

cAMP response element modulator α controls *IL2* and *IL17A* expression during CD4 lineage commitment and subset distribution in lupus

Christian M. Hedrich¹, Jose C. Crispin, Thomas Rauen, Christina Ioannidis, Sokratis A. Apostolidis, Mindy S. Lo, Vasileios C. Kyttaris, and George C. Tsokos¹

Division of Rheumatology, Department of Medicine, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA 02115

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Appropriate expression of IL-2 plays a central role during the priming and differentiation of T cells. A tight balance between IL-2 and the effector cytokine IL-17A is essential for immune homeostasis. Epigenetic mechanisms have been documented as a key component of cytokine regulation during lineage commitment. The molecular mechanisms that induce chromatin remodeling are less well understood. We investigated epigenetic regulators that mediate the diametric expression of IL-2 and IL-17A in naive, central memory, and effector memory CD4⁺ T cells. We demonstrate that cAMP response modulator (CREM) α contributes to epigenetic remodeling of *IL2* in effector memory T cells through the recruitment of DNMT3a. CREM α also reduces CpG-DNA methylation of the *IL17A* promoter. CREM α expression is regulated at the epigenetic level by CpG-DNA methylation, which allows increased CREM α expression in effector memory CD4⁺ T cells. T cells from patients with systemic lupus erythematosus (SLE) express increased levels of CREM α and exhibit a phenotype that is similar to effector memory CD4⁺ T cells with epigenetically predetermined expression patterns of IL-2 and IL-17A. We conclude that CREM α mediates epigenetic remodeling of the *IL2* and *IL17A* gene during T-cell differentiation in favor of effector memory T cells in health and disease.

inflammation | gene regulation

Adaptive immune responses largely depend on T cells. Various T helper cell subsets are involved in host defense, and a tight balance between these populations and the subsequently produced pro- and anti-inflammatory cytokines is essential for immune homeostasis (1, 2). A growing body of literature documents that a disruption of this balance can result in chronic inflammation and autoimmunity or increased susceptibility to infections.

Our current knowledge of T-lymphocytic lineage commitment is limited and somewhat simplified. During T-cell priming, naive CD4⁺ T cells are exposed to antigens through their interaction with antigen-presenting cells in secondary lymphoid organs. In response to activation, T cells proliferate and differentiate into “effector” or “central” memory T cells. Primed CD4⁺ T cells either migrate to sites of inflammation or persist as circulating effector memory CD4⁺ T cells. Central memory CD4⁺ T cells migrate to secondary lymphatic tissues, where they wait for a secondary challenge to exert enhanced immune responses (2, 3). Sallusto et al. (1999) and others demonstrated that naive, central, and effector memory CD4⁺ T-cell subsets are defined by the absence or presence of surface markers, including the chemokine receptor CCR7 that reflects tissue-homing capacities to lymph nodes (3). Furthermore, each of the CD4⁺ T-cell subsets is characterized by specific cytokine expression patterns (4). Unprimed and not previously specialized naive CD4⁺ T cells are capable of expressing a wide range of cytokines, including IL-2. Effector memory subsets fail to express IL-2 but express effector proinflammatory cytokines, including IL-17A (1, 3, 4). However, the molecular mechanisms that underlie cytokine expression patterns and subsequently determine lineage fate are less well understood.

Epigenetic mechanisms represent a group of regulatory events that influence gene expression without altering the underlying genomic sequence. Specific epigenetic patterns have been documented as

being involved during lineage commitment of immune cells and are largely responsible for the expression and silencing of various subset-defining cytokine genes, including the Th1 cytokine IFN- γ , the Th2 cytokine IL-4, and IL-10 and related cytokines in T cells and macrophages (4, 5). The epigenetic regulation of genes is accomplished by the reorganization of nucleosomes, resulting in decompaction/compaction of chromatin fibers and subsequent variable transcription factor and RNA polymerase recruitment to DNA. The main epigenetic modifications are cytidine-phosphate-guanosine (CpG-) DNA methylation and histone modifications which usually follow the same patterns. The mediators that connect these epigenetic modifications are less well understood (5, 6). Recent evidence indicates that CpG-DNA and histone methylation can be “translated” into one another through the recruitment of DNA methyltransferases (DNMTs) and/or histone methyltransferases with the help of adaptor molecules, such as the hetero chromatin protein 1, which can recruit DNMTs to sites with high levels of histone 3 methylation at lysine 9. DNMTs are historically classified as either “maintenance DNMTs,” including DNMT1, or DNMTs that are responsible for de novo CpG-DNA methylation, such as DNMT3a (6, 7).

