Friday, Aug. 11
- You are responsible for arranging your own flight. Please make sure to get the earliest possible arrival time at San Jose Airport.
- Pack your bags with gear and snacks. Any additional expenses related to bags are at your own expense. (Including cost at ticket counter.)
- Land in San Jose, California, wait at the airport at a pre-discussed location until trip leaders pick up rental van and buy stove fuel.
- Drive to Yosemite National Park and stop at Mariposa Grove of Sequoias.
- Dinner out of your pack.
- Drive through the tunnel for the most photographed view of the valley floor.
- Camp out in a “hike in only” site in the Yosemite Valley. (Valley floor backpacker’s camp) (1 pack meal 2 restaurants)

Saturday, Aug. 12
- Boling water will be provided for breakfast.
- Take a day hike to the base of Yosemite Falls.
- Drive to Bridalveil falls, hike to the base.
- Drive to the tunnel view for photos.
- Drive to Glacier point. See the valley from above.
- Drive to trail head and begin Backpacking trip to Mono Meadow about 4 miles to backcountry site.
- After 1 mile take a short side hike to see Illilouette falls.
- Spend the night in a backcountry site. No restrooms, no water. (3 pack meals)

Sunday, Aug. 13
- Continue backpacking down the trail .
- See Nevada Falls on the Merced River.
- There is a chance for the “overly ambitious” to take an optional 7 mile day hike to the top of Half dome, if permits are available.
- Camp out at LYV designated backcountry camp site. (Includes water and pit toilets.) This will be a busy place. (3 pack meals)

Monday, Aug. 14
- Weather permitting, hike the Mist Trail past Nevada Falls and Vernal Falls.
- Exit the backcountry via Happy Isles trail head.
- Free afternoon in the valley, shower at Curry village, shop, tour, rest.
- Ride the free valley shuttle to anywhere in the valley
- Consider a bike rental, see the famous Awannee hotel.
- One trip leader will go to retrieve van.
- Groups dinner at a park restaurant at 6PM.
- Camp out in a “hike in only” site in the Yosemite Valley. (Valley floor backpacker’s camp) (2 pack meals)

Tuesday, Aug. 15
- Boling water will be provided for breakfast.
- Spend the morning exploring the valley floor.
- Take an optional hike to the top of Yosemite falls.
- Lunch at Curry village.
- Drive to Hetch Hetch Reservoir spend the night in Hetch Hetch Campgrounds (2 pack meals)

Wednesday, Aug. 16
- Drive to Tuolumne Meadows, take a day hike to Elizabeth Lake.
- Drive to Tioga Pass, and exit to Mono Lake, California.
- Drive to Whitney Portal, CA.
- Camp in a “Mid Country” campground at Whitney Portal. (2 pack meals)

Thursday, Aug. 17
- Drive 3 hours to Bad water in to Death Valley National Park.
- Tour Death Valley National Park.
- Drive 4 hours to Lake Isabella, CA KOA.
- Or drive 6.5 hours to Lake Kaweah Campgrounds near Three Rivers.
- Camp in one of these campgrounds. (2 pack meals)
Friday, Aug. 18
- Drive about 1 hour or 3.5 to Sequoia National Park.
- Tour Sequoia National Park and Kings Canyon National Park.
- Stay at a camp ground in or near Sequoia NP.

Saturday, Aug. 19
- Drive about 5 hours to KOA (650) 879-7302 in Pescadero, CA camp grounds outside of San Jose and spend the night. (1 pack meal).
- See the Light House and enjoy the beach for the day.

Sunday, Aug. 20
- Wake up early and eat breakfast at restaurant, drive to San Jose airport, return vans, and fly home.

*Meal amounts (how much to pack vs. how much to bring money for) will be discussed at the pre-trip meeting.*

Pre-trip meeting and deadline for sign-up, Wednesday Aug. 7 at 6:00pm in room 290 of the Campus Recreation
On that date, pick up equipment, packing list, and receive additional instructions.
Trip fee covers equipment and transportation.
Participants are responsible for all meals.
Any questions not answered at pre-trip meeting should be directed to:
Adventure Recreation Office 205-996-4913 or outdoor@uab.edu
and Dalton Williams 205-275-6937