Vision
To be a pre-eminent industry-leader in the field of Campus Recreation.

Mission Statement
The Office of Campus Recreation provides world-class facilities, programs and customer services by utilizing state-of-the-art equipment and technology, thereby creating an environment that enhances student development and the quality of life for the UAB community.

Important Phone Numbers

Office of Campus Recreation
Director      Brian Cooper  6-4938   220K CRCT
Associate Director, Facilities    Matt Miller  6-4909   220Q CRCT
Associate Director, Programs     Kenneth Dunlap         6-4886   220L CRCT
Assistant Director, Aquatics     Donald Sanders 6-5037   120B CRCT
Assistant Director, Facilities (Maintenance)  Cliff Bishop  6-4908   190 CRCT
Assistant Director, Programs and Group Exercise Cody Sims  6-4885   220H CRCT
Assistant Director, Intramurals and Informal Jason Powers 6-4937  220J CRCT
Assistant Director, Marketing and Memberships Jennifer Medlock 6-4887  220M CRCT
Assistant Director, Outdoor Pursuits Bill Pierce 6-4914  290A CRCT
Financial Assistant     Vicki Wehby  6-5041   220R CRCT
Office Assistant III     Jannette Rainey 6-4877   220A CRCT
Office Assistant II     Renita Strictland 6-4878   220A CRCT
Graduate Assistant, Campus Recreation Brandon Holmes 6-4879  220C CRCT
Graduate Assistant, Intramural Sports Martina Shields 6-4884  220C CRCT

Other Campus Recreation Phone Numbers
CRCT Office         4-8224   220 CRCT
Control Desk         6-5374   225 CRCT
Juice Bar         6-4876   200A CRCT
Equipment Desk     6-5035   140 CRCT
Kids Zone         6-4912   242 CRCT
Lifeguard Office     6-5036   120A CRCT
Outdoor Pursuits Rental Center  6-4913  290 CRCT
REC Line         4-8073   220C CRCT
Wellness Suite Consultation Room  6-5038  170A CRCT
Wellness Suite Sports Medicine   170B CRCT
Wellness Suite Fitness Testing    170C CRCT

Hours of Operation
Fall, Spring and Summer Semesters

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<tr>
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<th>Campus Recreation Center</th>
<th>Pool</th>
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<tr>
<td>Monday-Thursday</td>
<td>5:30am-11:00pm</td>
<td>5:30am-10:00pm</td>
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<td>Friday</td>
<td>5:30am-9:00pm</td>
<td>5:30am-8:00pm</td>
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<td>Saturday</td>
<td>8:00am-9:00pm</td>
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<td>Sunday</td>
<td>11:00am-7:00pm</td>
<td>11:00am-6:00pm</td>
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Hours during University recognized breaks and holidays may vary. Any changes made will be posted one week in advance in the facility and on the Campus Recreation Center web site.

**Campus Recreation Center General Rules and Regulations**

1. Use of any component of or program contained within the Campus Recreation Center is at the user's own risk.

2. The Campus Recreation Center is a controlled access facility. Only authorized members, with proper identification (UAB Campus Card), will be permitted entry through the supervised member services desk.

3. No animals are permitted in the facility except licensed guide/medical dogs.

4. Responsibility for general supervision of the Campus Recreation Center rests with staff members and supervisors directly in charge of the activity or area. Students provide primary supervision for the facility and act with the full authority of a full-time Campus Recreation staff member. Harassment or disregard of requests by the Campus Recreation staff will result in immediate ejection from the facility and may result in additional disciplinary action.

5. Inappropriate student behavior is subject to the UAB Code of Non-academic Conduct outlined in the student handbook, *Direction*.

6. Profane or indecent language is prohibited. Such language that is directed at Campus Recreation staff members or deemed offensive will not be permitted.

7. Smoking, use of smokeless tobacco, alcoholic beverages and/or illegal drugs is not permitted in or on the grounds of the Campus Recreation Center.

8. Shirts and athletic shoes are required to be worn in all non-aquatic activity areas. Blue jean or other cut off shorts are prohibited in the pool. Clothing that sends profane, inflammatory or bigoted messages is also prohibited.