Recently, we identified the transcription factor cAMP response element modulator (CREM) α as a link between CpG-DNA methylation, histone H3K18 deacetylation, and H3K27 trimethylation (8). We aimed to investigate a potential role of CREM α during lineage commitment of CD4⁺ T cells by determining cytokine expression patterns. Together with the cAMP response element binding protein (CREB), CREM is a member of the ATF superfamily of transcription factors. This family is involved in numerous physiological processes, including immune homeostasis, steroid metabolism, and spermatogenesis (9, 10). As a result of its specific exon composition, CREM exerts both *trans*-activating and *trans*-repressing effects on target genes. These effects are mediated through CREM recruitment to CRE binding sites (TGACGTCA) or CRE half-sites in *cis*-regulatory elements. CREM α is overexpressed in T cells from patients with systemic lupus erythematosus (SLE) (11–13). SLE is a chronic autoimmune disorder that can affect every organ, including the kidneys, lungs, central nervous system, intestine, joints, and skin. T cells from SLE patients are characterized by severe signaling anomalies resulting in altered cytokine production (14). CREM α has been linked to reduced IL-2 and increased IL-17A expression through diametric *trans*-regulatory effects on the *IL2* and *IL17A* genes (8, 15–17). CREM α expression is controlled by *trans*-activation and *trans*-repression of the CREM promoter P1 (9, 10). In SLE patients, dephosphorylated

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¹To whom correspondence may be addressed. E-mail: chedrich@bidmc.harvard.edu or gtsokos@bidmc.harvard.edu.

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Sp-1 *trans*-activates *CREM* P1 in a disease activity-dependent manner (10, 12).

Here, we demonstrate the involvement of *CREM* in the lineage determination of effector memory $CD4^+$ T cells, where *CREM* mediates epigenetic remodeling of the *IL2* gene through the recruitment of DNMT3a. *CREM* also mediates reduced CpG-DNA methylation of *IL17A* in *IL17A* expressing effector memory $CD4^+$ T cells. We demonstrate that *CREM* promoter activity in T cells is controlled by CpG-DNA methylation. Effector memory $CD4^+$ T cells and total T cells from SLE patients exhibit low levels of CpG-DNA methylation of the *CREM* promoter P1, allowing increased *CREM* expression and contributing to epigenetic remodeling of *IL2* and *IL17A*.

Experimental Procedures

Study Subjects and T-Cell Culture. T cells from SLE patients, healthy controls, and individuals with rheumatoid arthritis (RA) were purified from whole blood as reported previously (15) (*SI Experimental Procedures*). Epidemiologic and clinical information is displayed in Table S1 (SLE) and Table S2 (RA).

Flow Cytometry and T-Cell Sorting. T cells from SLE patients and controls were stained with fluorochrome-labeled antibodies (BioLegend) against CD3, CD4, CD45RA, and CCR7. Labeled T cells were then subjected to either analysis on a 5 laser LSR II (BD Sciences) flow cytometer or sorting on a FACS Aria II cell sorter (BD Biosciences). Naive, central memory, and effector memory $CD4^+$ T cells were defined as reported previously (3).

mRNA Analysis. Total RNA from control and SLE T cells was isolated and used via standard procedures (*SI Experimental Procedures*).

Methylated CpG-DNA Immunoprecipitation. The methylated CpG-DNA immunoprecipitation assay (Zymo Research) was used according to the manufacturer's instructions. Methylated DNA was recovered and subjected to PCR analysis on an ABI OneStepPlus real-time PCR system (*SI Experimental Procedures*).

Coimmunoprecipitation of DNMT3a with *CREM*. Jurkat T cells or HEK293T cells were transfected with pcDNA3.1 and expression plasmids for *CREM*, pcDNA3.1 and DNMT3a, or *CREM* and DNMT3a using Lipofectamine 2000 (Invitrogen). Lysates were subjected to coimmunoprecipitation (*SI Experimental Procedures*).

Cotransfection of Jurkat T cells with *CREM* Expression Plasmids and Control or DNMT3a siRNA. Jurkat T cells were transfected with expression plasmids and 10 nM control siRNA or DNMT3a-specific siRNA (OriGene) (*SI Experimental Procedures*).

Luciferase Reporter Constructs. Reporter constructs spanning the proximal 500 bp of the human *CREM* promoter P1 have been described previously (10) (*SI Experimental Procedures*).

