

Pituitary Apoplexy

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No Financial Interest

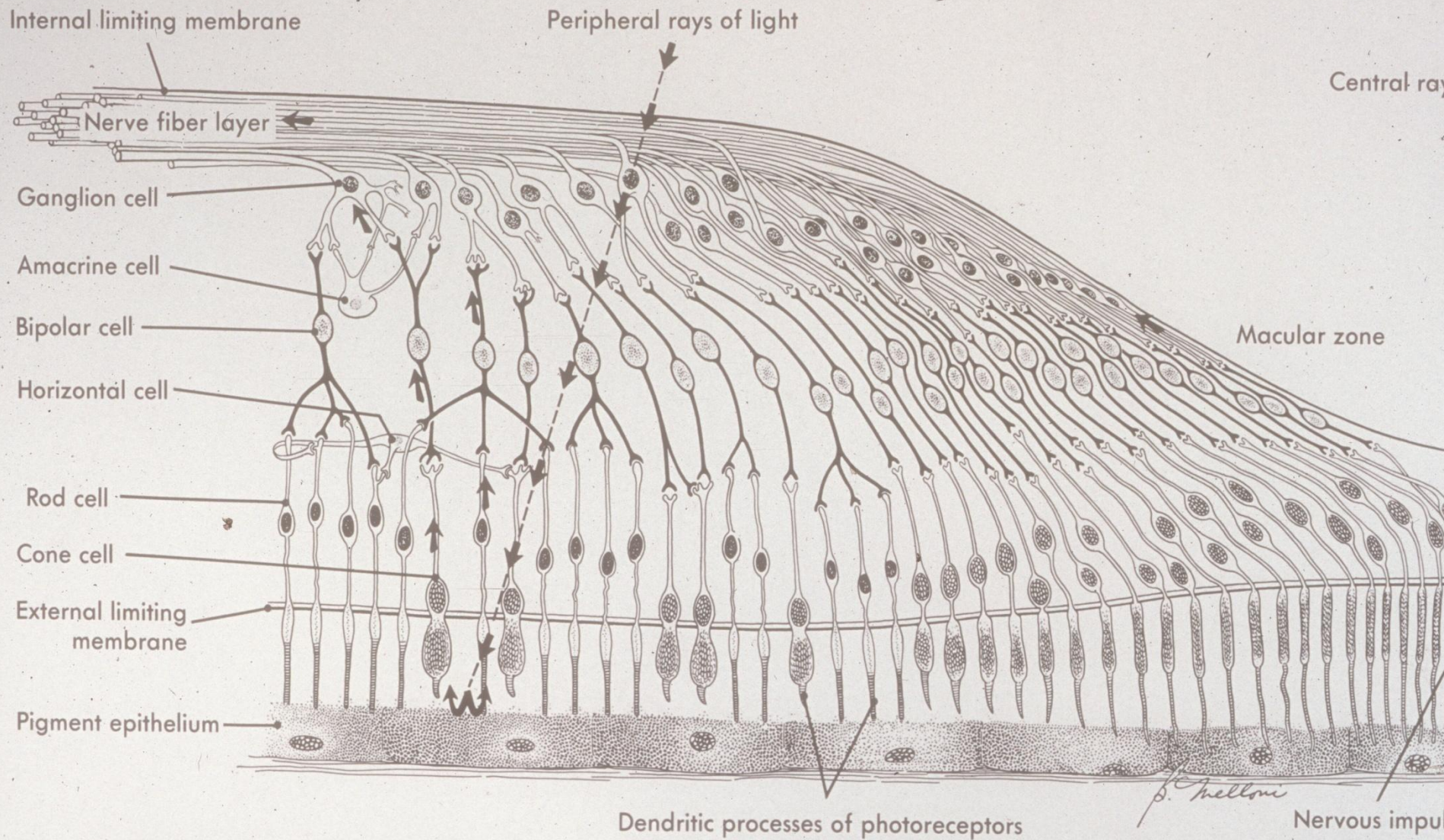


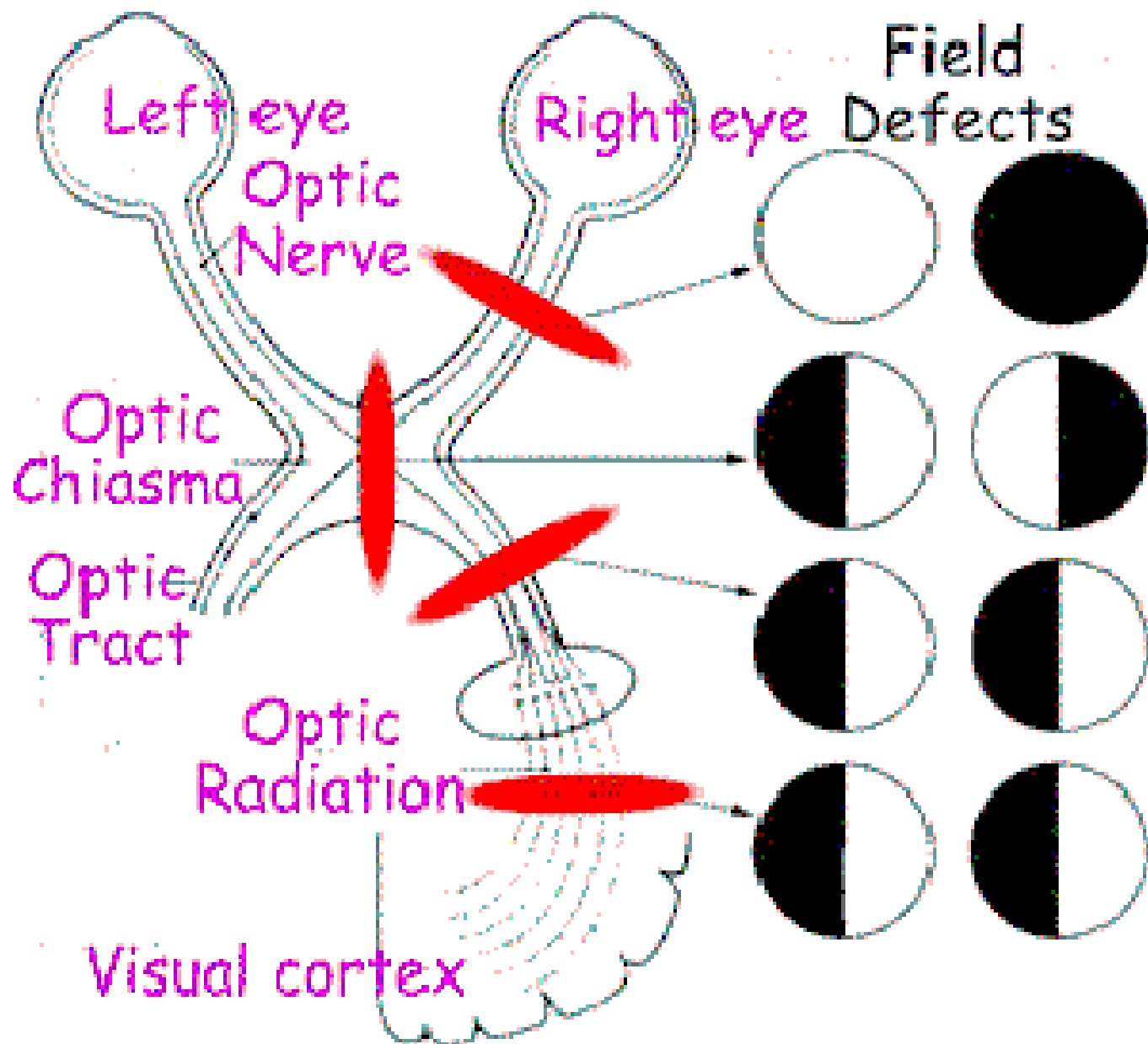
FIGURE 5-2 Microscopic anatomy of retina. (From Melloni BJ: *What's new*, Abbott Laboratories, Abbott Park, Ill.)

