Participants learn to address problems and translate their emotions through therapeutic art activity in this art therapy group, facilitated by EACC counselor Carrie Ezell, PhD. Please note: This is not an art class, it is a therapeutic art group. You do not have to have artistic talent to participate.

WHEN:
Wednesday, Dec. 12, 1 to 2 p.m.

WHERE:
VIVA Health 1612 Vulcan Park Room

REGISTRATION:
Go to uab.edu/learn and enroll in “Viva — Art Therapy” under the catalog tab.