Evidence-Based Cesarean Techniques: 
Time to Re-evaluate Old Habits

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Educational Objectives

1. To discuss recent statistics regarding birth rates, fertility rates, and cesarean delivery rates in the United States.

2. To discuss the preoperative process and utilization of a preoperative safety checklist.

3. Review recommendations to protect the operating room team from injuries and contact with bodily fluids.

4. Review the recent scientific evidence regarding the proper surgical techniques to use at cesarean delivery to reduce postoperative morbidity.

References


