

Our Department 2024

Seth Landefeld, MD, MACP, Professor and Chair UAB Department of Medicine | @UABDeptMed on X (Twitter) February 14, 2024

Our Mission

We enrich society and improve well-being... We provide life-changing care We advance health and healing... **LAB** MEDICINE





















Our Diverse Department

















Our Leaders

Dawn Bulgarella, MSHA, CPA Anupam Agarwal, M.D. Cheri Canon, M.D. Tony Jones, M.D. Ray Watts, M.D. Lou Baverso

Our New DOM Leaders — Welcome!





Andrea Cherrington, M.D., MPH

Interim Director, Preventive Medicine Martin Rodriguez, M.D.

Interim Director, Infectious Diseases



Erin Snyder, M.D.

Interim Director, General Internal Medicine

UAB Medicine Ambulatory Chief Clinical Officer Erica Stringer-Reasor, M.D.

Vice Chair for Diversity, Equity and Inclusion



Brian Davis, Ph.D.

Director, Gregory Fleming James Cystic Fibrosis Research Center

In Memory of Our Departed Faculty







Vicki Johnson, M.D.

Tenure 1990-2022

Professor, Infectious Diseases

Jim Taylor, M.D.

Tenure 1974-2013

Professor, Cardiovascular Disease

Larry Bradley, Ph.D.

Tenure, 1989-2018

Professor, Clinical Immunology & Rheumatology



Celebrating Our Wins

We Achieved Our Goals

- ✓ Completed the Wellness Task Force, founded a permanent Wellness Council
- ✓ We recruited 5 New Leaders
- ✓ Monitored and advanced salary equity for staff and faculty
 - The School completed its gender equity study
 - DOM review of PhD salaries to assure equity
 - Funded educational leadership roles for faculty and staff
- ✓ Increased access to clinical programs: More than 50 new faculty & APPs
- ✓ Committed \$12 million in Research Development Funds to faculty
- ✓ Started the Research Awards Program for Faculty with >75% funded effort





PATIENTS IN CLINICS ▲ 10%

2,716

TELE-ICU ENCOUNTERS FOR 11 HOSPITALS **31,105 EMEDICINE** VISITS

1,198 INPATIENT eCONSULTS TO

RURAL HOSPITALS (NEPHROLOGY, CVD, CRIT)

4,909

INTENSIVE CARE UNIT PATIENTS: BMT, CCU, CPCC, HTICU, MICU

Data are CY2023



Double-Transplant Patient Safely Delivers Baby





Joanna Joly, M.D. Cardiovascular Disease/ High-risk Obstetrics

Brooke and Adam Lillie hold their daughter, Lauren, in the UAB Continuing Care Nursery

THE UNIVERSITY OF ALABAMA AT BIRMINGHAM

Faculty Join Equal Justice Initiative to Care for Alabamians after Incarceration



Margaret Hayden, M.D. Sanjay Kishore, M.D.

General Internal Medicine, Montgomery Campus

- Bold plan to cure Hepatitis C
- Mobile outreach across Alabama



Advanced Endoscopy Suite Opens on JT6





Kondal Kyanam, M.D.

Gastroenterology/ Hepatology Advanced Endoscopy

Complex and new procedures:

- Bariatric endoscopy
- POEM
- Stents and drains





NIH FUNDING



112

NIH-FUNDED

INVESTIGATORS

FY23 NIH RANK

838 GRANT APPLICATIONS

23 K AWARDS **66** R01 AWARDS

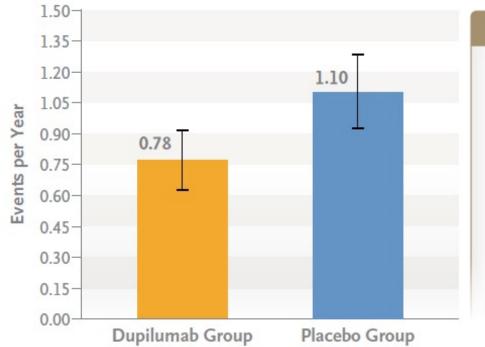


Research Awards Program: \$650K to 60 Faculty *Eaton's Team Assembles Harm Reduction Kits for Community*



Bhatt Discovers First Drug Treatment to Modify the Course of COPD: Dupilumab

Adjusted Annualized Rate of Moderate or Severe Exacerbations of COPD



Rate ratio, 0.70; 95% CI, 0.58-0.86; P<0.001

Definitions

Moderate exacerbations: Requiring treatment with systemic glucocorticoids, systemic antibiotics, or both.

