HEALTHY AGING

An Eldercare Education Series

Presented by the UAB Employee Assistance & Counseling Center and Senior Care Authority











All About Veterans Benefits

Join Glenn Osborne, Doctor of Applied Science — Gerontology at the University of Sydney and Managing Director of Elder Veterans Legal Aid Group, for a discussion on veterans benefits. Participants will gain a clear understanding of the two disability benefits administered by the VA (compensation and pension), including the eligibility requirements for each, and will learn about the real "aid and attendance" special benefit. The discussion will include guidance on how to use benefits to assist with defraying the cost of in-home or facility-based care.

Eldercare Resource Fair spotlighting **Right at Home** follows the seminar.

WHEN & WHERE:

Tuesday, March 19, noon to 1:15 p.m., via Zoom

WHO:

Program is free and open to all UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, and i3 Academy employees, and members of their immediate household.

REGISTRATION:

Go to **go.uab.edu/EACC-Calendar** and select "Healthy Aging" to register. *To request disability accommodations, email HRAWARE@uab.edu.*



