutrition Assessment and the Nutrition Care Process | 3 |
| KIN 672 Advanced Treatment of Athletic Injuries | 3 | NTR 601 Advanced Medical Nutrition | 3 |
| KIN 674 Advanced Sports Nutrition | 3 | NTR 609 Applied Nutrition for Physical Activity and Disease Prevention | 3 |
| KIN 694 Special Projects in Kinesiology | 1-6 | NTR 618 Nutritional Biochemistry | 6 |
| KIN 695 Problems in Physical Education | 3 | NTR 625 Human Nutr Through the Lifecycle | 3 |
| KIN 697 Advanced Field Experiences in Kinesiology | 3-6 | NTR 750 Body Composition and Energy Metabolism | 3 |
| BY 511 Molecular Genetics | 3 | NTR 779 Obesity in the 21st Century | 3 |
| BY 540 Biology of Aging | 3 | *Please be aware that this list is not exhaustive; | |

*Please be aware that this list is not exhaustive; consequently, other university graduate level courses may be used in the related field with the consent of your Advisor.

Associate Dean: Bradley Bornes

Date: 9/29/22