

Heartsong @ 1917 This Week – “Judgment and Stigma”

Wednesday, April 09, 2014, 10:45 a.m. – 12:00 noon

UAB 1917 Clinic, 1st Floor Library, Room 151

Facilitators: Joe Elmore and Chris Hamlin

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

<http://www.youtube.com/watch?v=uNdapXryZ98>

“Don’t Judge Too Quickly – Ameriquest Series”

Disclaimer: The use of this video should not be interpreted as an endorsement of a particular

business or enterprise.

Words on the Theme:

“We are each burdened with prejudice; against the poor or the rich, the smart or the slow, the gaunt or the obese. It is natural to develop prejudices. It is noble to rise above them.”

~Author Unknown

“Judgments prevent us from seeing the good that lies beyond appearances.”

~Wayne W. Dyer

“It is never too late to give up our prejudices.”

~Henry David Thoreau

“One day our descendants will think it incredible that we paid so much attention to things like the amount of melanin in our skin or the shape of our eyes or our gender instead of the unique identities of each of us as complex human beings.”

~Franklin Thomas

“Small is the number of people who see with their eyes and think with their minds.”

~Albert Einstein

“I am an invisible man.... I am a man of substance, of flesh and bone, fiber and liquids — and I might even be said to possess a mind. I am invisible, understand, simply because people refuse to see me.”

~Ralph Ellison, *The Invisible Man*, 1952

“I think there's just one kind of folks. Folks.”

~Harper Lee, To Kill a Mockingbird

“O Lord, help me not to despise or oppose what I do not understand.”

~William Penn

“Let us have but one end in view, the welfare of humanity; and let us put aside all selfishness in consideration of language, nationality, or religion.”

~John Comenius, 17th century philosopher

References:

<http://www.quotegarden.com/prejudice.html>



NEXT

Heartsong@1917

Wednesday, April 16, 2014

10:45a.m., 1st Floor Library, Room 151

Chris Hamlin, Facilitating

Save the Dates

Alabama Heartsong Retreat

April 30 – May 02

Camp McDowell

Next Planning Meeting

Wednesday, April 16, 2014

12:00 – 1:00 pm

Room 151