9. Only closed-toe athletic shoes with non-marking soles are allowed in all non-aquatic activity areas. Sandals or flip-flops are permitted on the pool deck.

10. The use of skateboards/rollerblades is prohibited in or on the grounds of the Campus Recreation Center.
11. Bicycles are prohibited inside the Campus Recreation Center, and must be secured outdoors on the bicycle racks provided. Bicycles are also not to be ridden on the ramp outside the Campus Recreation Center.

12. Personal belongings, gym bags, backpacks, etc. are not permitted in hallways, lobbies, or activity areas. Lockers are available for storage of all items. The Office of Campus Recreation is not responsible for lost, stolen or damaged items.

13. Announcements, fliers, posters, etc. are limited to the general information bulletin boards. These items must be delivered to the Campus Recreation Office (Room 220) for approval and posting.

14. Use of recording devices (still cameras, video cameras, etc.) within the facility requires approval of the Office of Campus Recreation.

15. Cell phone use is strictly prohibited in activity areas and locker rooms. If you must use your cell phone in the Campus Recreation Center, please use the hallways or lobby areas to place and receive calls.

16. Spitting in the drinking fountains, common areas, activity areas such as the track, courts, etc. is prohibited. If you must do so, please use the locker room or restroom sinks.

17. Food, beverages, etc. must be consumed in the juice bar/lobby area. Only water in a clear, plastic, re-sealable container is permitted in the activity areas.

18. Lost and found items will be stored at the Campus Recreation Center equipment issue desk for a period of 30 days. Items not claimed during that period will be either discarded or donated to charity.

19. All injuries should be reported immediately to the member services desk or a Campus Recreation staff member. If a blood-related injury occurs, the injured person must stop activity immediately and proceed immediately to the nearest Campus Recreation Center staff member so that he/she may administer treatment and activate the biohazard clean-up procedures.

Aquatics Rules and Regulations
1. Alabama state law requires that all participants shower using warm water and soap before entering the pool and or spa.

2. Participants may not enter onto the pool deck without a certified lifeguard on duty.

3. Participants with open wounds and or infectious diseases are prohibited from using the pools.

4. All pools will be cleared of participants during severe weather.

5. Appropriate swimming attire (swimsuit) must be worn. Gym shorts, cut-off shorts, sports bras, thongs etc. are prohibited. A clean t-shirt may be worn to cover the upper body if desired.

6. Participants with shoulder length hair or longer are required to tie hair up or use a swim cap.

7. Dependents 15 years of age or younger must be directly supervised by guardian. Guardian must be on the pool deck or in the water.

8. Street shoes are prohibited on the pool deck.

9. Chewing gum, food, and glass containers are prohibited in or around the pool.

10. Spitting, spouting water, and blowing the nose in the water is prohibited.

11. Participants are prohibited from hanging on the lane lines.

12. Kickboards, pull buoys, dumbbells, wet belts, etc. are for exercise only. Wet belts are not to be used as flotation devices for children.

13. When requested, lap swimmers shall circle swim in a counter-clockwise direction.

14. Diving, running on the decks, and horseplay in or around the pools is prohibited.

15. At the discretion of the lifeguard, diving rings, noodles and balls may be used in the leisure pool but not in the vortex. Large floating devices are prohibited in the lap or vortex areas.

16. Vortex capacity is six people.

**Spa Rules and Regulations**
1. Alabama state law requires that all participants shower using warm water and soap before entering the pool and or spa.

2. Participants may not enter onto the pool deck without a certified lifeguard on duty.

3. Pregnant women, elderly persons and/or persons with known medical problems should not enter the spa without prior medical consultation and permission from their doctor.

4. Participants with open wounds and or infectious diseases are prohibited from using the pools.

5. All pools will be cleared of participants during severe weather.

6. Appropriate swimming attire (swimsuit) must be worn. Gym shorts, cut-off shorts, sports bras, thongs etc. are prohibited. A clean t-shirt may be worn to cover the upper body if desired.

7. Dependents 15 years of age or younger must be directly supervised by guardian. Guardian must be on the pool deck or in the water.