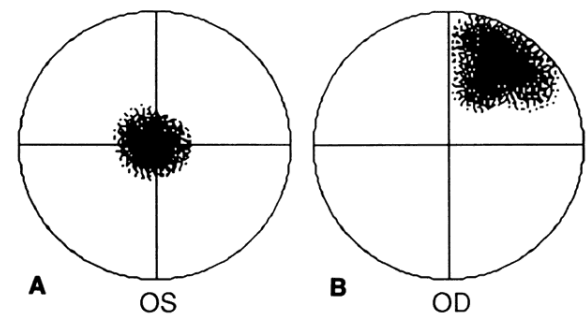
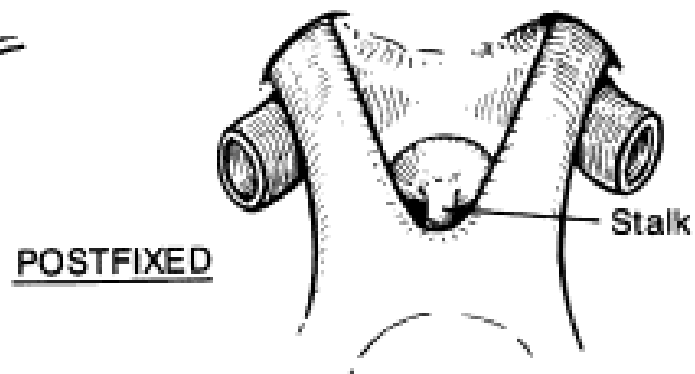
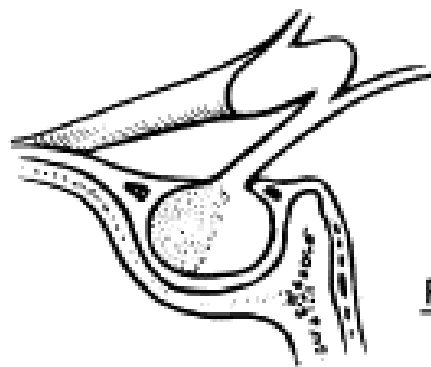
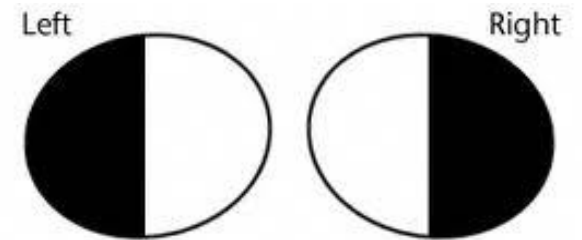
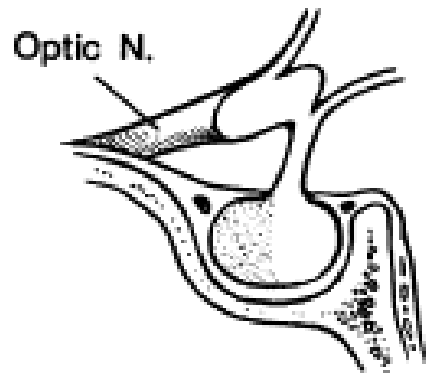
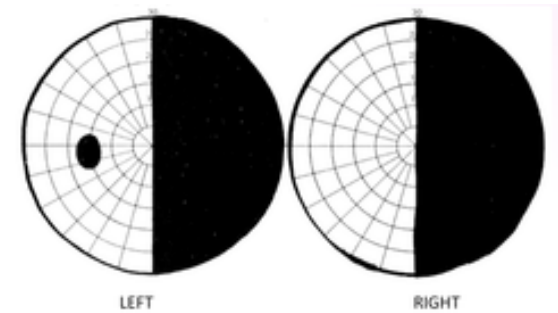
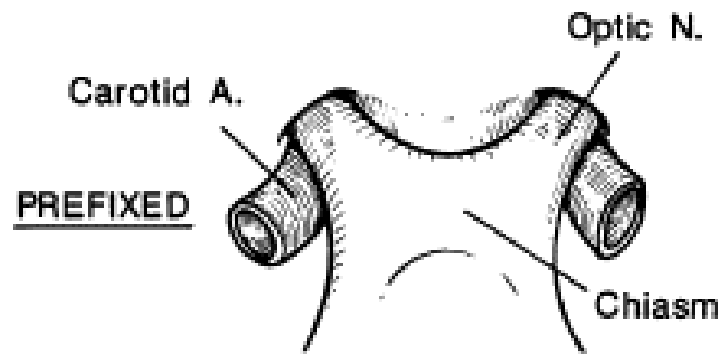
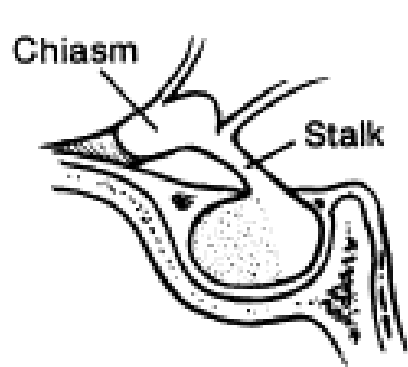
NEUROLOGIC