Statistical Analysis. Paired two-tailed Student *t* test and Pearson's product moment was used for statistical analysis of transfection experiments. Relative mRNA expression levels and methylation indices were analyzed for statistical significance using nonparametric Mann-Whitney *U* test as the obtained data did not follow a Gaussian distribution (Kolmogorov-Smirnov normality test).

Results

Bioinformatic Analysis of the *IL2* and *IL17A* Genes. To investigate CpG-DNA methylation patterns across the human *IL2* and *IL17A* genes, we defined regions of interest as reported previously (8, 15). We aligned the mouse and human *IL2* and *IL17A* genes (VISTA Genome Browser, <http://pipeline.lbl.gov/cgi-bin/gateway2>), and determined conserved noncoding sequences (CNS), exons, and UTRs. Three regions of interest (CNS1-3) were defined within the *IL2* promoter and one was chosen in the *IL17A* promoter based on sequence conservation, the number of CpGs, and the presence of regulatory regions (Fig. S1 *A* and *B*). The *IL2* promoter CNS3 covers the core 300 bp promoter, including the -180 CRE site that is responsible for *CREM* effects on *IL-2* expression in T cells (8, 12).

***IL-2* Expressing $CD4^+$ T Cells Exhibit Reduced CpG-DNA Methylation of the *IL2* Promoter.** To better understand the regulation of *IL-2* expression during T-cell lineage determination, we investigated dynamic epigenetic modifications in human naive ($CD3^+CD4^+CD45RA^+$

$CCR7^-$), central memory ($CD3^+CD4^+CD45RA^-CCR7^+$), and effector memory ($CD3^+CD4^+CD45RA^-CCR7^-$) $CD4^+$ T cells. In response to T-cell activation with anti-CD3 and anti-CD28 antibodies for 12 h, naive and central memory $CD4^+$ T cells express *IL-2* mRNA, whereas effector memory $CD4^+$ T cells fail to express *IL-2* (Fig. 1*A*). *IL-2* expression is reflected by CpG-DNA methylation of the *IL2* promoter. Naive and central memory $CD4^+$ T cells exhibit low degrees of CpG-DNA methylation in all investigated regions (methylation index [MI]: <15%), effector memory $CD4^+$ T cells are methylated to significantly higher degrees (MI: 15–40%, $P < 0.001$) (Fig. 1*B*).

***IL-17A* Expressing $CD4^+$ T Cells Exhibit Reduced CpG-DNA Methylation of the *IL17A* Promoter.** We previously demonstrated that *IL-17A* expression in T cells from SLE patients is supported by epigenetic remodeling of the *IL17A* gene (15). To better understand the regulation of *IL17A* during T-cell lineage determination, we investigated CpG-DNA methylation in human naive, central memory, and effector memory $CD4^+$ T cells. Naive and central memory $CD4^+$ T cells express low levels of *IL-17A* mRNA compared with effector memory $CD4^+$ T cells (Fig. 1*C*). *IL-17A* expression is reflected by *IL17A* promoter methylation. The *IL17A* promoter in naive and central memory $CD4^+$ T cells is highly methylated (MI: 60–80%); effector memory $CD4^+$ T cells are methylated to a significantly lower degree (MI: 15%, $P < 0.001$) (Fig. 1*D*).

***CREM* Interacts with DNMT3a.** T cells from SLE patients express increased levels of *CREM*, resulting in epigenetic remodeling of cytokine genes, including *IL2* (8, 10, 13, 16, 17). We hypothesized that *CREM* recruits *de novo* DNA methyltransferases to the *IL2* promoter mediating epigenetic remodeling of *IL2* in T cells from SLE patients (8). To confirm our previous findings (8) and to investigate the involvement of *CREM*-mediated epigenetic remodeling during T-cell lineage commitment, we overexpressed *CREM* and DNMT3a in the same cells, followed by coimmunoprecipitation of proteins with anti-*CREM* antibodies. Jurkat T cells spontaneously express *CREM*, which was increased by *CREM* expression plasmids (Fig. S2*A*). We coimmunoprecipitated DNMT3a with *CREM* in untreated Jurkat T cells and after

