Heartsong @ 1917 This Week – "Persistence Pays Off" Wednesday, August 20, 2014, 10:45 a.m. – 12:00 noon UAB 1917 Clinic, 1st Floor Library, Room 151

Facilitator: Chris Hamlin and Joe Elmore

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with "unsubscribe" in the subject line.

UAB 1917 CLINIC WEBSITE: http://www.uab.edu/1917clinic/

Videoe:

https://www.youtube.com/watch?v=JHy6bBKu0j4

Words on the Theme:

"I wanted you to see what real courage is, instead of getting the idea that courage is a man with a gun in his hand. It's when you know you're licked before you begin but you begin anyway and you see it through no matter what."

Harper Lee

"I've failed over and over and over again in my life, and that is why I succeed."

Michael Jordan

"Many of life's failures are people who did not realize how close they were to success when they gave up."

Thomas Alva Edison

"You don't start out writing good stuff. You start out writing crap and thinking it's good stuff, and then gradually you get better at it. That's why I say one of the most valuable traits is persistence."

Octavia Butler

"Obstacles cannot crush me. Every obstacle yields to stern resolve. He who is fixed to a star does not change his mind."

Leonardo da Vinci

"That which we persist in doing becomes easier - not that the nature of the task has changed, but our ability to do has increased."

Ralph Waldo Emerson

"To make our way, we must have firm resolve, persistence, tenacity. We must gear ourselves to work hard all the way. We can never let up."

Ralph Bunche

"Don't ever give up. Don't ever give in. Don't ever stop trying. Don't ever sell out.

And if you find yourself succumbing to one of the above for a brief moment, pick yourself up, brush yourself off, whisper a prayer, and start where you left off. But never, ever, ever give up."

Richelle E. Goodrich, Eena, The Tempter's Snare

"It's important to want things, to have goals and aspirations, but it's even more important to take the action to achieve them. Thoughts alone won't get you to the goal line, you'll need to do the work necessary to reach the objective."

Anonymous

"Champions keep playing till they get it right."

Billy Jean King

References:

http://www.quotationcollection.com/tag/persistence/quotes http://www.brainyquote.com/quotes/keywords/persistence.html http://www.entrepreneur.com/article/235819



NEXT Heartsong@1917 Wednesday, August 27, 2014 10:45a.m., 1st Floor Library, Room 151

Chris Hamlin, Facilitating