Severe exacerbations:

Leading to hospitalization, an emergency medical visit, or death.





Surya Bhatt, M.D.

Pulmonary, Allergy and Critical Care Medicine

Bhatt, S. P., et al. NEJM (2023) https://doi.org/10.1056/nejmoa2303951

Intervention to Promote Cardiovascular Health of Mothers and Children

Intervention aims to improve weight, diet, activity, and blood pressure



National Recognition





Pankaj Arora, M.D.

Associate Professor, Cardiovascular Disease

American Society for Clinical Investigation

Jasvinder Singh, M.D.

Professor, Clinical Immunology and Rheumatology

> Association of American Physicians

A = THE UNIVERSITY OF ALABAMA AT BIRMINGHAM.



2024 State of the Department of Medicine





Martin Rodriguez, M.D.

PASS SUBSPECIALTY BOARDS

98%

.....

95%

PASS IM BOARDS



126

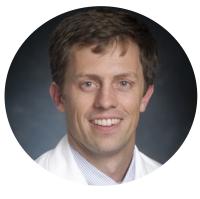
SUBSPECIALTY FELLOWS

IN 23 PROGRAMS

Exemplary Teachers with New Roles









Ryan Kraemer, M.D. General Internal Medicine

Tinsley Harrison Internal Medicine Residency Program Director Jeremey Walker, M.D. Infectious Diseases

Clerkship Co-Director

Win Williams, M.D. General Internal Medicine

Co-director, Heersink Longitudinal Clinical Skills and Clinical Reasoning Program

Monica Agarwal, M.D. Endocrinology

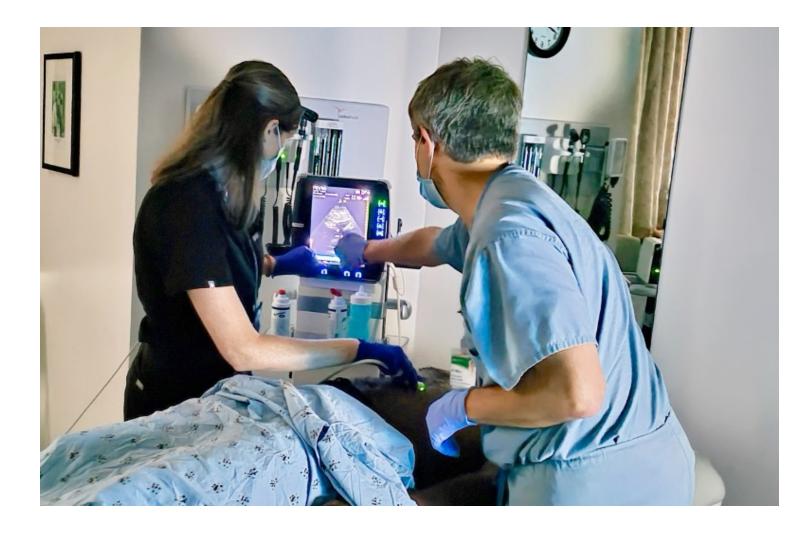
Co-director, Heersink Longitudinal Clinical Skills and Clinical Reasoning Program

Tinsley Harrison "Legacy Wall"