8. Chewing gum, food, and glass containers are prohibited in or around pools.

9. Spitting, spouting water, and blowing the nose in the water is prohibited.

**Patio Rules and Regulations**

1. Hours 9:00 a.m. – Dusk (inclement weather conditions may dictate closing).

2. Entrance and exit to this area is through the interior doors of the aquatics area, not through the outside gates.

3. Doors to the aquatics area must remain closed at all times unless patrons are entering or exiting the patio.

4. Showers are required before returning to the pool from the patio area.

5. Cookouts require approval by the Campus Recreation Staff.

6. Clean and throw away any trash from your area before leaving.

7. Do not sit or lean on tables.

8. No smoking.

9. No running, climbing the fence, throwing Frisbees, balls, boom boxes, horseplay, pets, skateboarding, rollerblades, etc.

**Locker Room Rules and Regulations**
1. Personal belongings, gym bags, backpacks, etc. are not permitted in hallways, lobbies, or activity areas. Lockers are available for storage of all items. The Office of Campus Recreation is not responsible for lost, stolen or damaged items.

2. Alabama state law requires that all participants shower using warm water and soap before entering the pool and or spa.

3. Use bathing suit dryer before hanging suit in locker.

4. Please dry off before exiting shower area.

5. The Office of Campus Recreation offers towel service at the Equipment Issue Desk. Large white towels with “UAB Campus Recreation” stenciled onto them are available for a one-time fee of $10.00. Patrons can exchange their purchased towel daily for a freshly laundered towel at no charge. Workout towels are also available for a one-time fee of $3.00. These white, hand-towels are also stenciled with “UAB Campus Recreation” and may be exchanged daily for a freshly laundered towel at no charge.

6. Return towels to Equipment Issue Desk.

7. Cell phone use is strictly prohibited in activity areas and locker rooms. If you must use your cell phone in the Campus Recreation Center, please use the hallways or lobby areas to place and receive calls.

**Sauna Rules and Regulations**

1. Pregnant women, elderly persons and/or persons with known medical problems should not enter the sauna without prior medical consultation and permission from their doctor.

2. Individuals must wear a bathing suit, or be covered by a full length towel while using the sauna.

3. Individuals must shower before using sauna.

4. Shower after using sauna and before entering pool.

5. Do not leave newspapers, magazines, or paper products in sauna.

6. Wear, or sit on towel to protect wood from perspiration.

7. Do not throw water on the sauna thermostat.

**Lobby Rules and Regulations**
1. Food and drink are permitted.

2. E-mail terminals and TVs are available for use.

3. The lobby/lounge furniture is not to be used for sleeping.

4. Television program selection is on a first-come first-served basis. TV should not have any program on which may offend others. This includes racist, violent, or profane programs.

**Game Room Rules and Regulations**

1. All games are first-come, first-serve.

2. All forms of gambling are prohibited.

3. Report all problems to Campus Recreation Center team members.

4. Equipment accessories not housed in the Game Room can be checked out at the Equipment Issue Desk.

**Fitness Center Rules and Regulations**
1. Personal belongings, gym bags, backpacks, etc. are not permitted in hallways, lobbies, or activity areas. Lockers are available for storage of all items. The Office of Campus Recreation is not responsible for lost, stolen or damaged items. Items will not be held for participants at the Fitness Center desk.

2. Participants must be 16 years of age or older to utilize equipment in the Fitness Center.

3. For the protection of all participants, workout attire is required to utilize any equipment in the Fitness Center. Workout attire consists of: workout pants/shorts, full T-shirt that covers the entire back, shoulders and torso, and closed-toe athletic shoes. The following attire is prohibited: jeans, cargo pants/shorts, tank-tops, sports bras, t-shirts that do not cover the entire back, shoulders and torso, and any open-toe footwear.

4. Water is permitted in clear, plastic, closed containers only.

5. Please follow all safety precautions posted on fitness equipment.

6. Fitness Center equipment must remain in the Fitness Center. Participants are prohibited from removing equipment and using it in other areas of the Campus Recreation Center.

7. Participants are encouraged to wipe off equipment before and after each use. Please spray cleaning solution directly onto cleaning towel and not directly onto equipment.

8. Limit use of cardiovascular equipment to 30 minutes if others are waiting.

9. Participants are required to re-rack all weight and equipment to its appropriate location after use.

10. Collars are required on all free bar lifts.

11. Slamming or dropping of weights is prohibited.

12. Improper use of equipment is prohibited. Improper use consists of but is not limited to standing on equipment, standing on weights, stacking weights under equipment and top loading equipment.