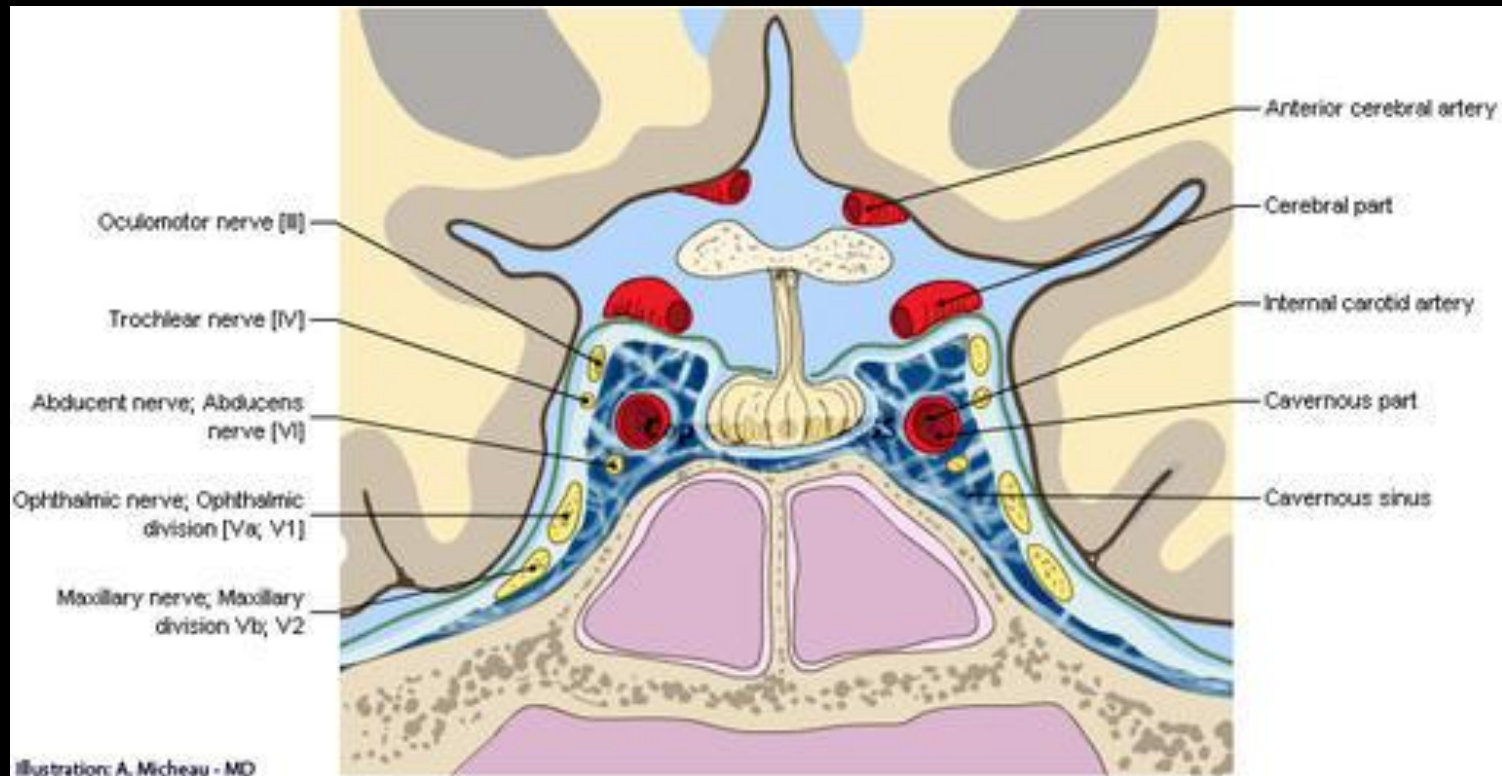
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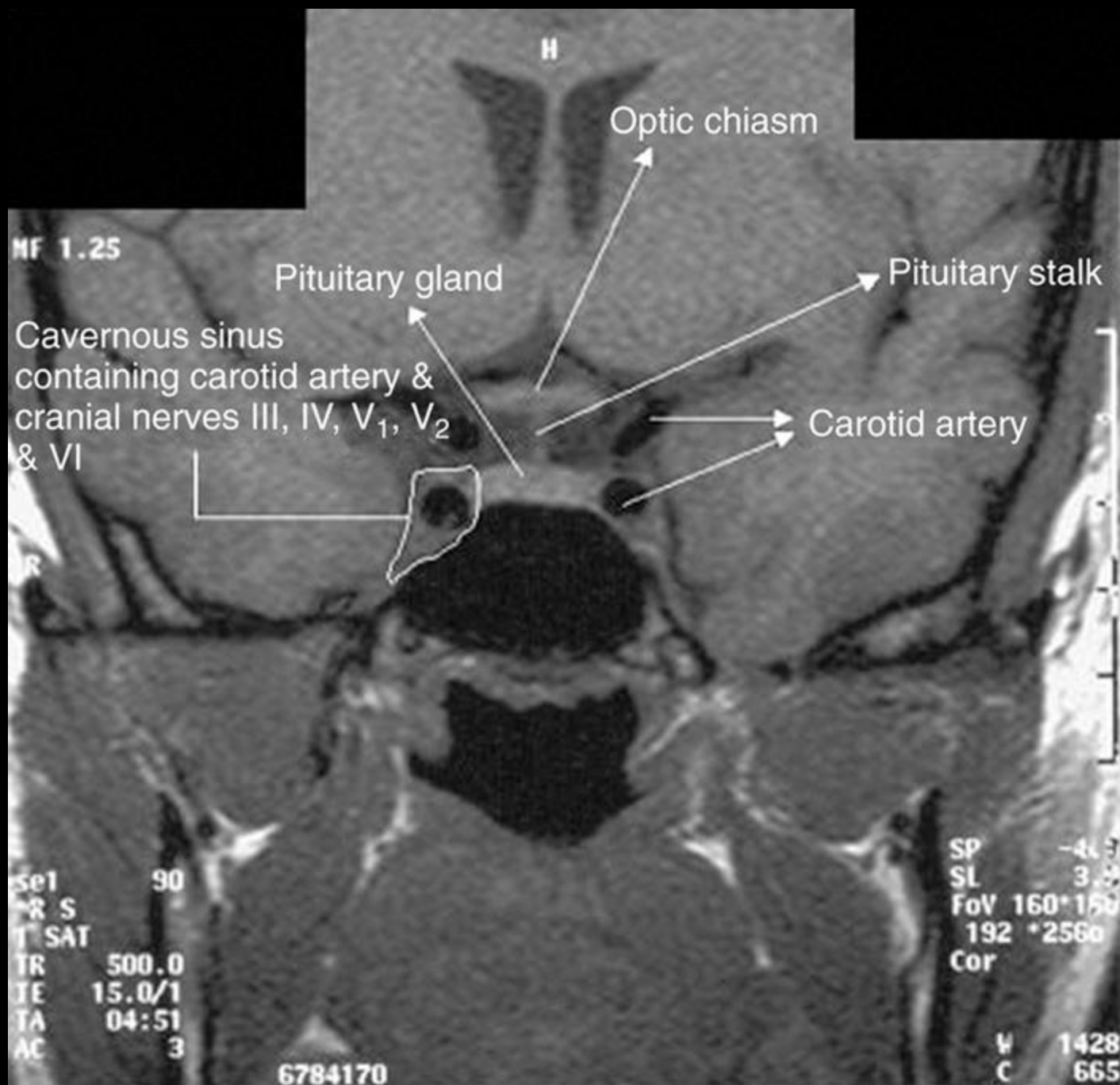
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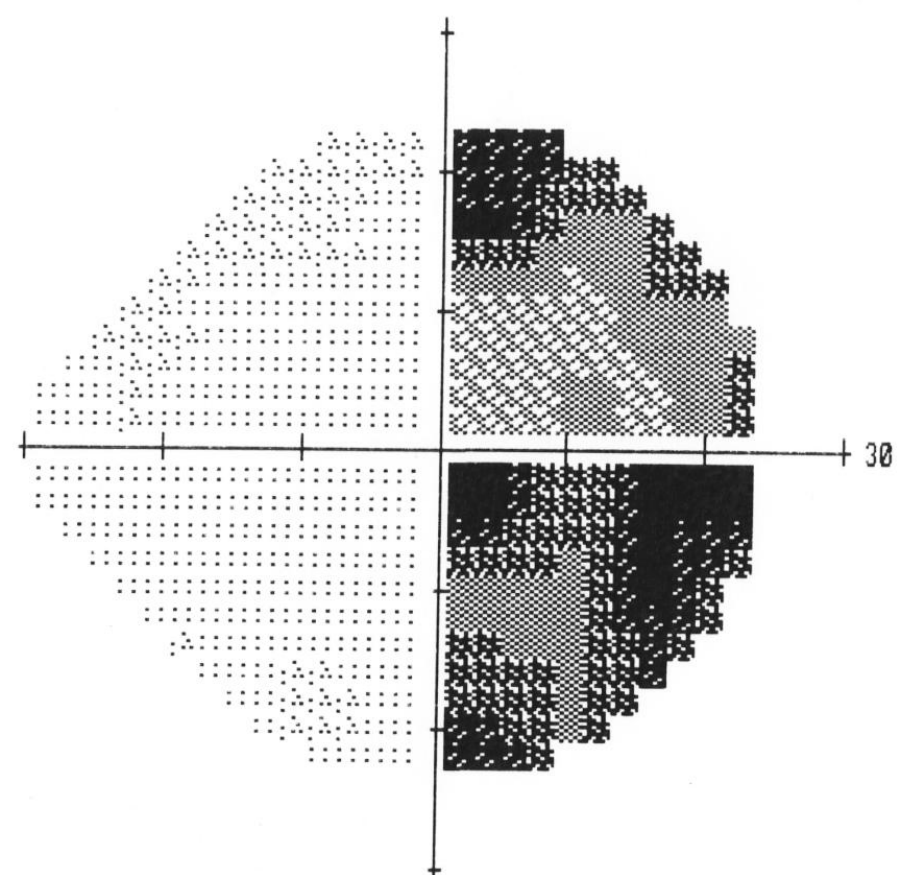
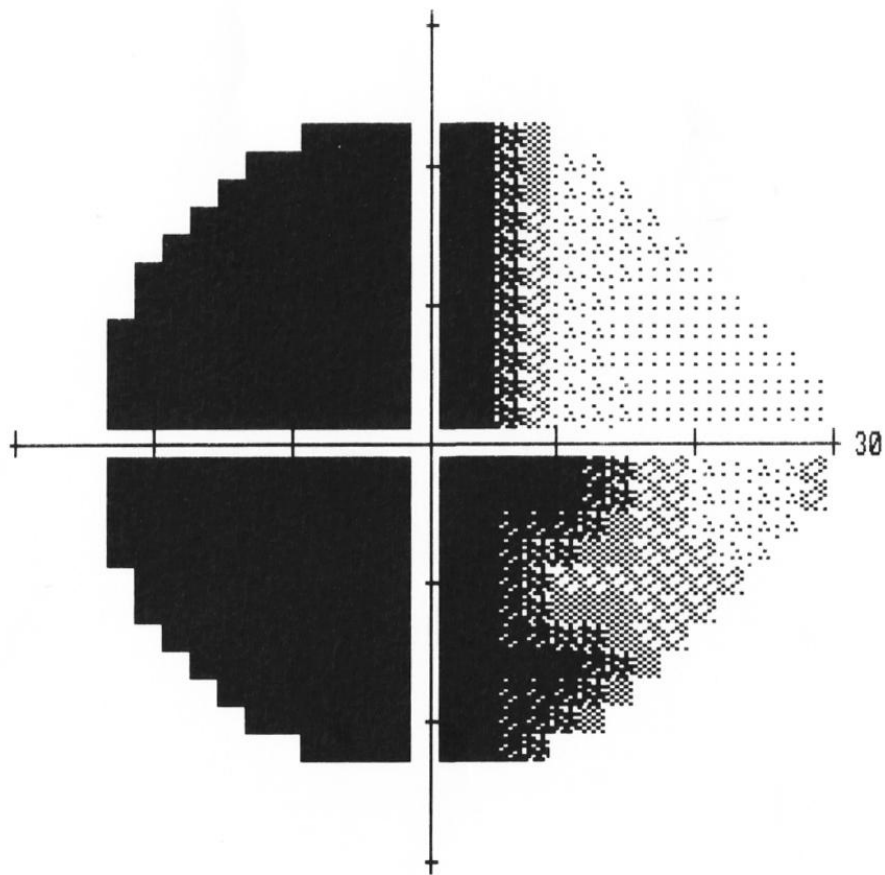




