Hypertension in Pregnancy: An Update of Current Recommendations

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Objectives:

Review the current definitions of hypertensive disorders of pregnancy.
Understand the criteria for diagnosis of the various disorders.
Review the maternal risks associated with hypertensive disorders of pregnancy.
Review the fetal risks associated with hypertensive disorders of pregnancy.
Review the management of women with hypertensive disorders during pregnancy.
Review the medication choices for antihypertensive management and the goals of therapy.
Briefly review the management and diagnosis of preeclampsia and chronic hypertension with superimposed preeclampsia.
Understand the medication choices for control of acute hypertension in pregnancy.
Understand the management of hypertension postpartum.

References:

- ACOG PB Number 125, February 2012 Chronic Hypertension in Pregnancy
- ACOG PB Number 33, January 2002, Diagnosis and Management of Preeclampsia and Eclampsia
- Spann, Cardiovascular Risk Management After a Hypertensive Disorder of Pregnancy, Hypertension 2012