From a couple who married each other during medical school:

You always hear non-medical people talking about the sacrifices one must endure if they are married to a medical student, but what if you’re both medical students? Here’s a short version of our story and some advice.

We met and were dating before medical school began and got engaged over Christmas break of our first year. Now let the wedding planning begin! We knew we wanted to get married sometime over the summer since it was the only long break we would be afforded over the next few years. We didn’t realize how time consuming and distracting planning a wedding would be; however, with help from our families and a wedding planner it was definitely doable. We learned early on to use breaks (time after test, spring break, etc.) efficiently to get wedding details done, then to fully focus on school during the week. Then summer came along, we had an awesome wedding (better than we had even hoped) and an amazing week-long honeymoon. We are happily married and here comes second year. Classes seemed to get easier (probably because we were use to the medical school life by now). We found that married life in medical school is much easier than dating life. We got to spend even more time together and even come home to the same couch and TV shows after a test.

Here’s our top 3 points of advice from newly “old” married people:

1. If you’re planning a wedding during 1st year, you are going to need help, especially with the little details. LET OTHER PEOPLE HELP YOU. That was pretty hard for me, because I like to do everything myself (and I know that’s how most medical students are!)
2. Dating, engaged, or married…. Set aside guarded time to spend with your significant other. (And if you are both in medical school, this means NO talking about tests, classes, or what you read in Robbins Pathology.)
3. Don't forget to enjoy the process! Yes, you are a medical student. Yes, you have a busy life. But medical school isn't the ONLY part of your life. Make memories.

-Happily Married