



Announcements

Dr. Andres Azuero
"A gentle approach to handling missing data"
October 14, 2009, 11-12
CNR G020

Dr. David Vance
"Project management in HIV research"
October 30, 2009, 12-1
CNR G020

Frank Wisner, MPA
"Everything you wanted to know about research funding"
November 4, 2009, 12-1
CNR G020

CNR Mission Statement
As a Center for Nursing Research in a Research I University, the mission of the CNR is to initiate, innovate, facilitate and support the development, implementation & evaluation of nursing & healthcare research that can improve the health, well-being and quality of life of individuals, families and communities.



Carol Dashiff Starts Work on Her New R21

Dr. Carol Dashiff was recently awarded an Exploratory/Developmental Grant (R21) from NIH-NINR for a 2 year study entitled "Multifamily Group Autonomy Support Psychoeducation for Parents and Middle Adolescent with Type 1 Diabetes"



The new R21 will refine, pilot, and assess the feasibility of a joint parent and adolescent (ages 15-17) psychoeducational multifamily group Autonomy Support Program to facilitate adolescent self-management of Type 1 diabetes and diabetes control in the transition from middle to late adolescence.

Dr. Dashiff's program of research centers on the family as a context for promoting the development and health of children, adolescents, and adults, es-

pecially with respect to the development of autonomy, self-care, and health.

Building on research of parenting and family influences on competence of young children with developmental disabilities and self-care abilities children with chronic conditions, Dr. Dashiff has examined family influences of adolescents with chronic illness, particularly Type 1 diabetes mellitus. Drawing from findings from her previous studies, Dr. Dashiff has data to support the need for the development of a psychoeducational intervention with both parents to foster mutual support and coordination of parenting, to help parents, especially mothers, manage anxiety about separation, and to educate parents in the recognition, practice and use of autonomy supportive communication approaches to foster adolescent cognitive autonomy development in relation to effective adolescent diabetes self-management.

Dr. Dashiff anticipates that results from the R21 study will provide data needed to plan a larger more definitive randomized trial on the effect of a parent-adolescent multifamily group psychoeducational intervention to promote adolescent autonomous motivation, cognitive autonomy, and competence for effective diabetes self-management and metabolic control framework.

CNR Grant Corner with Frank Wisner

If you have any questions about cost-sharing or other grant related activities, feel free to contact Frank via email, fwisner@uab.edu or phone, 205-934-0985



Cost Sharing and its Impact on the SON & UAB

What is Cost Sharing, and Why Does it Matter?

Projects and programs at UAB are funded jointly by sponsoring agencies and the university. Cost sharing, or matching, refers to the portion of costs *not* supported by the sponsoring agency—in other words, all contributions, including cash and in-kind, that UAB SON makes to an awarded project.

Cost sharing on sponsored research projects impacts UAB SON because it is included in the calculation of the Facilities and Administrative (F&A) rate. An increase in organized research direct cost means a decrease in UAB's F&A rate, and consequently a reduction of indirect cost returned to SON by the university.

The School of Nursing (SON) Cost Sharing Policy

It is SON policy that no proposals contain cost sharing unless explicitly required by sponsor guidelines, is strongly encouraged, or has been historically provided (i.e. HRSA). Cost share requests outside of these parameters will be reviewed on a case-by-case basis and must receive approval from the SON Dean.

Cost Sharing Examples

When I prepared my proposal, I requested to be compensated for 10% of my time, but I also committed 15% of my Research/Scholarship/Service (RSS) time, for a total commitment of 25%. What happens to this RSS time in the future if I am awarded?

In this example, the individual's portion of salary equivalent to that % effort not in the budget, in addition to the fringe benefits and indirect costs associated with those costs, would be considered mandatory cost sharing if awarded, although provided voluntarily. The RSS time of 15% out of the allotted 20% is now committed and cannot be used for any other project, which leaves only 5% RSS per year, provided cost share for each year is at the same level.

What happens when I have incurred cost overruns (more expenses incurred than the agency awarded) on my project?

If the cost overruns consist of allowable costs and occurred because insufficient funds were awarded, then the overrun should be treated as cost sharing and be paid through departmental funds.

If a faculty member cost shares effort that occurs after working 40 hours, does this need to be recorded as cost sharing?

Yes, this would be considered cost sharing. However, full time equivalent (FTE) for faculty effort is not defined in terms of a 40-hour workweek. A faculty FTE is defined as 100% effort, or the total effort performed during a defined work period, regardless of the number of hours worked.