13. Weights are not to be leaned against walls, columns, other equipment or mirrors.

14. The use of chalk is prohibited.

15. Participants are encouraged to keep a workout file with the Office of Campus Recreation. A file of workout cards will be kept at the Fitness Center Desk. Fitness Center team members can assist users in checking out a workout file and a clipboard.

16. Participants not familiar with the operation of the fitness equipment can ask for assistance from a trained team member or sign up for a Fitness Center orientation.

17. Personal trainers are available through the Office of Campus Recreation. Outside personal training is prohibited.
18. Immediately report any weight room related injury or facility/equipment irregularity to team member on duty.

*Please note: Team members are available to assist you in having a safe and enjoyable workout. Policy reminders made by team members are to benefit all patrons.*
Four-Court Gym and Center Court Rules and Regulations

1. Personal belongings, gym bags, backpacks, etc. are not permitted in hallways, lobbies, or activity areas. Lockers are available for storage of all items. The Office of Campus Recreation is not responsible for lost, stolen or damaged items.

2. Clean, non-marking athletic shoes are required. New shoes do not need to be purchased for court use; however, older shoes that have previously been worn outside need to be washed and cleaned prior to being worn in the courts. Any shoe that marks the court surface is prohibited.

3. Shirts are required in all activity areas of the facility. Shirts vs. skins games are prohibited.

4. The use of tape or other marking materials is prohibited on the surface or walls of the courts.

5. Slapping the backboards, hanging on the rims or nets, and dunking are prohibited due to the risk of injury and potential damage to the equipment.

6. Frisbees, footballs, batons, baseballs, etc. are prohibited unless there is a scheduled event that would require the use of those items.

7. Challenge rules will apply when teams are waiting to play a particular sport.

8. Priority schedule governs facility usage.

Challenge Rules - Basketball

1. Eight players are required to begin a full-court game.

2. Games are played to 15 straight points. Two point baskets will count as 1 point, 3 point baskets will count as 2 points.

3. Players are required to sign up to play pickup games. A person will not be able to hand pick an entire team. There will be a sign up area for players wishing to play full court basketball. The first five people on the list will be the ones to play. Players that are currently involved in a game can't sign up until their game has concluded.

4. Teams can not play anymore than 3 consecutive games without signing up on the pickup board again.
Challenge Rules – Indoor Soccer

1. Ten players are required to begin a full-court game.

2. Full-court games will be limited to games to 5 goals or 15 minutes, whichever occurs first. Ties will be broken by sudden death. Next goal would win the game.

3. Players are required to sign up to play pickup games. A person will not be able to hand pick an entire team. There will be a sign up area for players wishing to play full court soccer. The first 6 people on the list will be the next players to play. Players that are currently involved in a game can’t sign up until their game has concluded.

4. Teams can not play any more than 3 consecutive games without signing up on the pickup board again.
Racquetball/ Squash/ Handball/ Wallyball Rules and Regulations

1. Personal belongings, gym bags, backpacks, etc. are not permitted in hallways, lobbies, or activity areas. Lockers are available for storage of all items. The Office of Campus Recreation is not responsible for lost, stolen or damaged items.

2. Clean, non-marking athletic shoes are required. New shoes do not need to be purchased for court use; however, older shoes that have previously been worn outside need to be washed and cleaned prior to being worn in the courts. Any shoe that marks the court surface is prohibited.

3. The use of tape or other marking materials is prohibited on the surface or walls of the courts.

4. Any ball that marks the walls is prohibited.

5. Participants are required to wear a shirt/top at all times.

6. Racquet frame must have protective guard.

7. Reservations may be made at the Equipment Issue Desk and can be made the day of or one day in advance of desired reservation.

8. Participants must check in at the Equipment Issue Desk before playing. If you begin playing without checking in, you will be asked to forfeit the court if two participants reserve the court and check in for the present time period.

9. If participants do not check in, reserved court time will be forfeited after 10 minutes.

10. The wallyball nets must be set-up and taken down by CRCT team members only.

For your safety, CRCT staff strongly recommends:
1. Eye guard protection when playing racquetball/squash/handball.

