



The UAB School of Nursing

March 2009

## Announcements

**Dr. Dale Benos  
Scientific Writing Seminar**  
March 19 & 26, 11:00-1:00  
CNR GO27  
RSVP to Sherry Pigford  
996-7097 or [spigford@uab.edu](mailto:spigford@uab.edu)

**Dr. Andres Azuero  
Stats Rounds**  
"Longitudinal analysis  
of continuous outcomes  
using linear mixed  
models"  
March 25, 11:00-12:00  
CNR GO20

## Coming June 18th!



## CNR Mission Statement

As a Center for Nursing Research in a Research I University, the mission of the CNR is to initiate, innovate, facilitate and support the development, implementation & evaluation of nursing & healthcare research that can improve the health, well-being and quality of life of individuals, families and communities.



## Appel Gets President's Award for Excellence in Teaching



Dr. Susan Appel, Associate Professor, University of Alabama School of Nursing at UAB, was awarded the 2009 President's Award for Excellence in Teaching at the Faculty Awards Convocation in the Sirote Theatre of the Alys Stephens Center.

Nominated by SON students and UAB clinical staff, Dr. Appel, has been a member of the SON faculty since 2003.

The President's Award for Excellence in Teaching recognizes full-time regular faculty members of the University of Alabama at Birmingham who have demonstrated exceptional accomplishments in teaching. Some of recent past recipients have been Dr. Rebecca Greenwood, Dr. Jill Ross, Dr. Wendy DiMicco, Dr. Linda Miers, Dr. Kathleen Brown, and Dr. Anne Williams.

The awards are based solely on outstanding accomplishments in teaching, as demonstrated by any or all of the following criteria: broad, thorough knowledge of the subject area and the ability to effectively convey difficult concepts to students; exem-

plary classroom instruction as evidenced by student and peer evaluations; fairness, open-mindedness, and accessibility to students in and out of the classroom setting; an objective, analytical approach to information; clear portrayal of conceptual interrelationships; intellectually stimulating classroom presentations; the ability to inspire and mentor students through research activities, special projects, and publication of their work; effective use of innovative teaching methods and assurance that his/her courses stay abreast of current theory and technology; promotion of ethical and professional values and behavior among students; and the ability to infuse students with a commitment to life-long learning and professional development.

The President's Awards for Excellence in Teaching were established by former UAB president Charles A. McCallum in 1990 to recognize exceptional accomplishments in teaching. Recipients are chosen from each of the twelve schools and the Joint Health Sciences Departments. Each honored faculty member receives a cash award and a Steuben apple to symbolize his or her achievement.



## From the Desk of Karen Meneses

Last week the SON faculty and staff were sent an email request to participate in a survey assessing the staff and services of the CNR. If you have not done so already, please take a few minutes to complete the survey. Your honest feedback is an essential component for us to effectively serve you and your research and scholarship needs.

Additionally, we ask for your continued input to provide us with updates, announcements, news, and events. So do let us know if you have any news to share!



*Karen Meneses*

# Update on the Leadership & Education in Child Health Nursing Program



The United States faces a critical shortage of Child Health Nursing faculty who possess the skills to become leaders in child health nursing education, research, and advocacy. This shortage comes at a time when the U.S. is also facing increasing rates of child-onset adult conditions and comorbidities and decreasing numbers of child-health nursing providers. Put another way, we need more child-health nurses but have fewer people to train them.

To address this shortage, the University of Alabama at Birmingham School of Nursing developed a Child Health Nursing training program that was funded by the federal Maternal Child Health Bureau. The Leadership Education in Child-Health Nursing (LECHN) program augments the existing PhD program in nursing by offering CHN courses in theories and concepts and emerging issues, interdisciplinary courses in maternal-child health programs and policies and grant writing, and experiential activities. The LECHN team is headed by Anne Turner-Henson, DSN, Project Director, with Marti Rice and Glenda Smith serving as faculty, Dan Murphy as the Instructional Design Manager, and Corrie Paeglow as the Project Manager.

LECHN's goal is to increase the number of PhD prepared faculty in child health in order to educate the next generation of nurses, conduct cutting edge research, and advocate for the health and well-being of children and their families. Faculty will go on to train others to provide culturally sensitive, family-centered, evidenced-based care for children and families.

The LECHN program got off to a great start, with 5 PhD students participating for the 2008-2009 academic year. The fellows are Betsy Gulledge, Cindy Irwin Joiner, Thuy Lam, Michele Montgomery and Jeannie Rodriguez.