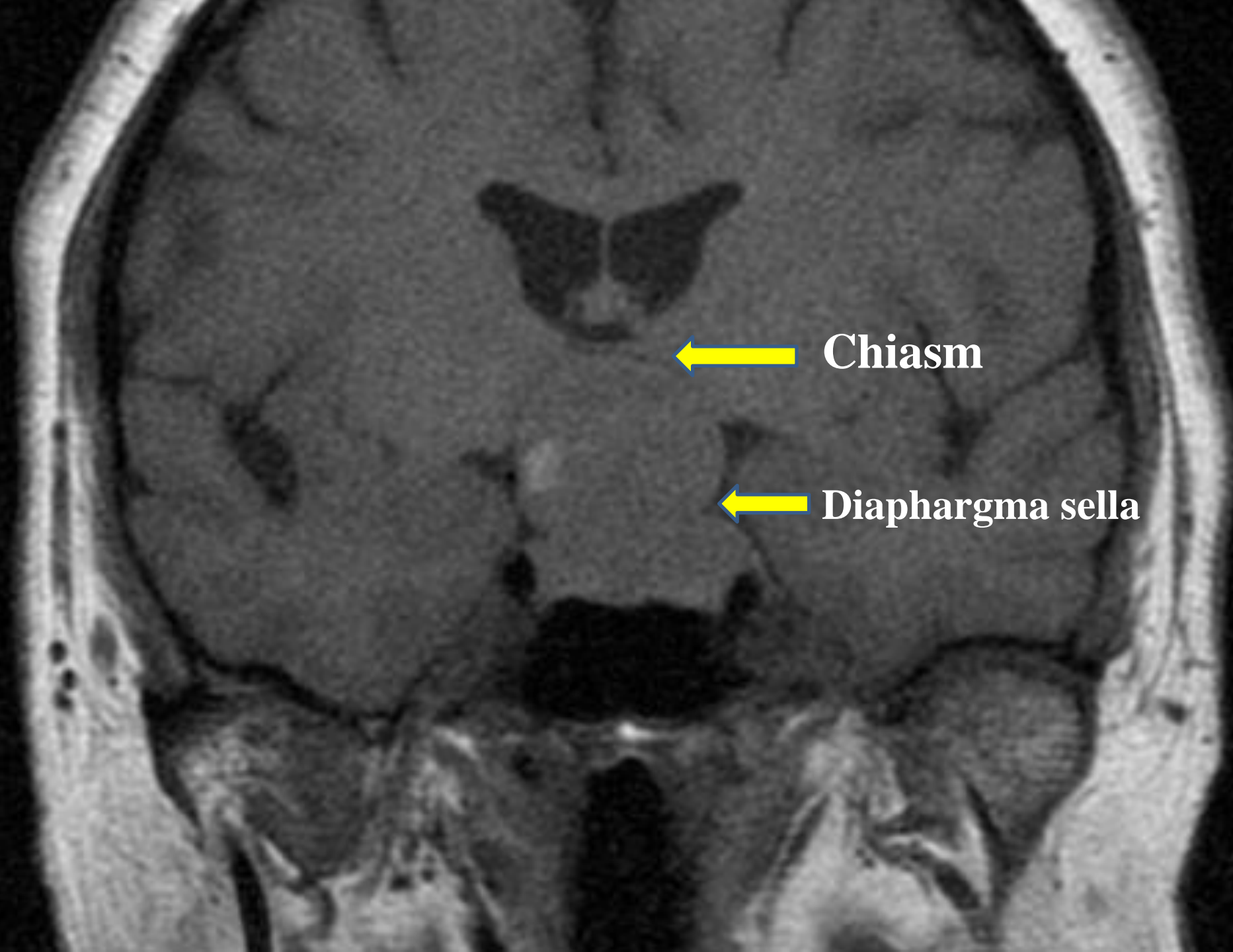


Pituitary Tumor (non-apoplexy)

- 65-year-old woman noted slow progressive visual loss OS x 2 months
- Normal acuity, color, pupils and fundus exam