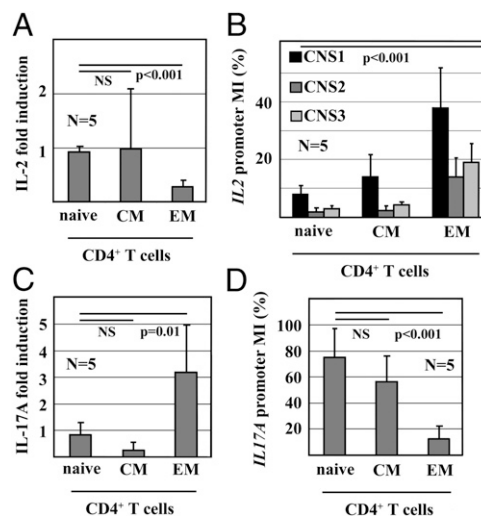


Fig. 1. *IL-2* and *IL-17A* mRNA expression and promoter methylation in $CD4^+$ T cells. (*A*) *IL-2* mRNA expression of naive, central memory (CM) and effector memory (EM) $CD4^+$ T cells in response to stimulation with anti-CD3 and anti-CD28 antibodies (mean \pm SD). (*B*) CpG-DNA methylation of the *IL2* promoter in $CD4^+$ T cells. Methylation index (MI) as assessed relative to methylated (100%) and unmethylated (0%) control DNA are shown (mean \pm SD). (*C*) *IL-17A* mRNA expression of naive, CM and EM $CD4^+$ T cells in response to stimulation with anti-CD3 and anti-CD28. (*D*) CpG-DNA methylation of the *IL17A* promoter in $CD4^+$ T cells (mean \pm SD).

forced expression of CREM α and/or DNMT3a (Fig. S2B). Thus, we repeated our experiments in HEK293T cells. Secondary to weak background expression of CREM α in HEK293T cells, we failed to coimmunoprecipitate DNMT3a with CREM α in untransfected cells (Fig. S2B and C). Overexpression of DNMT3a or DNMT3a with CREM α allowed us to coimmunoprecipitate DNMT3a with CREM α (Fig. S2B and C). This supports a direct physical interaction between CREM α and DNMT3a.

CREM α Mediates Increased CpG-DNA Methylation of the *IL2* Gene Through DNMT3a. Next, we investigated whether CREM α recruits DNMT3a to the *IL2* promoter during T-cell differentiation and whether this interaction plays a role during lineage commitment of CD4⁺ T cells. We overexpressed either CREM α or DNMT3a in primary human T cells from controls and determined *IL2* mRNA expression and *IL2* promoter methylation. Because all investigated *IL2* promoter regions showed similar methylation patterns (Fig. 1C), we concentrated on CNS3, covering the 300-bp core *IL2* proximal promoter, including the -180 CRE site. Forced expression of either CREM α or DNMT3a resulted in a significant reduction of *IL2* mRNA expression (CREM α : $P = 0.009$; DNMT3a: $P < 0.001$) (Fig. 2A) and increased *IL2* promoter CpG-DNA methylation (CREM α : $P = 0.001$; DNMT3a: $P < 0.001$) (Fig. 2B). To provide further evidence for an interaction between CREM α and DNMT3a, we cotransfected Jurkat T cells with a CREM α expression plasmid and DNMT3a siRNA knocking down DNMT3a (Fig. S3). CREM α overexpression resulted in reduced *IL2* mRNA expression (Fig. 2C; $P = 0.001$) and increased CpG-DNA methylation of the *IL2* promoter (Fig. 2D; $P = 0.007$). These changes were reversed by siRNA mediated knock-down of DNMT3a (Fig. 2C and D).

CREM α Mediates Reduced CpG-DNA Methylation of the *IL17A* Gene. We previously reported that CREM α trans-activates the *IL17A* proximal promoter in T cells from SLE patients (15). In the present study, we investigated whether CREM α mediates epigenetic modifications to the *IL17A* promoter during T-cell differentiation. We overexpressed either CREM α or DNMT3a in primary human T cells from controls and determined *IL17A* mRNA expression and *IL17A* promoter methylation. Because *IL17A* is expressed at relatively low levels in T cells, forced expression of DNMT3a did not result in a significant reduction of *IL17A* mRNA expression (Fig. 2E). However, the degree of CpG-DNA methylation from an MI of 79.45 was increased to almost 100% (Fig. 2F). Forced expression of CREM α resulted in a significant increase of *IL17A* mRNA expression ($P = 0.002$; Fig. 2E). It is noteworthy that CREM α mediates a reduction of *IL17A* promoter CpG-DNA methylation (MI: 79.4 vs. 51.7%; $P = 0.03$; Fig. 2F). Cotransfection of Jurkat T cells with CREM α and DNMT3a siRNA did not alter the effects of CREM α on *IL17A* (Fig. 2G and H).

