

Department of Nutrition Sciences Mission Statement

The Department of Nutrition Sciences strives for excellence in its programs of education, research, patient care and community service. Collectively, these programs aim to improve awareness and understanding among health professionals and the public of the vital role of nutrition in the prevention and treatment of disease and in health promotion. The ultimate goal is improved public health through sound nutritional practices. Through the combined strengths of its faculty, the institution, and the community, the University of Alabama at Birmingham is building a preeminent, world class Department of Nutrition Sciences and in turn, a healthier nation.

Department of Nutrition Sciences Goals

1. Promote and strengthen interdisciplinary research in basic and clinical nutrition to generate new knowledge ultimately applicable to the prevention of disease and improvement of patient care
2. Provide exceptional educational programs for the dissemination and practical application of new nutrition knowledge in order to prepare health professionals for careers in the field of nutrition.
3. Offer patient care services using the multidisciplinary team approach to provide nutritional support for ill patients and to encourage disease prevention in all patients through improved dietary habits.
4. Provide highly effective community services for the dissemination of nutrition information with the aim to prepare the general public to assume greater responsibility for establishing sound nutritional practice, both at home and the worksite.
5. Develop strong inter-institutional and international program of collaborative research and training with the ultimate goal of gaining a better understand of the needs and of improving the health of populations at risk for nutrition within the state, country and the world.