RESEARCH STUDY

Examining the benefits of physical activity

Participation Criteria:

- Between the ages of 18 and 65
- Diagnosed with Stroke



Benefits of participating:

- Compensation up to \$70
- 12 weeks of exercise at no cost to you
- Receive a personalized report detailing your general health status

For more information contact: Lori Theriot, Recruitment Coordinator 205 - 313 - 7455 lorit@lakeshore.org