## LECHN Fellows



### Betsy Gulledge

**Research Interests: Childhood obesity, physical inactivity and self-concept**

"The camaraderie and collaboration of other LECHN fellows has added to the richness of my educational experience at UAB. I feel as if my knowledge base has dramatically increased, as has my ability to incorporate concepts learned within the classroom into the research environment."

### Michele Montgomery

**Research Interests: Childhood cancer survivorship, bio-behavioral aspects and quality of life**

"I plan to assume a faculty position in child health nursing upon graduation and plan to build a program of research in this area. I felt this fellowship would build my knowledge base and research skills in the area of children's health."



### Thuy Lam

**Research Interests: Childhood obesity, depressive symptoms and stress**

"I have a strong desire to build my knowledge base and educate student nurses about current issues affecting children's health. I encourage students who are interested in expanding educational and professional development in CHN to seek out the LECHN traineeship program."

### Jeannie Rodriguez

**Research Interests: Internationally adopted children, growth and iron deficiency**

"The LECHN program has given me the opportunity to network with others with similar interests in nursing and other disciplines. LECHN has offered opportunities above and beyond the typical PhD program offered at UAB."



### Cynthia Irwin Joiner

**Research Interests: Preschool childhood obesity and environmental factors**

"My career goal is to have a CHN nursing faculty position and continue my research. The LECHN program offers a wonderful opportunity to network with others who share a passion for environmental factors in child health."

## Getting to Know-Amy Cauble, Program Coordinator II



**Tell me about your job.** My role here in the SON Dean's Office is to provide HR support to the SON. Karen and I work as a team to provide HR support and assistance to all faculty and staff within the school.

**Where did you go to school?** I attended the University of Alabama and earned my Bachelor's degree in Human Development and Family Studies.

**Do you have any pets?** I have two Chihuahuas, Daisy and Sara. They are like my children. I also have a cat named Trouble. I have a very special place in my heart for Daisy, Sara, and Trouble.

**Tell me about your family.** I have been

married to my husband, Brian, for 7 years. We live in Trussville. I am especially close to my mother and my in-laws. They are like second parents to me. I am very blessed to have such a wonderful husband and family.

**Who has had the greatest influence on your life?** My husband. He knows me like no one else, and he pushes me when I need to be pushed. He truly believes in me and constantly reminds me not to sell myself short. He is a compassionate man, a great leader, a wonderful teacher, and my best friend. He has helped to shape the person I am today.

**Do you have a personal motto?** I always try to put myself in other people's shoes, so I guess my motto would be to always try to understand what someone else might be facing.

**Are you a sports fan?** I love sports! My husband is a huge Auburn fan, and I am an Alabama fan even though I pull

for Auburn in every game except for the Iron Bowl. I try to be a good sport, but I bleed crimson and white. I also love basketball, golf, and baseball.

**Do you have any hobbies?** I like to exercise when I can. I also enjoy hiking, reading, baking, and going to the movies. I love to snuggle up in a blanket with a piece a chocolate in one hand and a Coke in the other.

**Where is your favorite vacation spot?** The beach—I love the sound of the waves crashing onto the sand, the experience of collecting seashells, and relaxing on the beach.

**What are your favorite movies?** *Little Miss Sunshine* and *Steel Magnolias*

**Is there anything else you would like us to know about you?** I feel that I am a very compassionate, friendly, and good person.

## Trissi Gray- Grants Corner

Preparing to submit a grant application may be stressful in the midst of teaching, practice, and meetings. Therefore, the Center for Nursing Research and Scholarship is committed to assisting faculty by providing resources to ensure a successful transmittal. Once you have identified your research team of collaborators and you are ready to submit, here are some procedural guidelines that will assist you during your submission:

1. Contact your department chair to discuss your proposed grant proposal.
2. Send a Notice of Intent to Submit form to Trissi Gray, this form will circulate, for approval, to your department chair, the Associate Deans for Research and Academic Affairs, the Director of Fiscal and

Administrative Affairs, and the Dean.

3. An initial planning meeting will be scheduled with the PI, Associate Dean for Research, Department Chair, and CNR Program Manager.
4. At this meeting, the PI will be given a grant submission deadline date timeline to assist them in meeting the university and the School of Nursing policies and procedures for submitting grant applications.
5. Final applications are successfully transmitted to the granting agency 2 business days prior to submission deadline date.

It is my hope that this month's column has provided you with helpful hints to ensure a successful submission of your next grant application.



## CNR Services & Staff

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Statistical consultation

### Grant Management

Post award management  
Hiring personnel  
Budget forecasting

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