EXCELLENCE WITHOUT EGO



Point of Care Ultrasound (POCUS) Curriculum

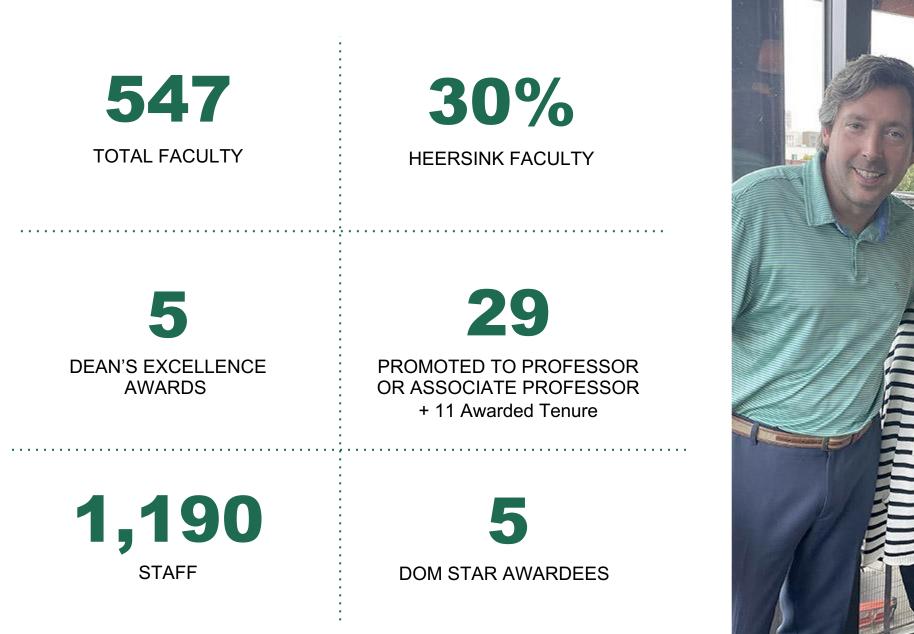


Key Faculty Leaders

- Rob Smola, M.D.
- Andy Marshall, M.D.
- Steven Fox, M.D.
- Micah Whitson, M.D.

Curriculum

- Basic training for all residents
- Elective In-depth training



THE UNIVERSITY OF



Our 2023 Staff STAR Awardees







THE UNIVERSITY OF ALABAMA AT BIRMINGHAM.

Developing Emerging Administrative Leaders

- DEAL Program develops administrative leaders for the future UAB
- Second cohort of 40 selected from 141 applicants across UAB
- PI Cindy Joiner and her co-leads represent the School, the Department, the College of Arts and Sciences, and Central Administration.







DOM Division Highlights

Division of General Internal Medicine









Brittany Payne, M.D. June 2023

Co-director Women's Health Track

Senior Consultant Office of Women's Health within VA Central Office Natasha Mehra, M.D. September 2023

Primary Care Practice Inpatient/Outpatient Attending Medical Director EAB RJ Blackburn, M.D. September 2023

Medical Director, Oncology Service Brandi Blackburn, M.D. September 2023

Ward Attending

Medical Director, Clinical Documentation Improvement Program



• Karla E. Williams, MD

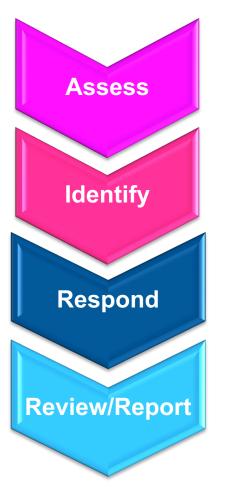
Director of Diversity and Inclusion, Tinsley Harrison Internal Medicine Residency Program

• KeAndrea Titer, MD

Asst. Director of Diversity and Inclusion, Tinsley Harrison Internal Medicine Residency Program

• Lisa Willett, MD, MACM Vice Chair for Education and Faculty Development, Department of Medicine

CTD Framework: Let's Clear the AIRR



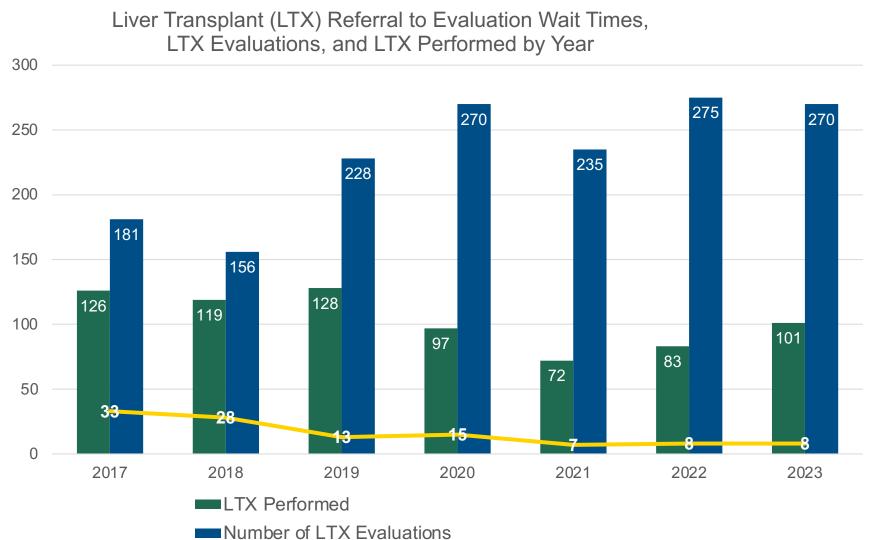
- Multimodal online educational curriculum around recognizing and responding to bias in the clinical environment
- Creation of a framework for how to respond during these types of experiences and highlights how this framework can be applied in various situations
- Can be integrated into existing programs, as part of program development, or individually as "just-in-time" training
 - Modules include Addressing Racism, Ageism, Sexism, Religious Discrimination and LGBTQ+ Discrimination

