



OFF-CAMPUS STUDENT
& FAMILY ENGAGEMENT

The University of Alabama at Birmingham

Dear Blazer Family Member,

Welcome to our UAB family! As a Health Promoting University, UAB is dedicated to partnering with families to help our students integrate into our campus community, achieve academic success and develop into professionals who are ready to face the world. We recognize that you play an integral role in helping your student make healthier choices and achieve their goals. For that reason, we want to empower you with tools so you can have important conversations with them about sensitive topics like alcohol and other drug use and interpersonal violence.

Negative experiences with substance use and interpersonal violence can unfavorably impact both the individual student and the campus community. Wellness Services, the Collegiate Recovery Community, and the Title IX Office have an intentional and comprehensive plan for educating students about alcohol and drug safety and interpersonal violence prevention.

Research suggests that families have a great impact on influencing their student's health behaviors, and we encourage you to join us in our current initiative to fully educate them on substance use and interpersonal violence. We hope you will use this booklet as a guide to starting those tough conversations and understanding all of the great resources we have for your student's wellbeing.

If you have questions about the material in this booklet or regarding the many resources we share, we invite you to reach out to UAB Off-Campus Student & Family Engagement at families@uab.edu or 205-975-0684.

Sincerely,

A handwritten signature in black ink that reads 'Meredith Kahl'.

Meredith Kahl

Director, Off-Campus Student and Family Engagement