2. Wear racquet wrist strap when playing racquetball.

3. No more than 4 persons on the court at one time for racquetball/squash/handball; no more than eight for wallyball.
Climbing Wall Rules and Regulations

1. Personal belongings, gym bags, backpacks, etc. are not permitted in hallways, lobbies, or activity areas. Lockers are available for storage of all items. The Office of Campus Recreation is not responsible for lost, stolen or damaged items.

2. No unauthorized climbing.

3. Harnesses are required and a climbing trained Campus Recreation team member must be present. Participants must be roped and on belay or a belay devise at all times, except when bouldering.

4. Climbers interested in belaying or lead climbing, MUST pass the appropriate belay or lead climbing clinic & test before they can belay or lead climb. Any one that passes the clinic will be issued a belay card and they must display this card every time they want to belay or lead climb when at the wall. Only locking carabiners can be used for tie-in to belayer.

5. All non-roped climbers (bouldering) may climb up to but not past the 9 foot line. No climbing or bouldering above or below another person.

6. Belayers must use a harness and belay device at all times.

7. Auto belay devices may only be used under the supervision of a climbing trained Campus Recreation team member.

8. Prior to climbing or belaying, check and recheck your and your partner's equipment before climbing. You are responsible for your own safety as well as others around you. All belayers brake hand must be on the rope at all times. Anchoring to the floor is recommended while belaying.

9. The Office of Campus Recreation’s climbing ropes, carabiners, harnesses & belay devices are recommended for use on the climbing wall. The Office of Campus Recreation reserves the right to reject outside equipment deemed unsafe (items not under the direct care of The Office of Campus Recreation).

10. Use a figure-eight follow-thru knot followed with a stopper knot on the climber’s harness only. Tie-in to a carabiner or belay loop is prohibited.

11. Avoid climbing routes that interfere with others already on the climbing wall. The right-of-way in descending order is: ****Lead Climbers ***Top-rope Climbers **Boulderers *Observers

12. Lead climbing is permitted only during specified times, or when wall traffic is at a minimum.

13. Climb down. Do not jump off the Climbing Wall. Climbing over the Wall structure (this means above the top anchors) is prohibited.
14. Sandals, socks, bare feet, hard soled shoes, and black waffle soled shoes are prohibited. As well as any shoe, that will leave a mark on the wall.

15. Use of Chalk is limited to ECO Balls.

16. Tie hair back when necessary. All rings and jewelry must be removed prior to climbing, and should be left in a safe location; staff will not be responsible for lost or stolen articles.

17. No one under the age of 18 may participate without a signed minor waiver. No one under 16 without a signed minor waiver and direct adult supervision. Children may require a chest harness.

18. Please report anything hazardous or any problems to the attention of Campus Recreation team members.

19. Campus Recreation reserves the right to suspend the privileges of anyone who refuses to climb in a safe and responsible manner concurrent with the rules and regulations stated above.
Track/Stretching Rules and Regulations

1. Personal belongings, gym bags, backpacks, etc. are not permitted in hallways, lobbies, or activity areas. Lockers are available for storage of all items. The Office of Campus Recreation is not responsible for lost, stolen or damaged items.

2. Non-marking, athletic shoes required. Any shoe that marks the floor surface is prohibited.

3. Participants are required to wear a shirt/top at all times.

4. Run/Walk clockwise on even days and counter-clockwise on odd days.

5. The 2 inside lanes are designated for runners and the two outside lanes are designated for walkers.

6. Give right of way to passing runners/walkers.

7. The use of tape or other marking materials is prohibited on the surface or walls of the track.

8. Stretching allowed in designated area only. Do not stretch on track or use walls, railings, or door handles as stretching aids.

9. Participants should use a restroom sink to clean their mouth. Please respect the facility and do not spit on the floors, walls or in the water fountains.

For your safety, CRCT staff recommends you:
1. Watch for runners/walkers as you enter the track.
**Fitness Studio Rules and Regulations**

1. Personal belongings, gym bags, backpacks, etc. are not permitted in hallways, lobbies, or activity areas. Lockers/cubbies are available for storage of all items. The Office of Campus Recreation is not responsible for lost, stolen or damaged items.