CREM Promoter P1 Activity Is Controlled by CpG-DNA Methylation That Allows CREM α Expression in Effector Memory CD4⁺ Cells. To investigate CpG-DNA methylation of the human *CREM* promoter P1, we defined one region of interest based on bioinformatic approaches. We determined 32 CpG sequences within the proximal 500 bp of the human *CREM* promoter P1 and asked whether CpG-DNA methylation of this region affects promoter activity (Fig. S1C). Enzymatic methylation of *CREM* P1 reporter constructs resulted in distinctly down-regulated promoter activity, whereas activity of the empty control reporter was not affected (Fig. 3A). Forced expression of DNMT3a in primary human T cells resulted in a reduction of CREM α mRNA expression (Fig. 3B). Thus our data suggest a role for DNA methylation in the regulation of CREM α expression.

Naive, central memory, and effector memory CD4⁺ T cells exhibit distinct cytokine expression patterns. Because the *IL2* and *IL17A* expression of effector memory CD4⁺ T cells share similarities with T cells from SLE patients, we asked whether CREM α also plays a role in lineage determination of CD4⁺ T cells under physiologic conditions. Thus, we determined CREM α mRNA expression and *CREM* promoter methylation in naive, central

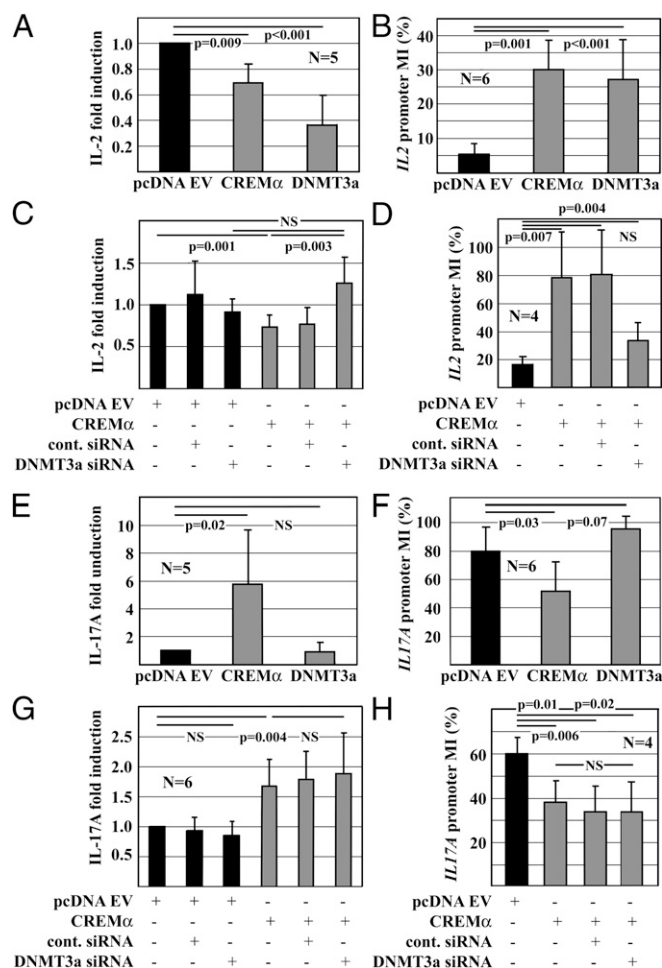


Fig. 2. CREM α controls *IL2* and *IL17A* expression on the epigenetic level. (A) *IL2* mRNA expression in primary human T cells 24 h after transfection with empty pcDNA3.1, CREM α , or DNMT3a expression plasmids. CREM α or DNMT3a mediate reduced *IL2* expression (mean \pm SD). (B) CpG-DNA methylation (MI) of the *IL2* promoter of primary human T cells 24 h after transfection. T cells that were transfected with pcDNA3.1 empty vector exhibited lower *IL2* promoter methylation (MI: 5.8) compared with CREM α (MI: 30.1; $P = 0.001$) or DNMT3a (MI: 27.1; $P < 0.001$). (C) Jurkat T cells were cotransfected with pcDNA3.1 or CREM α and control siRNA or DNMT3a siRNA. Twenty-four hours after transfection, CREM α overexpression resulted in a significant reduction of *IL2* mRNA expression (lane 4; $P = 0.001$). Knock-down of