

Post Surgical Bariatric Medicine Clinic New Patient Information Sheet



Clinic designed for individuals who have had bariatric surgery and now have nutritional issues or complications such as:

- vitamin deficiency
- mineral deficiency
- hypoglycemia/hyperglycemia
- malnutrition
- malabsorption

**Clinic Location:
Kirklin Clinic
2000 6th Ave South**

**General Surgery Area
5th Floor**

**Parking is available in adjacent
parking garage**

**Post Surgical Bariatric Medicine Clinic
is held on Monday afternoon.**

What to expect on your first visit:

Clinic appointments include

Please remember to:

- dress in comfortable clothing
- bring a list of current medications
- please fast for *6-8 hrs prior* to appointment

- resting metabolic measurements
- blood pressure monitoring
- nutrition counseling with a Registered Dietitian
- Complete physician examination

**Call 205.934.5564
to verify appointment day and time**



For more information about additional EatRight Weight Management Services programs:

Call: 205.934-7053

E-mail: eatrightuab@uab.edu

Web: www.eatright.uab.edu