Hepatology and Transplant Hepatology Section





Increase in Liver Transplant Evaluations, 2017 - 2023



UAB Liver Center Overview & Goals

- 5 board certified transplant hepatologists and 4 advance practice providers provide care: hepatology clinics, liver transplant clinics, in-patient hepatology service, and outreach clinics
- Estimated 100,000+ patients with cirrhosis in Alabama alone
- More than 100 liver transplants performed annually at UAB
- Current clinical trials: MASH, MASLD, A1ATD, portal hypertension, alcohol hepatitis, PBC, PSC, and Porphyria

Goals:

- 1. Expand the Liver Transplant Program
 - Increase number patients evaluated while maintaining low appt. wait time
 - Start Living Related Liver Transplant Program
- 2. Expand Research Initiatives
 - Maintain and expand clinical trials to position Liver Center as preeminent program and reinforce UAB mission as a research institution
- 3. Strengthen referrer relationships while expanding access to care
 - Current outreach initiatives: Univ. of South Alabama & Dothan
 - Expand outreach clinics to include Montgomery and Huntsville

Physiologic Homeostasis after Pig-to-Human Kidney Xenotransplantation



Porcine xenotransplantation supported human homeostasis via RAAS and blood Transplantation of porcine xenokidneys into a brain-dead human decedent pressure regulation, mineral metabolism, water balance, and solute clearance MAP > 60 mmHg for study duration Xenokidneys secreted renin (POD 3-7 mean, SD: 47.3 ± 9 pg/mL) our Aldosterone and angiotensin II levels were present (57.0 \pm 8 pg/mL, $5.4 \pm 4.3 \text{ pg/mL}$ -O-eGFR (CKD-EPI) Cystatin-C GFR 250 **10GE Porcine Xenokidneys** Brain-Dead Decedent CrCl (mL/min) Clearance (mL/min) 200 Inulin Clearance (mL/min) Data collection for this study 150 focused on: 100 Hemodynamic stability Water and solute clearance Tubular function markers: 💘 **RAAS** activity AQP2 (green) = principal cells Mineral metabolism V-ATPase (red) = intercalated cells Days after Xenotransplant Judd E... Locke JE, 2023 CONCLUSION Visual abstract by: In a human decedent model, xenotransplantation of 10 gene-edited Maggie Jones-Carr, MD pig kidneys provided physiologic balance over a 7 day period. X @mjonescarrMD Created with BioRender.com



NEPHROLOGY >> First to describe the ability of 10-gene-edited porcine kidney xenograft to maintain physiologic homeostasis in a human; Paves the way for future clinical study of pig-to-human kidney xenotransplantation in living persons

Gerontology, Geriatrics, & Palliative Care: VA Geriatrics Research Education and Clinical Center (GRECC)

Led by Dr. Alayne Markland; 12 supported FTE; Bham, Atl

Research

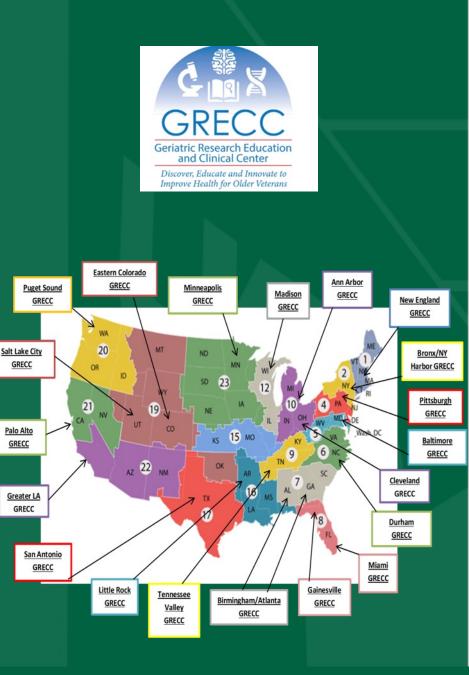
- Themes: Continence, Palliative Care, Clinical Decision Support, Med Safety
- Investigator specialties: Geriatrics, Cardiology, Rheumatology, GIM, Preventive Medicine, Oncology, Pulmonary
- ~\$7.7 million VA + ~\$8.2 million NIH grant funding; 75 projects