2. Water is permitted in clear, plastic, closed containers only and is to be placed on the provided benches or in the provided cubbies, as to not be in direct contact with the wood flooring. No food is allowed in any of the Fitness Studios at any time.

3. Equipment that is stored in the fitness storage areas between the Fitness Studios is for use only during scheduled group fitness classes. Participants are prohibited from removing equipment from the Fitness Studios and using it in other areas of the Campus Recreation Center.

4. Participants are required to replace all fitness equipment in its appropriate storage location after each class.

5. Improper use of fitness equipment is prohibited. Improper use consists of using any piece of fitness equipment for anything other than that demonstrated in a scheduled group fitness class.

6. The use of tape or other marking materials is prohibited on the wood flooring of the Fitness Studios.

7. The stereo carts should remain in the fitness storage rooms between the Fitness Studios at all times. The carts are never to be rolled onto the wood flooring or moved to another location.

8. The wireless microphone system is available for use only during scheduled group fitness classes in the Fitness Studios by properly trained fitness instructors. The microphone is not available for use by any Campus Recreation Center members or organized groups using the Fitness Studios for practice, class or rehearsal.

9. Proper workout attire is required for participation in classes in the Fitness Studios. Workout attire consists of: workout pants/shorts, full T-shirt or tank top, and closed-toe athletic shoes. The following attire is prohibited: jeans, cargo pants/shorts, and any open-toe footwear. Bare feet are appropriate only for classes that specify this need, including Pilates, Yoga, Taijiquan, and Martial Arts.

10. Clean, non-marking fitness shoes are encouraged to be carried to class and put on in the hallway outside of the Fitness Studios. New shoes do not need to be purchased for classes; however, older shoes that have previously been worn outside need to be washed and cleaned prior to being worn in the Fitness Studios.
D. Campus Recreation Center Policies
**Facility Access**

**UAB Campus Card**
The UAB CampusCard is required for access to the Campus Recreation Center. The UAB CampusCard is the only form of university identification that can be read by CSI, the software that manages access to the Campus Recreation Center. Patrons will be granted two admissions per semester into the Campus Recreation Center without their UAB CampusCard. The “freebies” will be tracked using CSI.

**Patron Conduct**
All patrons are expected to adhere to the established rules and regulations for the Campus Recreation Center as well as all UAB policy and procedures. Lack of adherence to the rules and regulations governing the Campus Recreation Center and its programmed activities will result in administrative action and possible UAB disciplinary action including removal from the Campus Recreation Center or suspension of privileges.

**Membership**
The following outlines the category of memberships offered to the Campus Recreation Center.

1. **Student**
All students are assessed a mandatory Recreation Center fee entitling them use of the Campus Recreation Center. Full-time students are assessed at a rate of $72/per semester and $60 for the summer. Part-time students are assessed at a rate of $48/per semester and $40 for the summer.

2. **Continuing Student**
Students who are not enrolled summer semester but were enrolled spring semester are eligible to purchase a summer membership for $40 or enter at the daily rate of $7. Proof of Spring Registration, Spring Semester grades, or transcripts, is required at the time of membership purchase. Students must be in good standing (academic and conduct) with the University, and can not be in debt to the University to exercise this option.

3. **Thesis or Dissertation Students**
Students who are currently working on their thesis or dissertation and are not enrolled must present a letter from their advisor stating they are working on either project. This letter of approval from their advisor will allow the student to purchase a membership on a semester-long basis at a price of $72/per semester.
4. Faculty and Staff
All UAB faculty/staff are eligible to purchase an annual membership for $360 annually or enter at the daily rate of $7 to use the Campus Recreation Center if they are:
- UAB Faculty and Staff – including temporary services employees
- UAB Faculty Emeriti
- UAB Retired Faculty or Staff
- UAB Adjunct Faculty Members
- Post-Docs or Medical Students completing residency - not paying fees
- University of Alabama Health Services Foundation employee
- UAB Health System employee
- Viva employee
- Callahan Eye Foundation Hospital employee
- OSF (Ophthalmology Services Foundation) employee
- Alabama System (Office of Council - must work at UAB) employee

Memberships can be purchased by cash, check, credit card or can be payroll deducted.