Recent Grant Activity

FUNDED

NIH Grant

Dr. Carol Dashiff (R21), "*Multifamily Group Autonomy Support Psychoeducation for Patents and Middle Adolescents*"

HRSA Grant

Dr. Elizabeth Stullenbarger, "*Culturally Competent Alabama Clinical Nurse Leaders*"

Federal VA Grant

Dr. Doreen Harper & Dr. Myra Smith (MPI), "*Veterans Administration Nursing Academy: Enhancing Academic Partnerships*"

Submitted

NIH Grant

Dr. Lynda Wilson (R21), "*A Culturally Adapted Intervention for Rural Immigrant Latino Parents and Teens*"

UAB Internal Grants-Charles Barkley Health Disparities Research Pilot Grants 2009

Dr. Susan Appel, "*Telehealth - Diabetes Management Among Rural African American Women*"

Dr. Carol Ann Long, "*Power, Sexual Pressure, and Condom Use in Black Women: An Exploratory Study*"

Dr. David Vance, "*Feasibility of Speed of Processing Training in African Americans with HIV*"



Update on the EANS Project

The University of Alabama at Birmingham School of Nursing held the first High School Summer Camp for the Enrichment for Academic Nursing Success (EANS) Program from June 14-17. EANS is a HRSA-funded program that was awarded to increase the number of minority and disadvantaged students entering and matriculating into accredited nursing programs. The 2009 Summer Camp included 13 students from the three participating schools: George Washington Carver High School, Birmingham; Collinsville High School, DeKalb County; and Wilcox Central High School, Wilcox County. Students attending the summer camp participate in enrichment program activities throughout the school year.

Day 1 of camp was introduced students to the nursing profession and health care issues in the state of Alabama. As part of an overview of the history of nursing, participants had the opportunity to view the Florence Nightingale Letters at the Lister Hill Library. Another highlight of Day 1 was an RN shadowing experience at the University of Alabama Hospital. Students shadowed BSN staff in the coronary intensive care unit, emergency room, labor and delivery, and medical surgical units.

Day 2 continued with two UAB School of Nursing faculty mem-

bers sharing their diverse journeys from entry into practice to completing their PhD, showing students how advanced education can be an obtainable goal. Day 2 also included a CPR practice session in the Simulation and a cultural trip to the Vulcan Museum Park.

The final day focused on preparing for college, including an overview of college admission criteria, the rigor of college education, and success strategies. Finally, students were asked to evaluate their involvement with the program over the past 6 months, and they completed a personal strength, weakness, opportunity, and threat (SWOT) analysis. Data from these tools will be used to improve on and expand future summer workshops.



Getting to Know-Irene Tami-Maury, DMD, MSC



Irene Tami-Maury, Program Coordinator for International Affairs, DMD, MSC, Doctoral Candidate in the School of Public Health
Tell me a little bit about your job.

I have the pleasure of helping with

many of the exciting international programs within the School of Nursing, including the World Health Organization/Pan American Health Organization Collaborating Center on International Nursing.

What did you do before coming to work at the SON?

I earned my DMD in 1994 and my MS in 1999 from the Universidad Central de Venezuela, in Caracas, Venezuela. In 1997, I started my career as an Instructor in the School of Dentistry at the Universidad Central de Venezuela, and later as an Assistant Professor at the Universidad Santa Maria, where I was also

appointed as the Director of the HIV Dental Unit. I am a former Fulbright scholar and a doctoral candidate in the School of Public Health, with a focus on epidemiology and international health.

Where did you grow up?

I was born and raised in Caracas, Venezuela.

Tell me about your family.

I live here in Birmingham with my 8-year-old son. He is my unconditional love and best friend. I left in Venezuela my mother, who is a hematologist and immunologist researcher; my oldest brother, who is a doctor of veterinary medicine; and my younger brother, who is a lawyer. My father, a lawyer as well, unfortunately passed away several years ago.

Have you ever met anyone famous?

I had the opportunity to personally meet the Secretary General of the Organization of American States (OAS), José Miguel Insulza, while I was doing my internship in the Pan American Health Organization in summer 2007.

I almost forgot—I also met Cyndi Lauper before her concert in Caracas, Venezuela!

Who has had the greatest influence on your life?

My mother has been a big influence. As a researcher herself, she has had such a positive influence on my life, setting me in the right direction to be “doing what I love and loving what I do.”

What is your favorite book?

Inés del Alma Mia (Inés of my Soul), by Isabel Allende, about a 16th-century Spanish woman who sailed to Peru and trekked south with the expedition that claimed vast lands of South America for the Spanish empire.

What is your all-time favorite movie?

My favorite movie is *Life is Beautiful (La Vita è Bella)*, an Italian film directed by Roberto Benigni. And, of course, *Shrek*.

Is there anything else that you would like to share with us?

I want to thank all faculty and staff members who make me feel so welcome in the SON.

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