

Heartsong @ 1917 This Week – “HOPE/PEACE”

Wednesday, January 08, 2014, 10:45 a.m. – 12:00 noon

UAB 1917 Clinic, 1st Floor Library, Room 151

Facilitators: Joe Elmore and Chris Hamlin

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

Music Video Cat Stevens <https://www.youtube.com/watch?v=EJk-mmoldoQ>

Lyrics: Now I've been happy lately, thinking about the good things to come And I believe it could be, something good has begun Oh I've been smiling lately, dreaming about the world as one And I believe it could be, some day it's going to come Cause out on the edge of darkness, there rides a peace train Oh peace train take this country, come take me home again Now I've been smiling lately, thinking about the good things to come And I believe it could be, something good has begun Oh peace train sounding louder Glide on the peace train Come on now peace train Yes, peace train holy roller Everyone jump upon the peace train Come on now peace train Get your bags together, go bring your good friends too Cause it's getting nearer, it soon will be with you Now come and join the living, it's not so far from you And it's getting nearer, soon it will all be true Oh peace train sounding louder Glide on the peace train Come on now peace train Now I've been crying lately, thinking about the world as it is Why must we go on hating, why can't we live in bliss Cause out on the edge of darkness, there rides a peace train Oh peace train take this country, come take me home again Oh peace train sounding louder Glide on the peace train Come on now peace train Yes, peace train holy roller Everyone jump upon the peace train Come on peace train Yes, it's the peace train

Words on the Theme

“We must accept finite disappointment, but never lose infinite hope.” Martin Luther King, Jr.

“Everything that is done in the world is done by hope.” Martin Luther

“We have always held to the hope, the belief, the conviction that there is a better life, a better world, beyond the horizon.” Franklin D. Roosevelt

“Where there is no vision, there is no hope.” George Washington Carver

“At the end of the day, we must go forward with hope and not backward by fear and division.”
Jesse Jackson

“Hope is like peace. It is not a gift from God. It is a gift only we can give one another.” Elie
Wiesel

“If we have no peace, it is because we have forgotten that we belong to each other.” Mother

Teresa

“Imagine all the people living life in peace. You may say I'm a dreamer, but I'm not the only one.
I hope someday you'll join us, and the world will be as one.” John Lennon

“Peace cannot be achieved through violence, it can only be attained through understanding.”
Ralph Waldo Emerson

“It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it.
One must work at it.” Eleanor Roosevelt

“I dream of an Africa which is in peace with itself.” Nelson Mandela

“Women working together - linked, informed and educated - can bring peace and prosperity to
this forsaken planet.” Isabel Allende

Quotes from *brainyquote.com*



NEXT

Heartsong@1917

WEDNESDAY, JANUARY 15, 2014

10:45a.m., 1st Floor Library, Room 151

Chris Hamlin, Facilitating

Save the Dates

Alabama Heartsong Retreat

April 30 – May 02

Camp McDowell