



Pediatric Pulmonary Center
The University of Alabama at Birmingham



TOBI Aerosol Therapy

Has your doctor prescribed TOBI aerosol therapy? 1 vial of TOBI contains 300 mg of preservative-free Tobramycin. TOBI is an antibiotic used to treat lung infections. TOBI breathing treatments are often taken twice daily (morning and night) for 28 days before taking a 28-day break. During the treatment, breathe normally through your mouth only. Use nose clips, if needed. Do not mix the TOBI with anything before putting it in your nebulizer (medicine cup). The order of your treatments should be as follows: (1) bronchodilator (Albuterol, Ventolin, etc), (2) Pulmozyme, (3) chest clearance therapy (Chest PT, PEP, Vest, etc), (4) TOBI, and (5) anti-inflammatory (Pulmicort, Flovent, etc). If you are not taking some of these treatments, just skip over them and continue with the next treatment on the list that you are taking. Store TOBI in the refrigerator. If a refrigerator is not available, unopened vials can be stored at room temperature for up to 28 days. It is fine if the medicine turns yellow but do not use it if it turns cloudy. Some people notice voice changes or hoarseness during therapy. Call your doctor if you have a hard time breathing, headaches, dizziness, hearing loss, ringing in your ears, or any other new or worsening symptoms. Tell your doctor if you have a history of kidney problems, if you are pregnant or might be pregnant, or if you are nursing a baby. TOBI should be given with a PARI LC PLUS Reusable Nebulizer and a DeVilbiss Pulmo-Aide or Pari ProNeb air compressor. Your nebulizer is guaranteed to last for 6 months. Its parts should be cleaned after each treatment (except the tubing). Begin by washing each part (except the tubing) in soap and water. Then either boil them in water on the stovetop for 5 minutes, microwave them in water for 5 minutes, or put them through a complete wash and dry cycle in the top rack of the dishwasher. Let them air dry completely before storing. If you have any questions about your equipment or your therapy, call (205) 939-9583 and ask to speak to a Respiratory Therapist.

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