DNMT3a reversed these effects (lane 6; $P = 0.003$). (D) Jurkat T cells were cotransfected with pcDNA3.1 or CREM α and control siRNA or DNMT3a siRNA and harvested after 24 h. CREM α resulted in increased *IL2* promoter methylation (MI: 16.4 vs. 78.3; $P = 0.007$). DNMT3a knock-down reversed these effects (MI: 33.8%). (E) *IL17A* expression in primary human T cells 24 h after transfection with pcDNA3.1, CREM α , or DNMT3a. CREM α resulted in increased *IL17A* mRNA expression ($P = 0.002$), whereas DNMT3a did not show an effect. (F) CpG-DNA MI of the *IL17A* promoter was assessed 24 h after transfection with pcDNA3.1, CREM α , or DNMT3a. T cells that were transfected with pcDNA3.1 exhibited higher MIs (MI: 79.4) compared with cells transfected with CREM α (MI: 51.7; $P = 0.03$). DNMT3a resulted in complete methylation of the *IL17A* promoter (MI: 95.4; $P = 0.07$). (G) Jurkat T cells were cotransfected with pcDNA3.1 or CREM α and control siRNA or DNMT3a siRNA and harvested after 24 h. CREM α resulted in an increase of *IL17A* mRNA expression (lane 4; $P = 0.004$). Knock-down of DNMT3a in combination with CREM α overexpression did not bring on additional effects (lane 6). (H) Jurkat T cells were cotransfected with pcDNA3.1 or CREM α and control siRNA or DNMT3a siRNA and harvested after 24 h. CREM α resulted in reduced *IL17A* promoter methylation (MI: 59.8 vs. 38.2; $P = 0.006$). DNMT3a knock-down did not have additional effects.

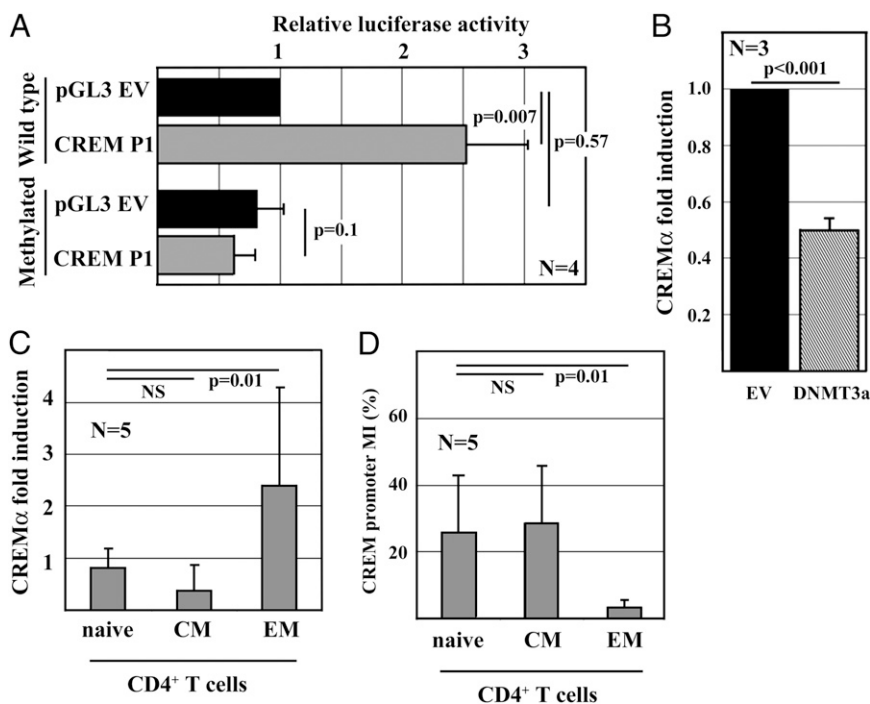


Fig. 3. CREM α mRNA expression and promoter methylation in CD4⁺ T cells. (A) pGL3-basic and CREM P1 reporter plasmids were methylated. Promoter activities of the unmethylated and the methylated reporters were assessed in primary human T cells (mean \pm SD). (B) T cells were transfected with pcDNA3.1 or DNMT3a. DNMT3a resulted in reduced CREM α mRNA expression ($P < 0.001$). (C) CREM α mRNA expression in naive, central memory (CM) and effector memory (EM) CD4⁺ T cells in response to stimulation with anti-CD3 and anti-CD28 antibodies (mean \pm SD). (D) CpG-DNA methylation (MI) of the CREM promoter P1 in CD4⁺ T cells (mean \pm SD).