Education

• National impact: "Start Making Sense: How to Communicate Effectively with Veterans with Dementia:" 18,258 learner course completions in 2023

Clinical Innovation

- Mobile app for continence care (MyHealtheBladder)
- Integrated Management and Polypharmacy Review of Vulnerable Elders (IMPROVE) to promote deprescribing
- Enhancing Quality of Prescribing Practices for Veterans Discharged from the ED (EQUIPPED), a 20-site VA program, including 9 GRECC sites



Forging the Future in DOPM: External Career Development Awards



Carrie Howell, PhD Assistant Professor

"Harnessing social determinants of health data to identify and engage high risk, socially vulnerable populations for diabetes prevention." (NIMHD)



Yulia Khodneva, MD, PhD Assistant Professor

"Improving diagnosis of heart failure with preserved ejection fraction in primary care." (NHLBI)



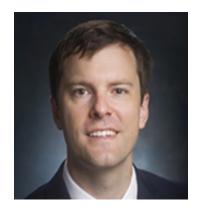
Timiya Nolan, PhD Associate Professor

"Piloting Y-AMBIENT: A Quality of Life Intervention for Young African American Breast Cancer Survivors in Treatment." (NCI)



Caroline Presley, MD, MPH Assistant Professor

"Mindfulness-Based Diabetes Education for adults with elevated diabetes distress." (NCCIH)



Kevin Riggs, MD, MPH Assistant Professor

"Developing and Testing an Opioid Taper Intervention Before Total Knee Arthroplasty." (NIAMS)



Camille Schneiderman-Worthington, PhD. Assistant Professor

"Use of early time-restricted eating to promote weight loss and improve cardiometabolic health in postpartum women." (NICHD - fundable score, awaiting decision)

Forging the future in DOPM: New Faculty



Amber Kinsey, PhD Assistant Professor



Brittanny Polanka, PhD Assistant Professor



Alex Arynchyn, PhD Assistant Professor



Timiya Nolan, PhD Associate Professor



Camille Schneiderman-Worthington, PhD. Assistant Professor



Kristen Allen-Watts, PhD Assistant Professor



Lucia Juarez, PhD Assistant Professor

Thirumalai, PhD Associate Professor

Faculty Development in PACCM – Building a Legacy











Legacy Dinner: 2024 Logo & Creed: 2025



Hematology and Oncology | Why Mentorship?

- Organization of the division's leadership team section heads
- Strategic planning meeting yielded a long list of initiatives
 - Crowdsourcing resulted in list of top 10 initiatives
 - Four of these focused on mentorship
 - Provide professional development training for mentors and mentees
 - Include mentorship in annual review and as part of measurement for promotions
 - Create a research mentorship committee
 - Create career development/ mentor teams with a primary mentor for early-career faculty

Hematology and Oncology | Next Steps

- Division leadership team developed a mentorship plan
 - Target: Instructors/ Assistant Professors
 - 2 mentors/ faculty
 - Mentors not within the same disease area (no direct report)
 - 3 meetings per year
 - Created a template for the mentorship meeting aimed to ensure covering key issues- academic growth, path for promotion, clinical workload, work/life balance
 - Reports from mentorship meetings will be part of the end of year evaluation for the faculty members

Division of Cardiovascular Disease

Research Excellence

The following faculty have recently received VA Merit or AHA Awards: Congratulations!

Lisa Jackson, MD

Telehealth vs. web-based deliveRed home-basEd walKing for vets with Peripheral Artery Disease (TREK-PAD)

Greg Payne, MD

Extracellular matrix-derived chemokines mediate smokingassociated coronary atherosclerosis

Tousif Sultan, PhD

The significance of fibroblast and myeloid-specific PD-L in cardiac pathophysiology post ischemic injury

Prabhat Ranjan, MD *Gut inflammation and its impact on heart failure*

Stephen Clarkson, MD Social determinants of health among rural patients with cardiovascular disease

Clinical Milestone

Dr. Joanna Joly,

along with the UAB Heart Transplant Clinic and Maternal-Fetal Medicine Team deliver healthy baby in high-risk pregnancy!



Educational Distinction

Successful renewal of the UAB Comprehensive Cardiovascular Center (CCVC) UWIRC

DOM Teaching Excellence Awards (nominated by residents/medical students for outstanding teaching)

- Todd Brown, MD
- Greg Chapman, MD
- Steve Lloyd, MD
- Suzanne Oparil, MD
- Greg Payne, MD

Harish Doppalapudi, MD – 2023 Argus Award for Best Cardiovascular Educator

Congratulations!