5. Alumni
Alumni interested in purchasing a membership must obtain Alumni status from the UAB National Alumni Society before being considered eligible for the $540 annual membership. Memberships can be purchased by cash, check or credit card.

Alumni can also opt to pay for the first three months of their membership up front for $135 and then go on bank draft, credit card draft, or pay off the remaining balance when those three months are up. This membership type is still a year-long commitment.

6. Lifetime Member
These individuals were “lifetime” members at the Bell Wallace facility before it closed - and due to that we are extending them an opportunity to join our facility at the $540 annual rate. This is not a lifetime membership to the Campus Recreation Center. They must present their lifetime card from Bell Wallace, and memberships can be purchased by cash, check or credit card.

Lifetime members can also opt to pay for the first three months of their membership up front for $135 and then go on bank draft, credit card draft, or pay off the remaining balance when those three months are up. This membership type is still a year-long commitment.

7. Household Member
UAB students, faculty/staff and alumni that have joined the Campus Recreation Center under their appropriate rate are permitted to have one household member as a sub-member. The household member must be 19 years of age or older and must be able to prove that he/she resides in the same residence as the primary member (this can be done with official documentation (lease agreement, address on drivers license, utility bills, credit card statement, bank statement, etc. Junk mail will not suffice.) The household member can be a roommate, spouse, parent, etc. If paying in full, the Household Member may pay for this membership, if not paying in full; the primary member must handle payment. The cost of the membership is $180 annually or it can be payroll deducted for $15 a month from the primary member's paycheck provided they receive their check from one of our approved deducting agencies (UAB, UA Health
Services Foundation, VIVA, Callahan Eye Foundation, etc.) Household Memberships can be purchased by cash, check, credit card or can be payroll deducted on the primary member’s payroll.

8. Dependant
Dependants ages 6-18 can join the Campus Recreation Center for $60 annually. Primary member must join for dependants to have access to this option. Hours and areas of use are limited for dependants. Please see pages 48-49 for complete details of the dependant policy.

9. Guest
Guest passes are available at a cost of $7 for members who wish to sponsor a non-member guest into the Campus Recreation Center.

10. Dependant
As defined by the Office of Campus Recreation, for the purpose of accessing the Campus Recreation Center, a dependant is: anyone 18 years of age or younger where a parent or legal guardian and dependant relationship exists. The member will be asked to produce evidence that this relationship exists (copy of birth certificate) at the time he/she completes the minor waiver form. The maximum age for this relationship to exist for Campus Recreation Center membership purposes is 18 years of age.

Level of Access
1. Age 0-3
Are not permitted in any areas of the Campus Recreation Center unless on a tour of the facility.

2. Age 4-12
Are permitted to use the Kids Zone (see Kids Zone Policies)

3. Age 6-15
Are permitted into all areas of the Campus Recreation Center (except the weight rooms and cardio fitness areas) with direct parent/guardian supervision* during the hours of:
Fridays 5:00pm - 9:00pm
Saturdays 8:00am-9:00pm
Sundays 11:00am-5:00pm
* Direct supervision is defined as being in the same room no further than 20 feet apart. Parent/guardian MUST be actively participating in the same activity as the dependant i.e. playing basketball together, playing racquetball together, swimming together, etc. This does not mean that the parent can be, for example, in a group exercise class while the dependant sits along the wall and watches.

4. Age 16-18
Are permitted into all areas of the Campus Recreation Center with indirect parent/guardian supervision* during the hours of:
Fridays 5:00pm - 9:00pm
Saturdays 8:00am-9:00pm
Sundays 11:00am-5:00pm
* Indirect supervision is defined as: parent/legal guardian must be in the facility at the same time as the dependant, however both are not required to be in the same area.
**Note:** Since there is an overlap in dependants that can use the KidsZone and dependants that could potentially be members (ages 6-12), communication amongst the facility team working at the membership services desk and in the KidsZone will be imperative. Two-way radio communication will insure that those only permitted in the KidsZone reach that destination and do not utilize other parts of the facility.

**Cost:** To add a dependant to your membership, the cost will be $60 annually. Only dependants registered under this option will have access to any areas in the Campus Recreation Center except the Kids Zone. Dependants will not be permitted to have a permanent locker. Memberships can be purchased by cash, check, credit card or can be payroll deducted on the primary member’s payroll. Each dependant regardless of age will need to have a CampusCard.

