Directions to UAB Employee Assistance & Counseling Center

2112 11th Ave. South
21 Office Plaza South at Magnolia Office Park
Birmingham, AL 35205

From areas SOUTHEAST OF BIRMINGHAM such as Chelsea, Sylacauga and Childersburg:
1. Take Hwy 280 West.
2. Take the Elton B. Stephens Red Mountain Expressway towards Birmingham.
3. Take the Highland Ave. exit.
4. Turn left onto Highland Ave. South.
5. Turn right onto 11th Court South (Western Supermarket is on the right; if you reach
   Arlington Ave. South, you’ve gone too far).
6. Turn right onto 11th Ave. South.
7. Magnolia Office Park is on the left (if you reach Ridge Park Ave. South, you’ve gone too far).