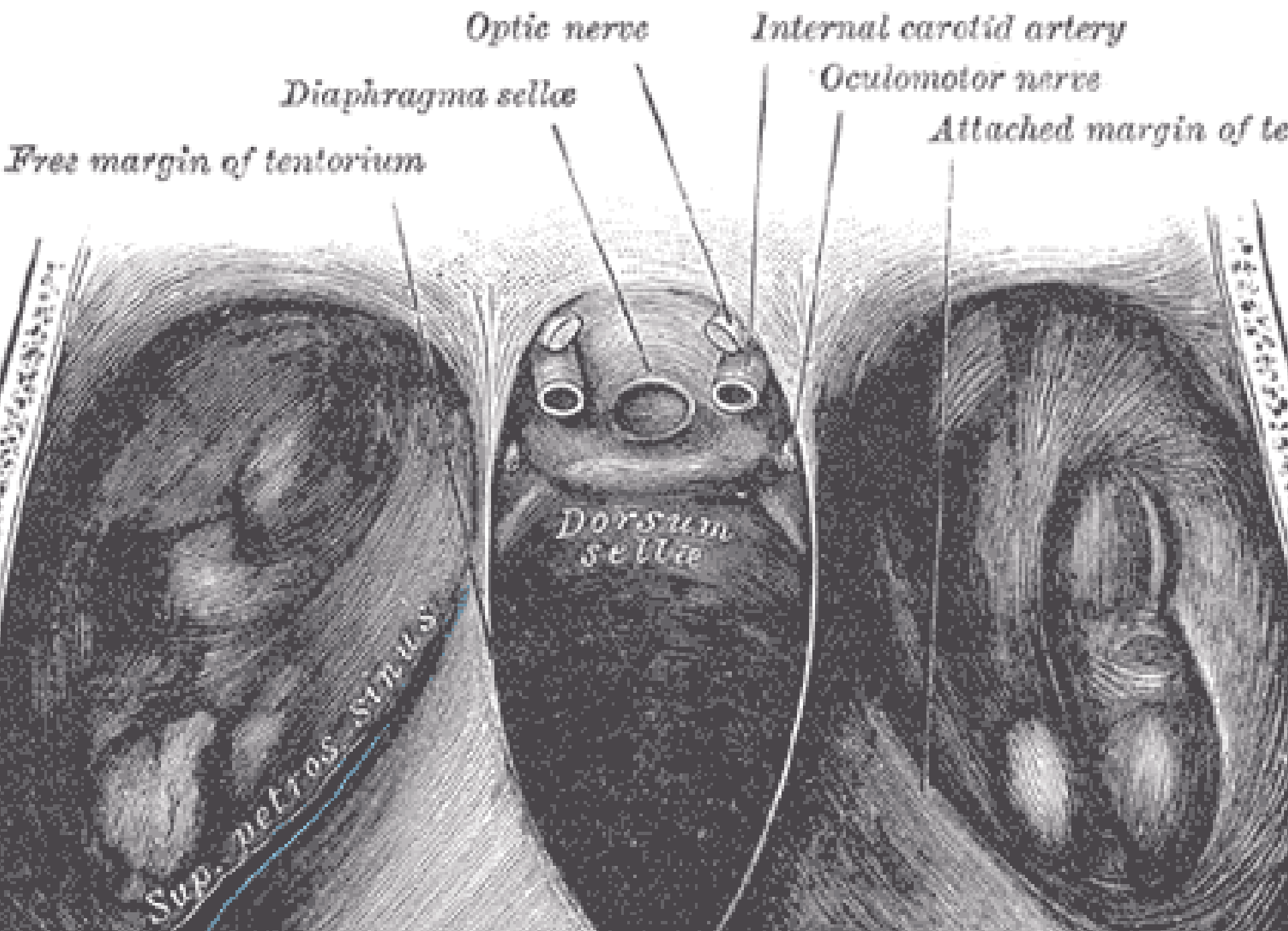


Bitemporal Hemianopia



← Chiasm

← Diaphragma sella





Contrast enhanced

Visual Recovery after Decompression of Pituitary Macroadenoma

- 113 patients who were underwent transsphenoidal decompression for pituitary tumor
- Most noticeable improvement of acuity was within 1 week
- Most dramatic field improvement 1 week to 1 month
- In the inferior temporal quadrant improvement appeared within 1 month
- The superior temporal visual field recovered over 6 months

Ji Woong Chang, Jae Ho Jung, Yoen-hee Lee, NANOS meeting 2013

Pituitary Apoplexy

- Acute expansion of a pituitary adenoma or nonadenomatous gland, from infarction or hemorrhage
- Headache in 95%, frequently retro-orbital, nausea and vomiting
- Sudden from stretching of the dura mater in the walls of sella supplied by the meningeal branches of cranial nerve V

Pituitary Apoplexy

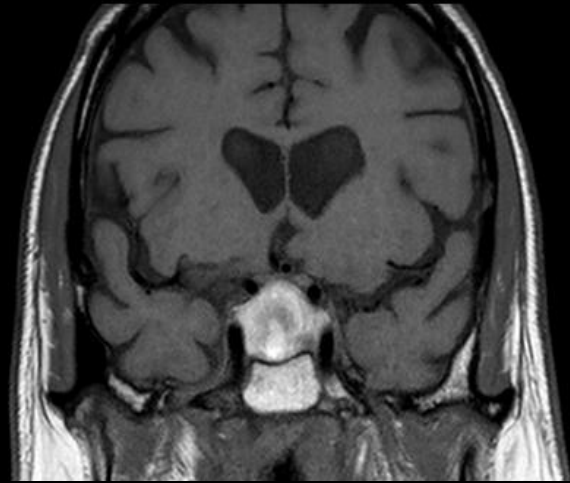
- Visual symptoms, altered mental status, and hormonal dysfunction due to acute hemorrhage or infarction of pituitary gland
- Pituitary adenoma usually present
- Both acuity and visual field loss from chiasm and ocular motility from cavernous sinus involvement

Pituitary Apoplexy Causes

- Predisposing factors include endocrine stimulation tests, bromocriptine treatment, head trauma, pregnancy, and pituitary irradiation
- Administration of gonadotrophin-releasing hormone, long-term bromocriptine therapy
- Induction chemotherapy for AML, after cardiac bypass surgery and high altitude

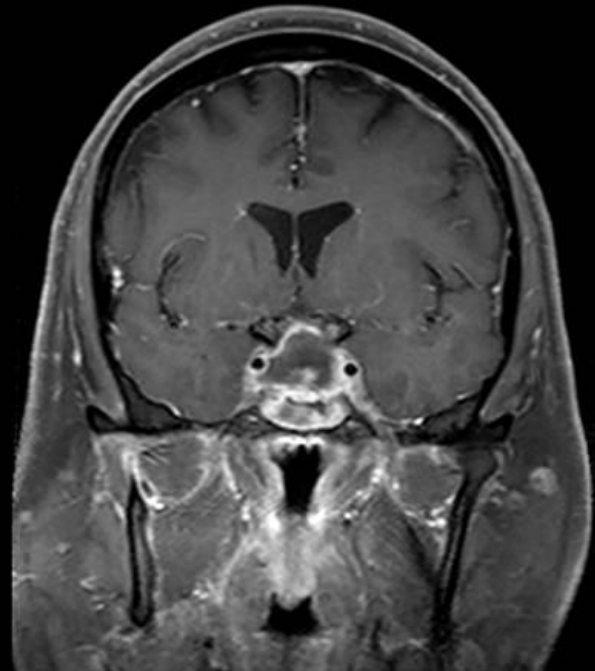
Pituitary Apoplexy

Hemorrhagic



Ischemic

Sheehan's Syndrome



Ischemic Pituitary Apoplexy

- A 69-year-old man, 3 days after coronary artery bypass noted a severe headache and visual loss in both eyes
- Visual acuity of 20/50-2 OD, 20/25-2 OS
- Color vision abnormal OU
- Pupils are equal and symmetric, RAPD OD
- Normal optic nerves and retina OU

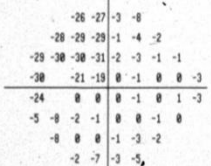
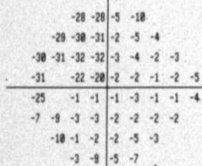
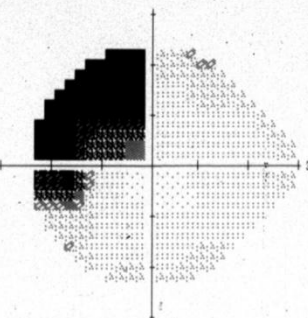
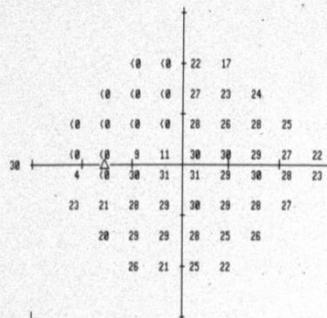
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 FIXATION TARGET: CENTRAL
 FIXATION LOSSES: 0/11
 FALSE POS ERRORS: 1 %
 FALSE NEG ERRORS: 0 %
 TEST DURATION: 04:30

STIMULUS: III- WHITE
 BACKGROUND: 31.5 ASB
 STRATEGY: SITA-FAST

PUPIL DIAMETER: 7.2 MM
 VISUAL ACUITY:
 RX: +2.25 DS DC X

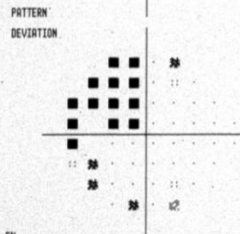
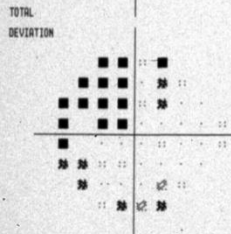
DATE: 02-07-2006
 TIME: 11:56 AM
 AGE: 69

FOVER: OFF



CMT
 OUTSIDE NORMAL LIMITS

MD -0.54 DB P < 0.5%
 PSD 11.28 DB P < 0.5%



11 < 5%
 12 < 2%
 13 < 1%
 14 < 0.5%

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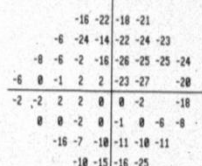
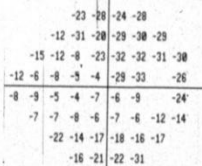
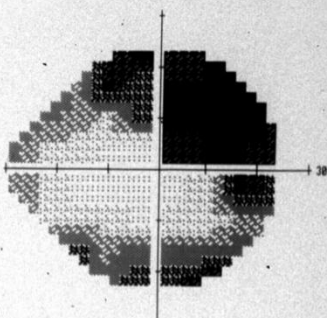
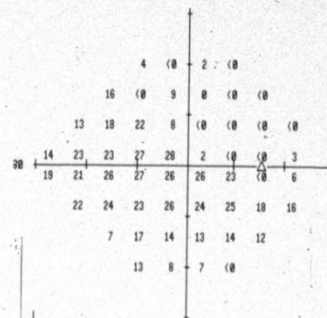
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 FALSE NEG ERRORS: 9 %
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STIMULUS: III- WHITE
 BACKGROUND: 31.5 ASB
 STRATEGY: SITA-FAST