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**Kids Zone**

This area is equipped with a restroom, tv, video games and other toys that can be used by members that have kids ages 4-12. The area will be supervised by a trained member of the Campus Recreation Center team. A maximum of 8 children will be permitted in the Kids Zone at any one time.

1. To guarantee service, members must reserve space 24 hours in advance
2. Walk-in appointments will be accepted if trained staff is present and space permits
3. Children can stay in the Kids Zone for a maximum 2 hours per visit
4. Children must be potty trained for the member to utilize this service
5. The parent/legal guardian that dropped the child off in the Kids Zone must be the same parent/legal guardian that picks up the child. No exceptions will be made to this policy, unless made with a professional staff member with both parents/guardians present.
**Guest Pass**

The primary purpose for guest pass sales will be to accommodate friends and relatives of UAB students and Campus Recreation Center members.

Secondary audiences for guest passes are: University guests (such as workshop and short conference guests) or visiting faculty. These individuals may purchase a guest pass with sponsoring University department approval (signed letter from Department Head) and approval from the Office of Campus Recreation. Given the large number of variables with this population, requests should be sent to the Associate Director of Campus Recreation - Facilities and will be evaluated on a case-by-case basis.

UAB Students and Campus Recreation Center members must adhere to the following guidelines when purchasing Campus Recreation Center guest passes:

1. Students and members can purchase guest passes for those over the age of 18 that wish to participate in recreational activities with them. If students or members are sponsoring someone under the age of 18, a parent/guardian relationship must exist, and a minor waiver must be completed. Guests under the age of 18 must comply with children’s hours.

2. Guest passes are for facility access and any regularly scheduled, no-cost programming taking place in the Campus Recreation Center. Guests will not have the ability to check out any equipment through the equipment room. The guest's sponsor will be responsible for checking out any equipment and responsible for damages to equipment and or facility caused by his/her guest(s).

3. Sponsors will be limited to three guests per day. This can occur all at once, or any combination totaling three guests throughout the day.

4. Guests are required to show a driver's license or state issued photo ID when entering the facility.

5. Guests must remain with their sponsor throughout the entire visit and sponsors are responsible for the actions of their guests. Both guests and sponsors may be removed or have privileges for future guest passes revoked for failure to follow Campus Recreation Center Guest Pass policies and procedures and current Campus Recreation Center guidelines.

6. UAB students or Campus Recreation Center members can purchase guest passes at the Membership Services Desk during normal operating hours. Cost per guest pass is $7.00.

7. Both the member and the guest(s) must fill out the guest waiver completely. The guest must wait to enter until they have paid and have received their guest pass receipt.

8. Guest passes are good for the entire day. A receipt must be kept if the guest plans to re-enter the facility during the same day. The sponsor must always accompany guests and is responsible for the actions of their guests.

9. Guest passes are non-refundable.
**Service Provider**
In an effort to provide quality programs and instruction to the university community, there may be times when the Office of Campus Recreation permits an individual(s) to access the Campus Recreation Center to instruct, teach, or provide a service without that individual(s) having to purchase a membership. In these cases, the individual(s) are referred to as service providers and will not be provided with a complimentary membership.

He/she will only have access to the facility during the time that their set-up, instruction, teaching or service, and break down of the event occur. They will not be permitted to access or use any parts of the facility for their own personal benefit before or after the event takes place. Service providers must sign-in and sign-out at the member services desk of the Campus Recreation Center each time they access the facility. Failure to comply with the before-mentioned may result in loss of service provider privileges.

For example, one may teach a healthy eating workshop twice a week in the Wellness Suite. This service is a benefit to all members of the Campus Recreation Center, therefore he/she may access the facility to teach the class, but not to workout afterwards.

A service provider agreement must be signed by all service providers and will be kept on file with the Office of Campus Recreation.

**Tours**
Unscheduled, guided tours of the Campus Recreation Center will be given by the Facility Supervisor (or designee) when time permits. If the Facility Supervisor is busy, (and no other staff can assist) individuals may take a self-guided tour.

It is recommended that tours be scheduled through the Office of Campus Recreation for large groups, or groups that need detailed attention.