Pre-med academic timeline

FRESHMAN YEAR
- General biology
- General chemistry
- Humanities
- Math (if necessary)

SOPHOMORE YEAR
- Cell biology
- Molecular biology
- Genetics
- Organic chemistry and lab
- Physics
- Humanities

JUNIOR YEAR
- Biochemistry
- Physiology or anatomy/physiology
- Biology lab (e.g., physiology lab, biochem lab, etc.)
- Introductory psychology
- Introductory sociology
- Option 1: Take a Princeton Review MCAT prep course
- Option 2: Delay your MCAT preparation until senior year
  if you're planning to take a year off before attending med school

SENIOR YEAR
- Microbiology (optional but highly recommended)
- Other upper-division biology or biochemistry courses
- Any other courses required by your major
- Option 1: Apply to medical school
- Option 2: Take a Princeton Review MCAT prep course

POSTGRADUATION
- Option 1: Attend medical school
- Option 2: Apply to medical school, do volunteer work, consider
  joining organizations like the Peace Corps and Doctors without
  Borders or get some real-world work experience.

To learn more about MCAT²⁰¹⁵, visit PrincetonReview.com/MCATCHanges.
Get ready for

MCAT 2015

The MCAT® tests both content knowledge and your ability to apply it. To answer questions correctly, you must have a basic science background. We recommend you take certain undergraduate courses to prepare.

Suggested pre-med coursework*

- General biology or cell biology
- 1 semester of biochemistry
- Molecular biology
- Genetics
- Physiology or anatomy/physiology
- Biology lab
- 1 semester of organic chemistry
- Organic chemistry lab
- 2 semesters of general chemistry
- General chemistry lab
- 2 semesters of physics
- Introductory psychology
- Introductory sociology
- Any humanities course that requires extensive reading

Smart tip
Be sure to cultivate relationships with your professors that will result in good letters of recommendation. And if you have the opportunity to do research or internships as an undergraduate, take advantage of it.

See back for our recommended timeline

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