



## FACULTY RANK

Assistant Professor

## EDUCATION

PhD in Nursing,  
University of Cincinnati  
MSN, University of Cincinnati  
BSN, Beara College

## RESEARCH INTERESTS

Mobile technology health promotion  
Community participatory research  
Social determinants of minority health

## CONTACT INFORMATION

UAB School of Nursing  
Center for Nursing Research  
1701 University Blvd, NB344  
Birmingham, AL, 35294  
205-934-5482  
E-mail Address: [enahcc@uab.edu](mailto:enahcc@uab.edu)

# Comfort Enah

PhD, RN

Dr. Enah has focused her research on the development of theory-based, culturally-sensitive interventions directed toward rural minority adolescent populations at risk for contracting HIV and STDs. Her interest in the study of sexual risk behaviors among adolescents and the development of HIV risk reduction interventions stems from her roots in Cameroon Africa where she was exposed to similar rural populations. In the US, the number of new cases of HIV/AIDS among adolescents is rapidly increasing and it is important that effective prevention interventions are developed to target young adolescents prior to their becoming sexually active.

Electronic gaming interventions hold promise as a developmentally appropriate tool with young adolescents. However, research involving the use of such strategies in HIV prevention is quite limited. Dr. Enah's current project is in the development of a proof of concept prototype for an individually tailored electronic HIV prevention adventure game for young African American adolescents.

Looking ahead, Dr. Enah will be pursuing external funding for testing the efficacy of her developed gaming intervention and to advance efforts in intervention development and testing aimed at risk reduction among adolescents in other rural contexts in the US and Internationally.