TREATMENT FOR ECZEMA / ATOPIC DERMATITIS

**RED SKIN/ECZEMA FLARE**

1. **Avoid Triggers:** Some children's eczema is made worse by wool or synthetic fabrics.
2. **Use Barrier Creams:** Keep your child's skin covered with a fragrance-free, barrier cream.
3. **Avoid Soaps and Bath Products:** Use fragrance-free, fragrance-free soaps and bath products.
4. **Keep Skin Moisturized:** Use moisturizer on your child's skin every day in the morning and once in the evening.

**DAILY MAINTENANCE FOR ECZEMA**

1. **Bath:** Use barrier cream to protect your child's skin during and after bathing.
2. **Apply Barrier Cream:** Use barrier cream on your child's skin after bathing.
3. **Avoid Triggers:** Some children's eczema is made worse by wool or synthetic fabrics.
4. **Use Barrier Creams:** Keep your child's skin covered with a fragrance-free, barrier cream.