

PRE-SCLEROTHERAPY TREATMENT INSTRUCTIONS

To achieve the most benefit from your sclerotherapy session, it is important to follow these simple steps.

The day of treatment

- Do not take aspirin, ibuprofen or arthritis medications two days before treatment.
- Do not consume any alcoholic beverages for at least two days before treatment.
- Arrive at least 15 minutes before your scheduled appointment.
- Wear or bring shorts for the treatment session.
- Do not use lotions, creams, or oils on your legs.
- Do not shave your legs.
- Shower using antibacterial soap.
- Eat a light meal or drink juice at least one hour before treatment.
- Bring Tylenol to the clinic to take before or immediately after treatment.
- Try on prescribed compression stockings at home for fit and familiarity.

Bring prescribed compression stockings to each treatment session.

Your sclerotherapy session may have to be rescheduled if you forget your compression stockings.

If you need to cancel a session, please call the UAB Vein Clinic Scheduler at (205) 996-8346 as soon as possible or at least 24 hours before your appointment. If you are late for a session, it may have to be rescheduled. Please notify the Vein Nurse if you think you may be pregnant. Please contact the UAB Vein Clinic for any questions or concerns at (205) 996-8346.



Vein Clinic

located at UAB Highlands

1201 11th Avenue South • Birmingham, AL 35205 • 205.996.VEIN (8346) • uabhealth.org/vein