

**Heartsong @ 1917 This Week – “Coordinating Your Life with Precision”**  
**Wednesday, March 19, 2014, 10:45 a.m. – 12:00 noon**  
**UAB 1917 Clinic, 1st Floor Library, Room 151**  
**Facilitators: Joe Elmore and Chris Hamlin**

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

Video: “Amazing Japanese Precision”  
<http://www.youtube.com/watch?v=4p0DsVPkyZg>

Words on the Theme

“Accidents are not accidents but precise arrivals at the wrong right time.”

Dejan Stojanovic, b. 1959

American Educator/Writer

“Of all the things I've done, the most vital is coordinating those who work with me and aiming their efforts at a certain goal.”

Walt Disney, 1901 – 1966

American Business Magnate

“I do not pretend to start with precise questions.  
I do not think you can start with anything precise.  
You have to achieve such precision as you can,  
as you go along.”

Bertrand Russell, 1872 - 1970

British Philosopher, Logician, Mathematician

“For me, being able to go anywhere you want,  
with an element of precision and control,  
has been the goal.”

Paul Parker, Songwriter and Performer

“Orchestras have become used to the emphasis on the separation of layers,  
of the ultimate precision and clarity.”

Esa-Pekka Salonen, b. 1958

Finnish Orchestral Conductor/Composer

“To the person that deals in visualizations,  
I suppose there is something rather exciting about a whole set of people -  
they all going symmetrically,  
up or down, in a military sort of precision.”

Leo Ornstein, 1893-2002

American Composer/Pianist

“Steve Martin is such an exquisite and precise writer.  
Everything is so clear; it's like a bell.  
He says what he means and says it so beautifully.”  
Jason Schwartzman, 1980  
American Actor and Musician

“No one can estimate with any precision how long this will take.”  
Gary Samore, Executive Director for Research  
Belfer Center for Science

“Carpe diem’ Rejoice while you are alive; enjoy the day; live life to the fullest; make the most of what you have. It is later than you think.” “Learn from yesterday, live for today, hope for tomorrow.”  
Albert Einstein, 1879-1955  
German-born Physicist

“Always remember to slow down in life; live, breathe, and learn; take a look around you whenever you have time and never forget everything and every person that has the least place within your heart.”

Anonymous

#### References

<http://www.quotes-inspirational.com/quotes/precision/>  
<http://www.goodreads.com/quotes/tag/precision>



NEXT  
Heartsong@1917  
Wednesday, March 26, 2014  
10:45a.m., 1st Floor Library, Room 151  
Chris Hamlin, Facilitating

#### **Save the Dates**

Alabama Heartsong Retreat  
April 30 – May 02  
Camp McDowell

Planning Meetings  
No Planning Meeting This Week