2024 State of the Department of Medicine



Division of Endocrinology, Diabetes & Metabolism

Fellowship Training Program in Endocrinology, Diabetes & Metabolism Leadership Team:



We have an amazing training program leadership team that has transformed our subspecialty training program with the extraordinary vision, audacity to make it happen, and empathetic leadership of the PD, the exceptional organization and delightful enthusiasm of the PC, and the superb teaching methods and mentoring by the APDs.



Endocrinology, Diabetes & Metabolism Fellowship Program

Accomplishments in the last 5 years:

- Nearly tripled the size of our training program size from 3 to 8 fellows
 3rd largest Endocrine Fellowship Program in U.S. Only training program in the state!
- Enhanced our ability to attract and recruit top applicants both trainees and faculty
- Graduates helping to fill need for Endocrinologists in the U.S.:
 - Of the past 20 fellows to graduate since 2006:
 - \checkmark 10 stayed as faculty at UAB (7 still here)
 - ✓ majority of the other graduates remain in SE



Endocrinology, Diabetes & Metabolism Fellowship Program

Accomplishments in the last 5 years:

- Expanded the volume of patients cared for and significantly increased access particularly for the underinsured
- Increase breadth and depth of training in all areas of specialty
- Improved coverage of all clinical services while maintaining work life balance and the wellness of out trainees
- Increased research training time
 - Significant increase in the number of scientific abstracts and at national scientific meetings and publications by our trainees



Rheumatology- Amazing Senior Leaders









Amanda Alexander, MD (Clinician Educator, Fellowship Program)

- Leading growth of fellowship program
- Started UAB DOM Subspecialty Fellowship Diversity and Inclusion Mixer

Maria (Maio) Danila, MD, MSPH (Clinical Investigator)

- New R01 focusing on covid vaccination
- MPI of \$13M/20+ site PCORI grant on post-fracture care
- Am J Med Sci paper growing focus on telehealth

Tony Merriman, PhD (Fundamental Science Investigator)

- New R01 focusing on study genomics of gout
- A&R paper on association of gout polygenic risk score with age at disease onset
- Troy Randall, PhD (Fundamental Science Investigator)
 - Running UAB Flow Core with help of 500K philanthropic grant
 - Science Immunology paper on dendritic cell regulation

Rheumatology- Amazing Junior Leaders







- Isidoro Cobo, PhD (Fundamental Scientist)
 - Newest faculty member
 - Research focuses on genetic relationship between gout and cardiovascular disease
- Leslie Jackson, MD, MSPH (soon) (Clinical Investigator)
 - Frommeyer and new funding from Rheumatology Research Foundation
 - JBMR paper on defining bone health clinicians using a conjoint analysis
- Bailey Lipham, MD (Clinician Educator)
 - Top tier educator and selected to be IM Core Faculty
 - Providing added expertise in immune-related adverse events of cancer therapies

Division of Infectious Diseases

- Education
 - Successful match including our first Transplant/Immunocompromised program fellow
 - In the last decade, 70% of our fellows have remained in academic medicine
 - Gorgas Courses in Tropical Medicine
- Clinical
 - Growth in clinical services and outpatient clinics
 - Quality initiatives

