UAB Employee Assistance Program
Community Referral List

Listed below are some local community resources may be able to provide assistance to you and your family during times of need. You should contact the agency to see if you qualify for assistance. Please be aware that programs and services change and it is your responsibility to determine if a program meets your needs. This is the most recent information available to the UAB Employee Assistance Program.

**Emergency Assistance**

**Angel Food Ministries** – [www.angelfoodministries.com](http://www.angelfoodministries.com)
No eligibility requirements. Monthly food distribution program with changing menu. Cost $25 (cash or food stamps). Distribution sites change regularly. Please check the web page for current information.

**American Red Cross** – 458-8282
Disaster (fire, tornado, flood, etc.) services
Assistance for energy bills to low income families facing financial and/or medical emergencies

**Body of Christ Deliverance Ministry** – 595-2762
Food and clothing pantry (letter of referral needed)

**Bridge Ministries** – 930-0309
Food, clothing and emergency financial assistance to low income in Birmingham area
Summer Day Camp ages 4-12 (must be on free lunch program)

**Catholic Center of Concern** – 786-4388
Food, clothing, furniture and financial assistance to low income

**Christian Service Mission** – 252-9906
Food pantry

**City of Hope Rescue Mission and Recovery Center** – 428-8449
Food and clothing assistance to low income; furniture vouchers for fire survivors

**Clear Branch United Methodist Church** – 655-9414
Food, clothing, household and baby items for people in need in Trussville and Argo

**Eastern Area Christian Ministries** – 836-9932
Food and used clothing to families in crisis

**Greater Birmingham Ministries** – 326-6821
Food clothing and financial assistance with utilities and prescriptions

**Independent Presbyterian Church** – 933-1830
Food, prescription, utility and clothing assistance for people in need

**JCCEO (Jefferson County Committee for Economic Opportunity)** – 327-7500
Emergency assistance for families meeting federal poverty guidelines.

**Pathways** – 322-6854
Food and clothing assistance for women and their minor children

**Project F.R.E.E.** – 322-8449
Medical assistance

**Project Success Ministries** – 252-3165
Food, utility, medical and financial assistance for families receiving public assistance

**Salvation Army** – 328-5656
Emergency financial assistance; disaster relief services

**Southside Baptist Church** – 933-8381
Food bank and clothes closet for families living in the 35205 zip code
Urban Ministries – 781-0517
Food prescription and utility assistance to families in need

**Children’s Services**

ALL Kids/SOBRA Medicaid/ Alabama Child Caring Foundation – 1-888-373-5437
Health care for low income children under age 19; apply online at [www.adph.org/allkids](http://www.adph.org/allkids)

Big Brothers Big Sisters of Greater Birmingham – 942-8007
Mentoring program

The Center for Urban Missions – 252-8286
Tutoring, mentoring, homework center and summer camp

Childcare Resources – 252-1991
Child care information and counseling; child care financial assistance for low income families not qualifying for assistance from JCCDC

JCCDC (Jefferson County Child Development Council) – 933-1095
Head start family child care for qualifying families; child care financial assistance for low income families

JCCEO (Jefferson County Committee for Economic Opportunity) – 327-7500
Head Start and Early Head Start for qualifying families

Project F.R.E.E. – 322-8449
Tutoring programs

Special Education Action Committee – 939-0379
Assistance to parents regarding the education of children in regular and special education classrooms

Urban Ministries – 781-0517
Tutoring program and summer camp (ages 6- junior high)

**Domestic Violence Services**

The Family Violence Center – 322-4878

Gateway Violence Intervention Program – 328-6010

**Miscellaneous Services**

Consumer Credit Counseling Services – 251-1572

Jefferson County DHR Financial Assistance Office – 599-6000
Food Stamps, TANF (Temporary Assistance to Needy Families), Medicaid applications

Jefferson County DHR Child Support – 945-3700

Jefferson County Department of Health – 558-2144
WIC program application (supplemental food for pregnant or breastfeeding women, infants and children)

Kid One Transport System – 978-1000
Transport children and expectant mothers to medical (physical and mental health) appointments

Legal Service of Metro Birmingham – 328-3540
Legal representation in civil matters for low income families

Literacy Council of Central Alabama – 326-1925
Information and referral to adult and child literacy programs

Social Security Administration – Jefferson County – 1-800-772-1213
Social Security cash benefits for disabled persons and dependents, survivors and dependents

United States Department of Housing and Urban Development – 731-2630
Low to moderate income housing programs; rent supplements

United Way Information and Referral Center – 323-0000
Referral service to agencies for families with all types of needs from financial to educational to medical