PUPIL DIAMETER: 6.2 MM
 VISUAL ACUITY:
 RX: +2.25 DS DC X

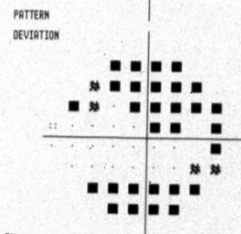
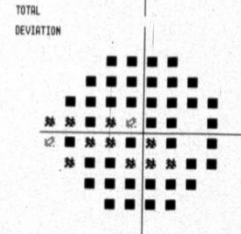
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CMT
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 PSD 18.22 DB P < 0.5%

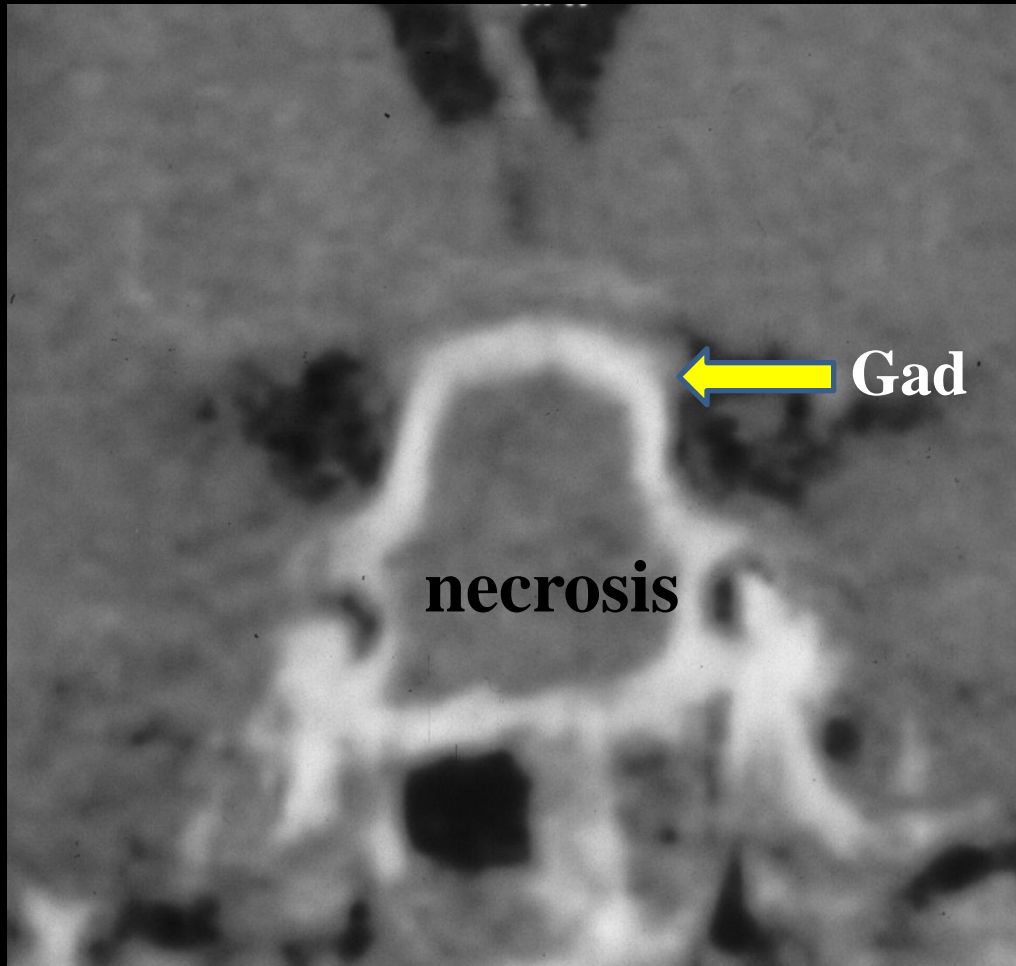


11 < 5%
 12 < 2%
 13 < 1%
 14 < 0.5%

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Bitemporal Hemianopia

Ischemic Apoplexy



Pituitary Ring Sign

The “Pituitary Ring Sign”: An MRI Sign of Pituitary Apoplexy

Michael S. Vaphiades, D.O.

ABSTRACT

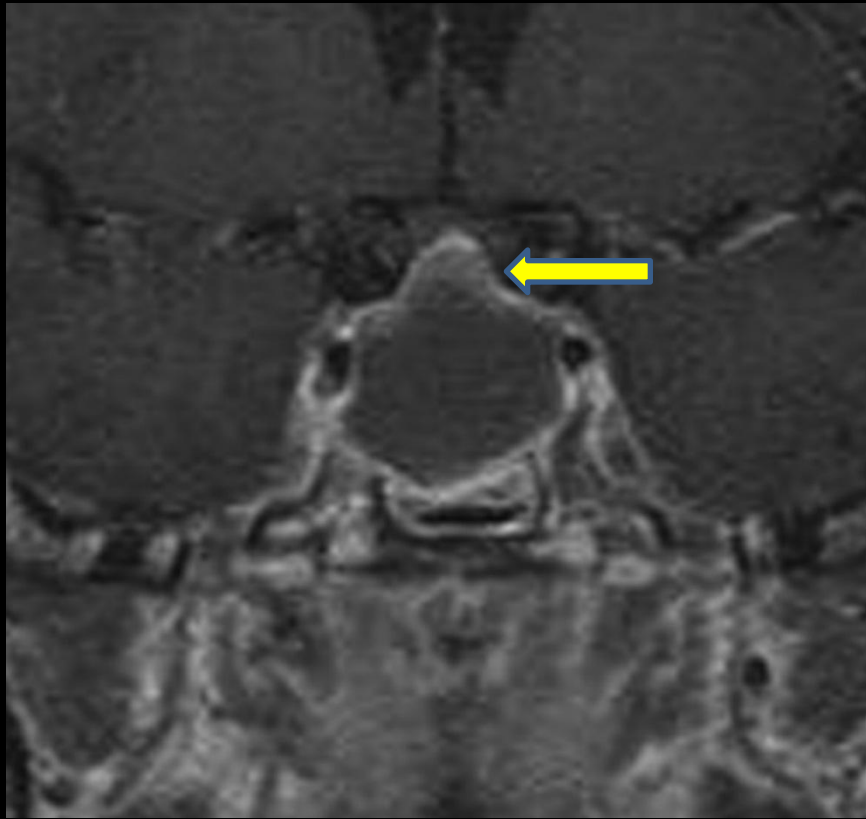
Purpose: To describe a magnetic resonance imaging (MRI) sign of pituitary apoplexy.

Methods: The cranial MRI scans of 3 patients with pituitary apoplexy were retrospectively reviewed.

Results: All 3 patients displayed a distinctive MRI sign of an enlarged pituitary gland with peripheral gadolinium enhancement surrounding a hypointense gland.