memory, and effector memory CD4⁺ T cells (Fig. 3 C and D). CREM α expression correlates with both IL-2 and IL-17A expression in a contrary fashion. Low CREM α expression levels in naive and central memory CD4⁺ T cells are associated with high IL-2 but low IL-17A mRNA expression. Conversely, CREM α is expressed by effector memory CD4⁺ T cells that express IL-17A but fail to produce IL-2. Together with the data presented here documenting functional interactions between CREM α with DNMT3a, this failure suggests an involvement of CREM α in the differentiation and lineage commitment of effector memory CD4⁺ T cells.

CpG-DNA Methylation and mRNA Expression of CREM, IL2, and IL17A of SLE T Cells Reflect the Effector Memory CD4⁺ T-Cell Phenotype.

Although CREM α is overexpressed in T cells from SLE patients compared with healthy controls (10, 13, 18), it remains unknown whether CREM α mRNA expression reflects SLE disease activity as measured by the systemic lupus erythematosus disease activity index (SLEDAI). Thus, we examined the mRNA expression of CREM α , IL-2 and IL-17A, and CpG-DNA methylation of the promoters of CREM, IL2, and IL17A in T cells from SLE patients with active (SLEDAI: 8–14) and inactive (SLEDAI: 0–4) disease vs. age-, sex-, and ethnicity-matched healthy controls (Table S1). Because patients with RA produce increased levels of proinflammatory cytokines, including IL-2 (5, 19, 20), we included T cells from RA patients with active disease in our study (Table S2, Fig. S4).

CREM α . mRNA is expressed by T cells from SLE patients at higher levels compared with healthy controls (Fig. 4A) and patients with RA (Fig. S4) following a disease activity-dependent trend (Fig. 5A; SLEDAI 0–4: $P = 0.0046$; SLEDAI > 4: $P = 0.0055$). CREM α mRNA expression levels are associated with reciprocal CpG-DNA methylation patterns of the CREM promoter P1. T cells from healthy controls or from patients with RA exhibit higher CpG-DNA methylation levels compared with SLE patients in remission and with active disease following a trend that reflects disease activity (Fig. 4B; SLEDAI 0–4: $P = 0.0005$; Fig. S4B; SLEDAI > 4: $P < 0.0001$).

IL-2. mRNA is expressed by T cells from SLE patients at lower levels compared with healthy controls and patients with RA. IL-2 mRNA expression follows a trend that reflects disease activity with lower IL-2 expression in patients with higher SLEDAI scores (Fig. 4C; SLEDAI 0–4: $P = 0.0472$; Fig. S4C; SLEDAI > 4: $P = 0.0047$). IL-2

mRNA expression levels are associated with reciprocal CpG-DNA methylation patterns of the IL2 proximal promoter. T cells from healthy controls, patients with RA, and SLE patients in remission exhibit comparable CpG-DNA methylation levels, whereas patients with active disease exhibit significantly more CpG-DNA methylation (Fig. 4D; SLEDAI 0–4: Fig. S4D; NS; SLEDAI > 4: $P < 0.0001$).

T cells from SLE patients with active disease express significantly more IL-17A mRNA compared with SLE patients in remission, RA patients, and healthy controls (Fig. S4E; SLEDAI 0–4: NS; SLEDAI > 4: $P = 0.004$). The degree of CpG-DNA methylation of the IL17A proximal promoter is reduced in T cells from all SLE patients compared with healthy controls and RA patients (Fig. 4F; SLEDAI 0–4: $P = 0.0002$; Fig. S4F; SLEDAI > 4: $P = 0.0002$).

Effector Memory CD4⁺ T Cells Are Enriched in SLE Patients. CREM α is involved in chromatin remodeling during lineage determination in CD4⁺ T cells from healthy controls, and T cells from SLE patients fail to express IL-2 while overexpressing IL-17A. Thus, we asked whether SLE patients present an enrichment of effector memory phenotypes in their CD4⁺ T-cell repertoire compared with healthy controls. Twelve SLE patients with varying disease activity and healthy controls were screened for the relative frequency of effector memory T cells within the CD4⁺ T-cell fraction. Naive CD4⁺ T cells were defined as CD3⁺CD45RA⁺CCR7⁺, central memory as CD3⁺CD45RA⁺CCR7⁺, and effector memory as CD3⁺CD45RA⁺CCR7⁺. Because effector memory CD4⁺ T cells were enriched in SLE patients ($P = 0.05$) (Fig. 5), we propose a potential role for CREM α in chromatin remodeling of IL2 and IL17A and an enrichment of effector memory CD4⁺ T cells in SLE patients.

