Become a
Student Health & Wellness Center
Peer Educator!
Fall 2014 and/or Spring 2015

*No Health Education Experience Required*

*Enroll in HE 491 or HE 693 for Credit*
(There are NO pre-requisites for this course)

*You May Enroll for 1-6 Credit Hours*
(Expected Level of Participation will Vary Based on Credit Hours Enrolled)

*Class Meeting Time to Be Determined By Participants In The Course*

*Students enrolled in HE 491/693 will:*
  • Deliver health-related presentations to other UAB students.
  • Introduce UAB students to the programs and services offered by the NEW Student Health & Wellness Center (3rd Floor of Learning Resource Center).
  • Certified Peer Educator training will focus on leadership, ethics, presentation/facilitation skills, public speaking, and audience engagement.
  • Certified Peer Educators will gain a basic knowledge of college alcohol and other drug use prevention strategies and be trained to educate their UAB peers.
  • Professional skills may be gained through assistance with student focus groups and the collection of college health-related research data under faculty supervision.
  • Build your resume and professional skills in a peer-friendly environment.
  • Appear on camera and interview your peers about student health concerns!

*Opportunity open to all majors: health education, nursing, criminal justice, social work, sociology, psychology, journalism, business, communication, public health…if you are a UAB student you are welcome!!

*If you cannot participate for course credit but would like to volunteer you are welcome!!

*Are you required to complete a health-related internship for your degree program? This opportunity may satisfy your program requirements!!

*Inquiries regarding general questions, course enrollment, volunteer participation, and internship opportunities should be directed to:

Laura L. Forbes, PhD, MCHES
Associate Professor of Health Education
Project Director, Student Health & Wellness Center Peer Education and Outreach
UAB School of Education, Room 255, 975-5368 or ltalbott@uab.edu

NOTE: This course and volunteer opportunity are the result of a collaboration between the UAB Student Health & Wellness Center and the UAB Department of Human Studies.