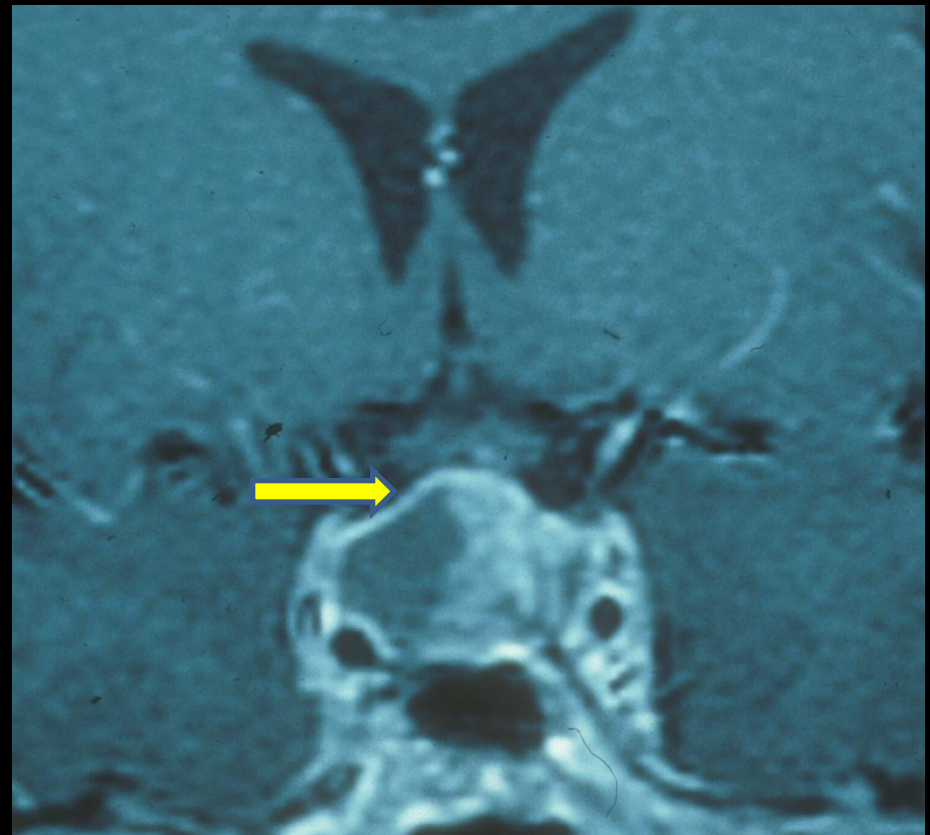
Conclusions: The “pituitary ring sign” can aid in the early diagnosis and treatment of pituitary apoplexy.

Neuro-Ophthalmology, 31:111–116, 2007



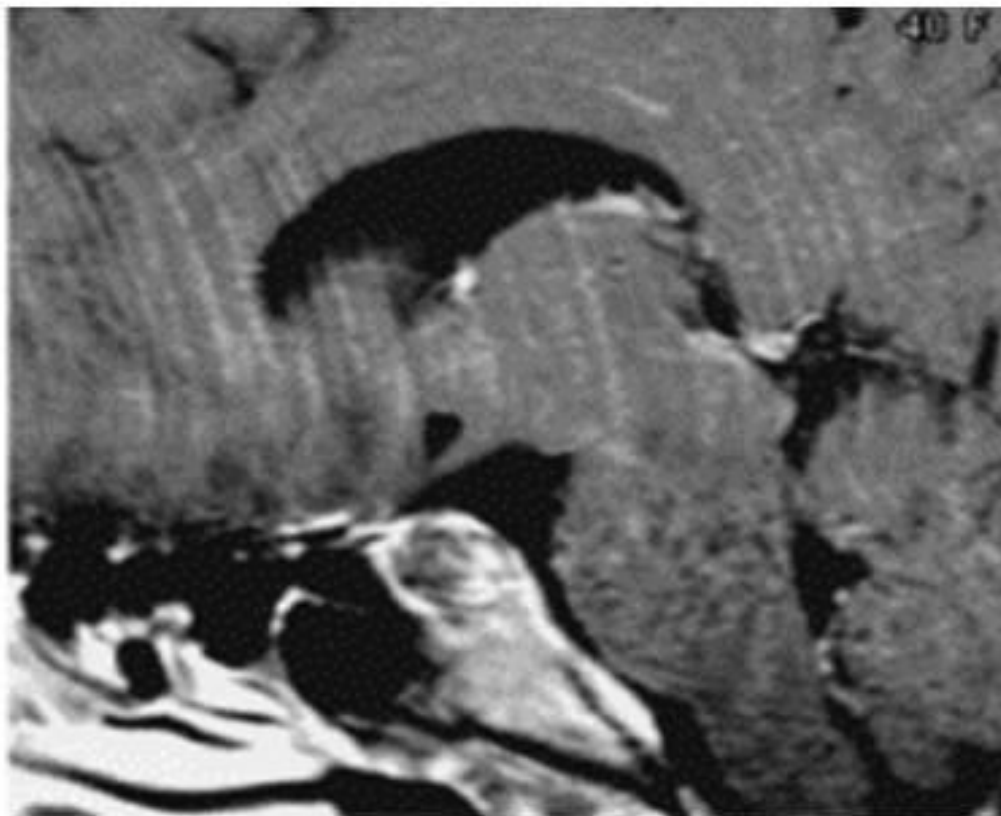
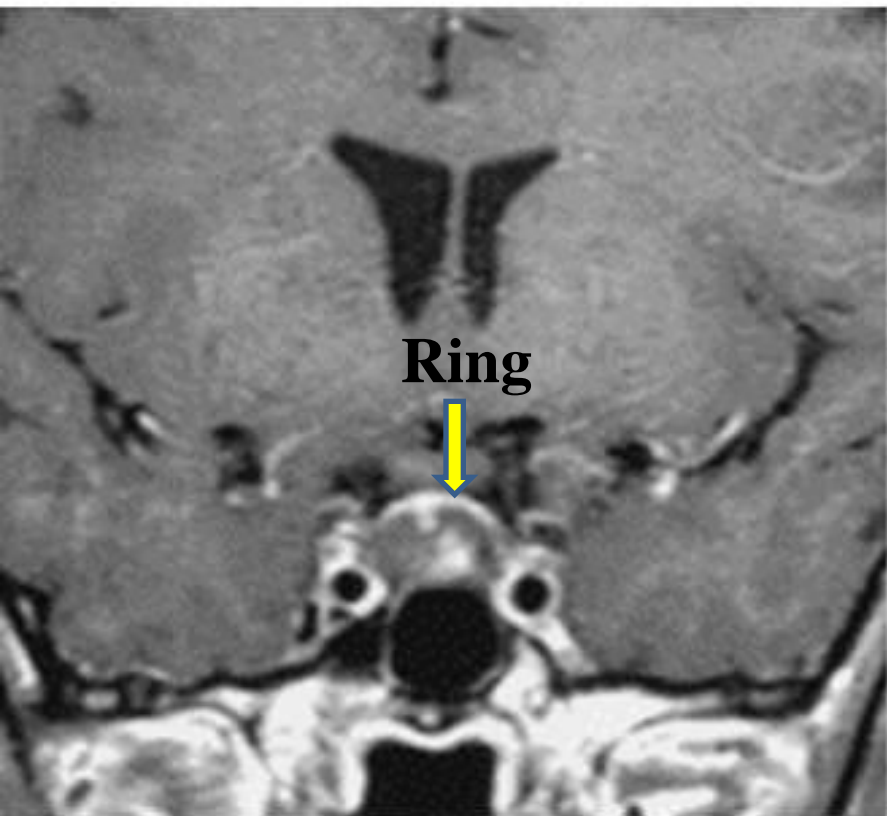
Ischemic Apoplexy

Pituitary Ring Sign



Sheehan's (Ischemic pituitary apoplexy)

- A 40-year-old woman with severe headache and diplopia after hypotension from a postpartum uterine hemorrhage
- Examination showed a very photophobic patient in severe headache
- Visual acuity, color and confrontational fields normal
- Pupils equal with normal reactivity
- 2 prism diopter left hypertropia
- Normal fundus