Division of Infectious Diseases

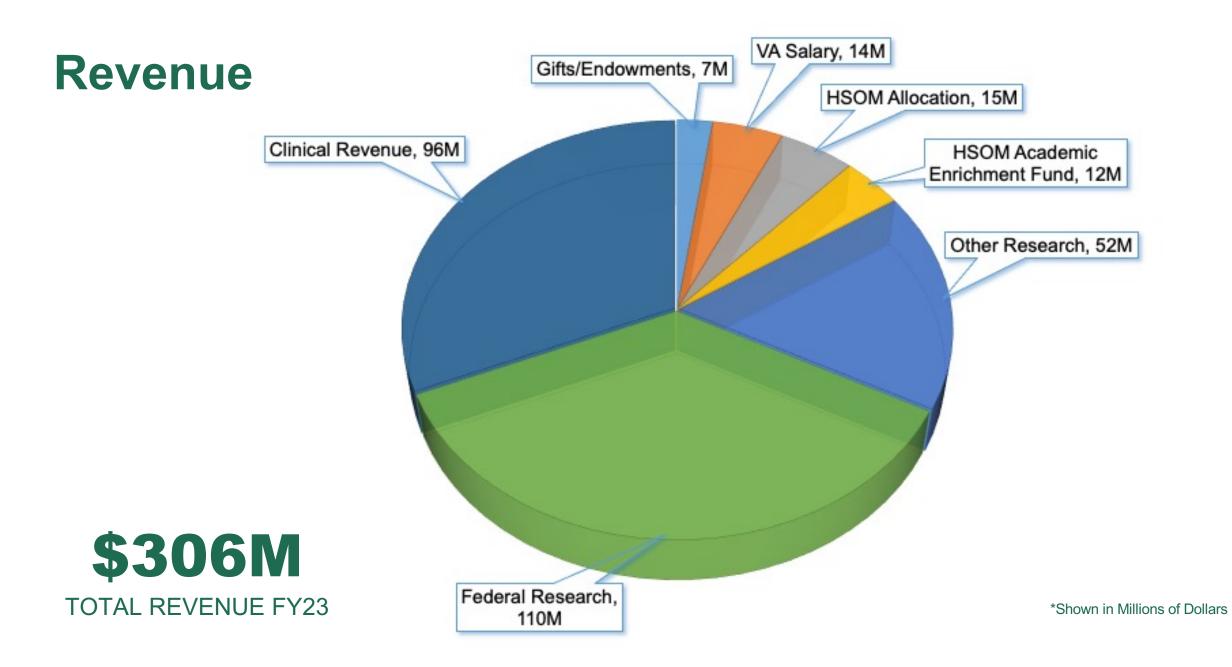
- Research: \$43M of research expenditures in FY23
 - HIV: CFAR, CNICS, Vaccine Trials and Clinical Trials units
 - MSG: Mycosis Study Group led by Pete Pappas recently received a \$7.5 million U01 grant from the CDC to continue their studies
 - **STD**: syphilis study, gonorrhea vaccine, novel diagnostic methods, vaginitis, Chlamydia
 - Other areas: substance use disorders and infections, malaria, hepatitis, influenza

INFECTIOUS DISEASES AND **BIRMINGHAM DISTRICT BREWING CO BENEFITTING EQUAL ACCESS BIRMINGHAM** This year's beer will be a Honey Rolsch, brewed with faculty honey! Send in your best name suggestions by Feb 15. Winner gets \$100 towards dinner of your choosing!

SAVE THE DATE >> April 23 at 5 PM

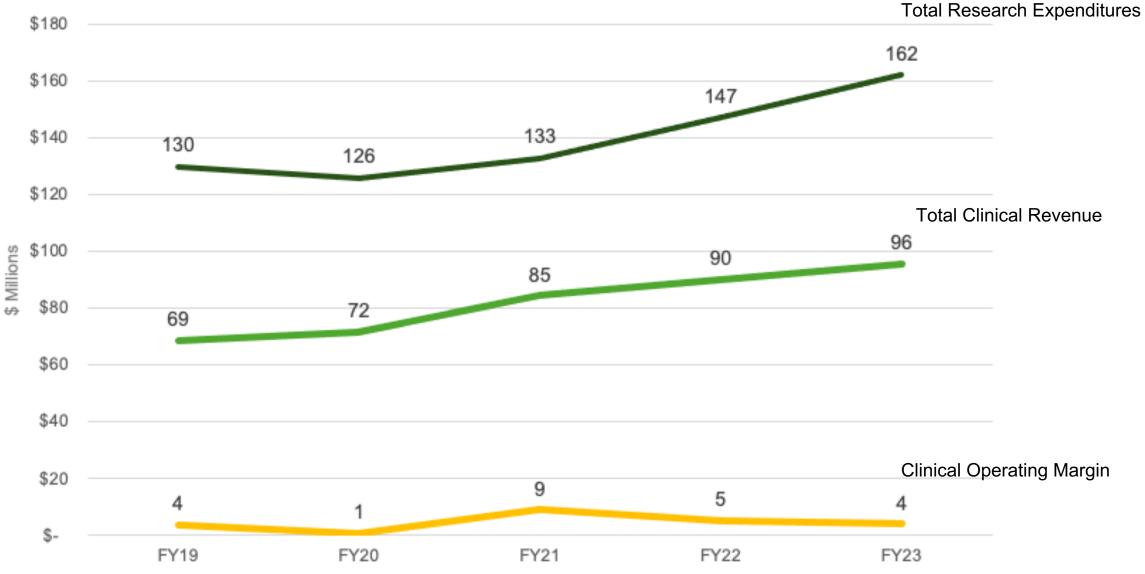


DOM Financial Snapshot



2024 State of the Department of Medicine

Revenue 2019-2023



THE UNIVERSITY OF ALABAMA AT BIRMINGHAM.

