**Practical Day of Pediatrics 2006**  
**May 12, 2006**

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<td>7:30-8:30</td>
<td>Registration/Breakfast</td>
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<td>8:30-8:35</td>
<td>Welcome/Intro</td>
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| 8:35-9:35      | Dixon Lecture - “Influenza: Old Disease, New Challenges” – Jonathan McCullers, MD  
|                | • At the conclusion of this lecture, participants will be able to articulate the clinical manifestations of influenza in children as well as risk factors for complications of influenza.  
|                | • Participants will appreciate the impact of past pandemics and understand how the world is preparing for a future pandemic.  
|                | • Participants will understand the available options for antiviral use or vaccination in different age groups and the strategy and indications for antiviral use or vaccination based on risk factors. |
| 9:35-10:05     | “Practical Pediatric Gastroenterology” – Timothy Boyle, MD  
|                | • Understand conditions that should not require subspecialty referral: allergic colitis, grunting baby syndrome, stool withholding behavior, chronic nonspecific diarrhea, Helicobacter pylori gastritis,  
|                | • Understand actions that should proceed a subspecialty referral: time-limited acid reduction therapy of GERD, colon cleanout for encopresis, fractionalization of serum bilirubin in a jaundiced infant at the two week check-up, stool guaiac in a child with recurrent abdominal pain, introduction of the concept of functional abdominal pain |
| 10:05-10:25    | Break                                                                                                                                         |
| 10:25-11:25    | Dillon Lecture – “Sleepy, Dopey, and Grumpy: Sleep and Sleep Disorders in Infants, Children, and Adolescents” – Jodi Mindell, PhD  
|                | • Provide an understanding of normal sleep patterns in children and adolescents  
|                | • Describe the consequences of inadequate/disrupted sleep  
|                | • Review the symptoms and treatment of common pediatric sleep disorders  
|                | o Behavioral insomnia (bedtime problems; night wakings)  
|                | o Obstructive sleep apnea  
|                | o Parasomnias (sleepwalking, sleep terrors)  
|                | o Restless legs syndrome/periodic limb movement disorder  
|                | o Rhythmic movement disorder |
| 11:25-11:55    | “Child Neurology in Alabama - Transitioning from Baseball to Football” – Leon Dure, MD  
|                | • Understanding of the state of subspecialty child neurology services, both nationwide and within the State of Alabama.  
|                | • Review common neurologic diagnoses affecting children, and the pattern of referrals to subspecialists |
Consider aspects of care and management that may appropriately be initiated by the primary care physician.

11:55-1:20 Awards Luncheon

1:20-2:05 “Skin Findings in the Newborn” – Amy Theos, MD
- Attendees should be able to recognize and diagnose frequently encountered skin findings in the newborn.
- Attendees should be able to identify the skin findings that are a cause for concern and those that aren’t.
- Attendees should be able to initiate an appropriate workup and/or treatment, if indicated.

2:05-2:35 “Radiation Safety in the Pediatric Patient. Efforts to keep doses ALARA (As Low As Reasonably Achievable)”– Daniel Young, MD
- Review the units of Radiation Exposure.
- Discuss X-rays and gamma rays as they pertain to pediatric imaging procedures.
- Discuss efforts to keep doses ALARA for our patients.

2:35-3:05 “Endocrinology: To Refer Or Not to Refer, That Is The Question”– Whitney Brown, MD
- To understand the physiology and evaluation of premature adrenarche/thelarche and when an endocrine referral is indicated.
- To understand evaluation of short stature and when endocrine referral is indicated.
- To understand evaluation of obesity and when endocrine referral is indicated.
- To understand how to proceed when newborn screens are abnormal.

3:05-3:15 Break

3:15-3:45 “Waiting for Kidney” – Frank Tenney, MD
- To review office evaluation of hematuria
- To review office evaluation of proteinuria
- To review office evaluation of hypertension
- To review office evaluation of neonatal hydronephrosis
- To review office evaluation of abnormal renal function tests / 24 hr urine

3:45-4:30 “Recent Developments in Vaccines” – David Kimberlin, MD
- To understand which new vaccines have been recently licensed for use in pediatric patients.
- To evaluate how these vaccines will fit into the current vaccination schedule.
- To discuss potential issues relating to patient acceptance of new and existing vaccines.

4:30 Evaluation and Adjournment

CME: 6.0 Hours