Contrasted T1 MRI with Gadolinium

Sheehan's Syndrome

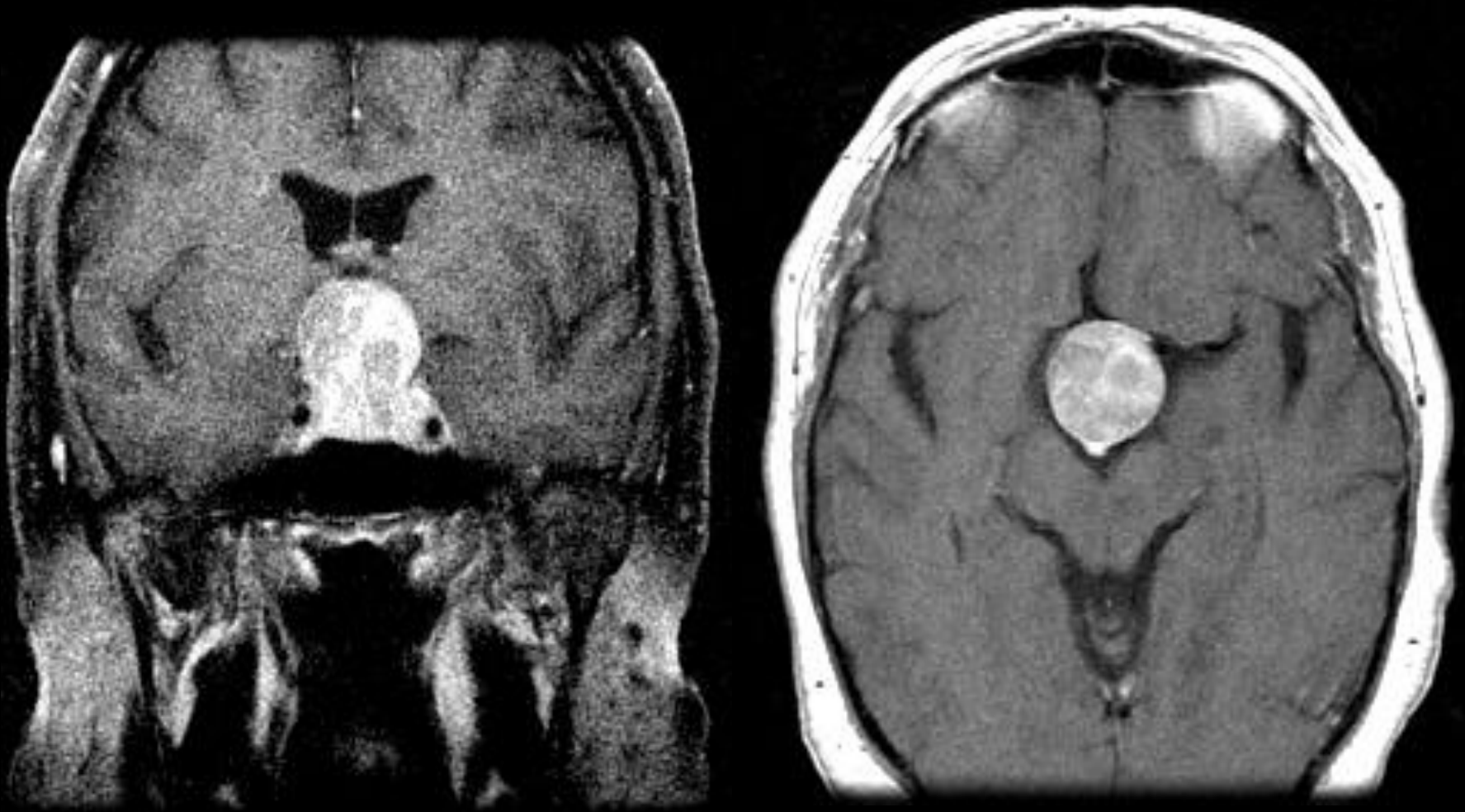
- Normally, the pituitary gland hypertrophies in pregnancy
- This hypertrophy combined with locally released factors mediate vascular spasm and renders the pituitary more susceptible to infarction from compromised blood flow

Sheehan's (Ischemic pituitary apoplexy)

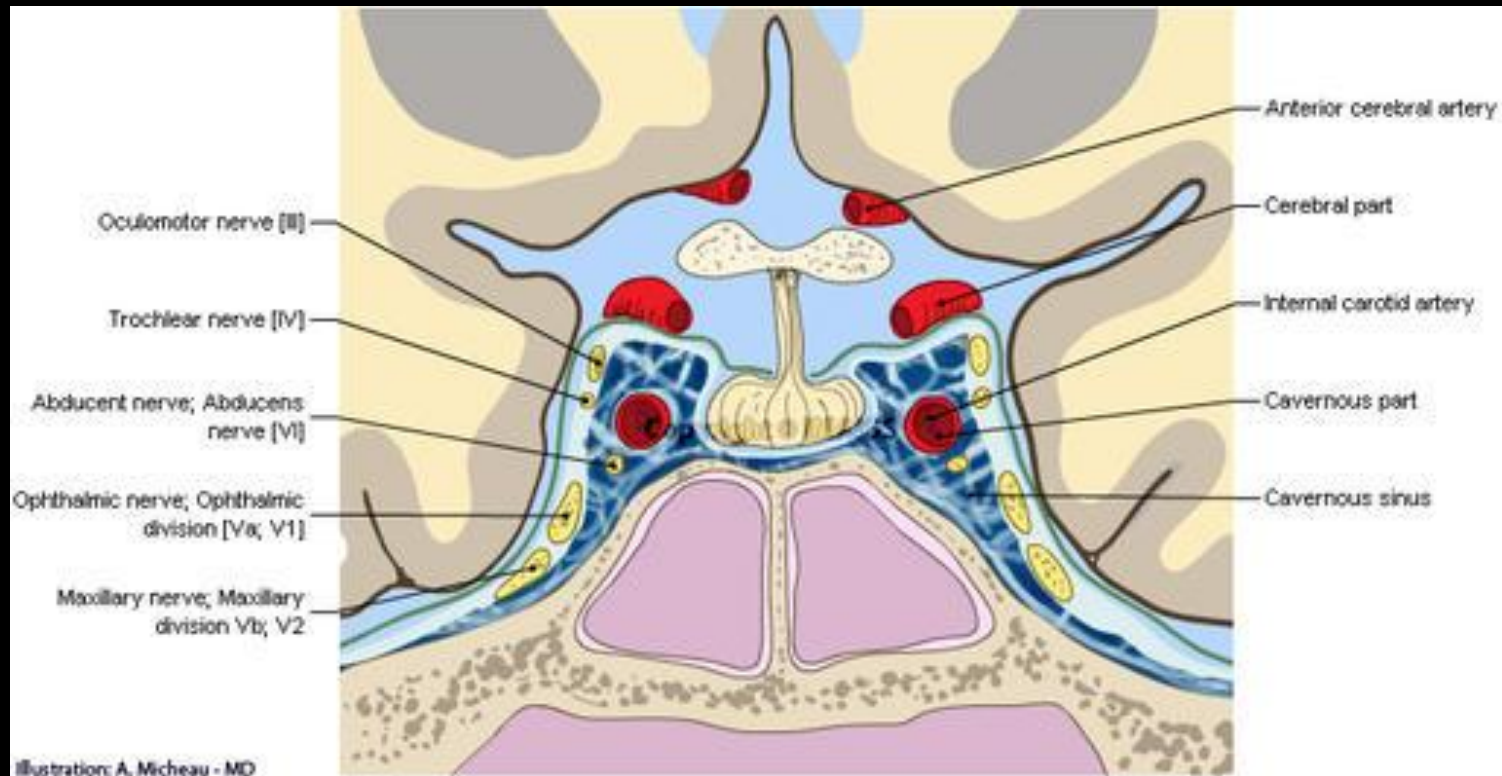
- In 1937 Sheehan reported 11 cases of women who died during childbirth or immediately thereafter, all had necrosis of the pituitary
- Nontumorous gland precipitated by postpartum blood loss with spasm of the arterioles supplying the adenohypophysis

Hemorrhagic Apoplexy

- 68-year-old man with painful diplopia for 1 week
- Normal acuity, color, visual field and fundus
- Pupil involving left 3rd nerve palsy



Non-contrasted T-1 weighted MRI



Treatment

- Medically stabilize the patient
- Electrolytes, glucose, and pituitary hormones
- High-dose hydrocortisone (hypopituitarism)
- Administer appropriate endocrinologic replacement
- Transsphenoidal surgical decompression

The variability in the visual presentation in patients with optic pathway compression may be misdiagnosed if finding other than bitemporal hemianopsia

THE END