2024 State of the Department of Medicine

SNAPSHOT Philanthropic Partnerships

- Benjamin Russell Endowed Chair in Geriatrics
- \$8.1M in cash & planned gifts Thank you to 334 unique donors and our Advancement Team
- 142 Endowments: \$120M market value





DOM: Coming in 2024

2024: The Year of Change

- AI Will Grow
- New Clinical Compensation Plans
- New Division Director for ID
- New Division of General Internal Medicine and Population Health*
- New Strategic Plans for UAB and UAB Medicine
- New Wellness Initiatives
- New Faculty Development Program

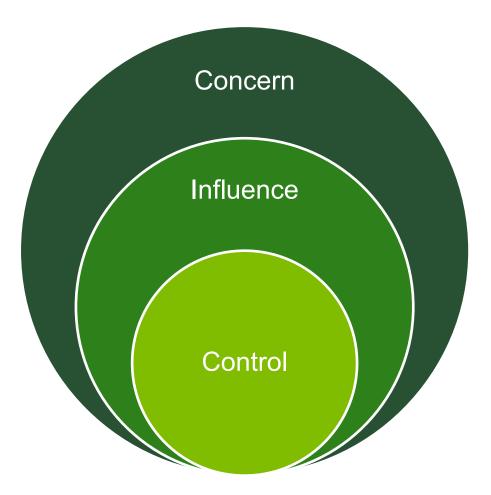
*Pending Provost and BOT Approval



How We Will Navigate Change

Our Mission

- We advance health and healing
- Life-changing care today and tomorrow

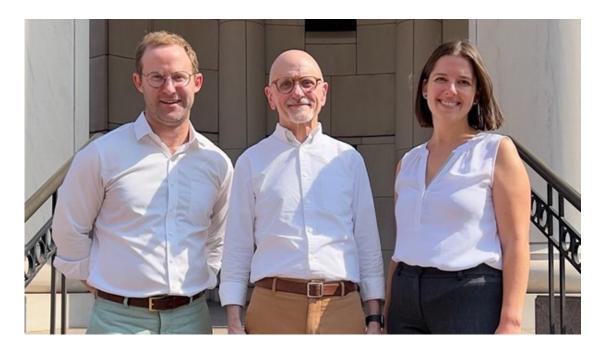


Battle Royale: Man Vs. Machine

Martin Rodriguez, MD

Chat GPT4





Josh Stripling, M.D., Co-Chair John Kennedy, M.D., Director for Wellness Kaitlyn Waugaman, MPH, RDN, LDN, Co-Chair

12 Faculty and Staff will advance 4 Priorities for 2024

- Create a Culture of Inclusion for Clinical Faculty
- Access Center
- Onboarding for Staff and Faculty
- Leadership Evaluation

Comprehensive Faculty Development

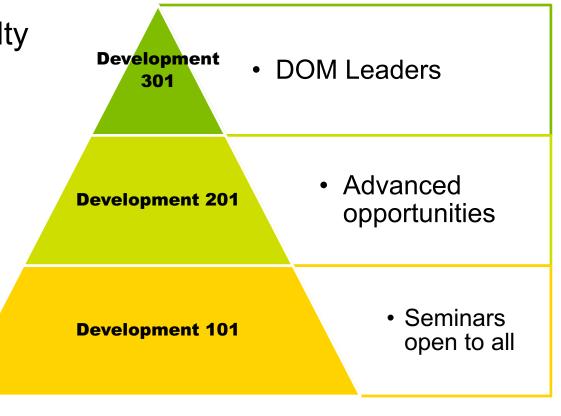


Lisa Willett, M.D., MACM Vice Chair for Education and Faculty Development

- Goal: To design and implement a Program that is relevant, sustainable, equitable, and accessible, that provides true value to all DOM faculty
- Needs Assessment: October 2023
 - 174 faculty responded, thoughtful comments
- Best Practices: peers, literature

Comprehensive Faculty Development

- The highest priority areas for DOM faculty
 - Leadership skills
 - Job satisfaction and wellness
 - Promotion and advancement
- Faculty want:
 - Mentorship
 - Develop skills relevant to their role and rank



Tiered Curriculum





Share Your Feedback

This evaluation survey will also be sent to the email you provided when you registered for this session!