Discussion

In this report, we provide evidence that CREM α mediates epigenetic remodeling of IL2 and IL17A during CD4⁺ T-cell differentiation toward central and effector memory CD4⁺ T phenotypes through interaction with DNMT3a. We demonstrate that the CREM proximal promoter undergoes epigenetic remodeling that regulates gene expression in health and disease.

IL-2 plays a key role during T-cell activation and proliferation in vivo and in vitro, but also exerts immune-regulatory functions. IL-2 or IL-2 receptor-deficient mice develop lymphoproliferative

methylation of the *IL2* promoter is comparable in T cells from patients in remission or controls but significantly reduced in T cells from active patients. The *IL17A* promoter is demethylated in T cells from patients with active or inactive disease. These findings may reflect dose-dependent effects of CREM α on both the *IL2* and *IL17A* promoters. Data from our group suggest that CREM α could primarily mediate *trans*-activating effects on the *IL2* promoter at low levels and epigenetic remodeling in active disease (8, 12, 16, 17). In the case of *IL17A*, CREM α could mediate active demethylation or inhibit (re)methylation of the promoter, whereas higher doses may be necessary for transactivation (15).

Although we achieved further insight on the involvement of CREM α in some of the molecular mechanisms that contribute to the T-cell phenotype of SLE, a number of questions remain: (i) Is CREM α responsible for the recruitment of mediators that actively demethylate CpG-DNA or does CREM α inhibit the remethylation of the *IL17A* promoter remains to be elucidated? Also, the question of how CREM α mediates antithetic effects on *IL2* and *IL17A* has not been sufficiently answered. The recruitment or colocalization with transcription factors that allow epigenetic remodeling of one gene and the inhibition of transcription factor binding at the other gene may explain diametric effects on chromatin conformation. (ii) Although increased IL-17A expression is a hallmark of T cells from SLE patients, it is not unique to this autoimmune disease. Increased expression of IL-17A from T cells has been demonstrated in other autoimmune disorders, including RA. However, in RA, increased expression of IL-17A is accompanied by unaltered IL-2 mRNA expression (19). In agreement with this, we determined reduced CpG-DNA methylation of the *IL17A* promoter but unaltered *IL2* promoter methylation in T cells from patients with RA. This could be a reflection of diverse pathomechanisms in SLE and RA. The up-regulation of IL-17A together with unaltered IL-2 expression in RA could be a result of increased Stat3 activation through IL-6 or attenuated IL-23 receptor signaling in the absence of increased CREM α expression

(20). (iii) We document a mechanism that contributes to T-cell lineage determination and an enrichment of effector memory phenotypes in SLE. However, additional CD4⁺ cell subsets display impaired CpG-DNA methylation patterns in SLE patients. So-called "senescent" T cells are enriched in the elderly and in patients with autoimmune disorders and are characterized by CpG-DNA hypomethylation, reduced CD28 surface expression, and a significant shortening of telomere DNA (30). Recently, Chen et al. (2009) demonstrated that senescent CD4⁺CD28⁺ T cells express genes that are usually suppressed by CpG-DNA methylation in "regular" CD4⁺ T cells, including killer cell Ig-like receptors (KIR), perforin, and the signaling molecule CD70 (31). The activation of these genes contributes to autoimmune phenomena in SLE and other disorders (5, 31). The question of whether premature immune-senescence in SLE and the enrichment of effector memory phenotypes are mechanistically linked remains speculative and warrants further studies.

Conclusions

We provide evidence for the involvement of CREM α in CD4⁺ cell homeostasis by its contribution to the priming of effector memory CD4⁺ T cells. CREM α expression is regulated on the epigenetic level by CpG-DNA methylation of the *CREM* promoter P1. Increased CREM α expression mediates (i) epigenetic remodeling of *IL2* through DNMT3a recruitment, resulting in increased DNA methylation, and (ii) *trans*-activation and demethylation of the *IL17A* promoter. Altered IL-2/IL-17A expression reflecting effector memory T-cell phenotypes is a hallmark of autoimmune disorders, including SLE. This makes CREM α not only an interesting biomarker for disease activity in SLE, but also a potential candidate for future target-directed treatment.

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