What is this test called?
High-sensitivity Guaiac-based Fecal Occult Blood Test (HSGFOBT)

What type of test is this?
This is a test that checks for blood in your stool. It is done at home using a kit your doctor will give you.

How is the test done?
You need to avoid certain foods and medicines for a few days before the test. Your doctor will tell you what to avoid and for how long. You will do this test at home. You will place a little stool on the card. Use one card per bowel movement for 3 separate bowel movements. The kit will come with instructions for how to mail your sample to the lab.

Will I have to take time off work?
No. You do not need to take time off work. You do this test at home at your convenience.

How much does it cost?
Most insurance plans, including Medicare, cover this test. Check with your insurance company about your coverage.

How often should I do this test?
ONCE A YEAR

What happens if the test is positive?
If the test is positive, you will need a colonoscopy to find out whether there are polyps or cancer.