School of Health Professions Minor in Nutrition Sciences

You need an advantage. You need to stand out. Healthcare is the fastest growing field today. You can step up above the competition with a Minor in Nutrition Sciences.
Gain an edge in health education, nursing, public health, medical research and community health. You will learn from internationally renowned experts and have access to nationally ranked programs. But most importantly, in a crowded field of candidates you will stand apart. The Minor in Nutrition Sciences is an exciting new option for students interested in the science and application of nutrition and who may be working in health-related professions.

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<th>Required Courses</th>
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<td><strong>Total Credit 21 hours</strong></td>
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**NTR 222 Nutrition and Health**  
Introduction to nutrition principles that promote wellness and prevent chronic disease.  
3.0 credit hours / Spring, Summer, Fall

**NTR 232 Lifecycle Nutrition**  
Learn the role of nutrition in growth, development and health maintenance throughout human life cycle.  
3.0 credit hours / Spring / Prerequisites: NTR 222

**NTR 320 Nutrition and the Consumer**  
Study contemporary topics such as dietary supplements, food additives, food safety, genetically modified foods and integrative medicine plus how to communicate with consumers.  
3.0 credit hours / Fall / Prerequisites: NTR 222

**NTR 330 Nutrition and Metabolism**  
Look at metabolism and functions of nutrients; biosynthesis of vitamins and co-factors, nutritional challenges & diseases.  
3.0 credit hours / Summer / Prerequisites: NTR 222

**NTR 420 Nutritional Genetics**  
Find out how behavioral practices, environment and genetic makeup interact and influence preference and response to food.  
3.0 credit hours / Fall / Prerequisites: NTR 222

**NTR 421 Nutrition Assessment and the Nutrition Care Process**  
Learn various methods used for nutritional assessment and an in-depth review of the Nutrition Care Process  
3.0 credit hours / Spring / Prerequisites: NTR 222

**Elective Course (3.0 credit hours)**

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**INTERESTED? CONTACT US!**

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205-934-7474 | bkitchin@uab.edu

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UAB is committed to providing an accessible learning experience for all students. If you are a student with a disability that qualifies under Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act, and you require accommodations, please contact Disability Support Services for information on accommodations, registration and procedures. Call 205 934-4205 or visit uab.edu/dss.