Student Support Resource Packet

Student Health & Wellness

Student Health & Wellness Center (SHWC)
Health Services
• Acute & chronic care
• Women’s health
• Basic mental health evaluation & treatment
• Immunizations
• Minor emergency treatment
• No co-pay with VIVA student insurance

Address: 1714 9th Avenue South
Hours: Monday – Friday 8:00AM – 5:00PM
       Closed for Lunch 12:00PM – 1:00PM
Appointments by phone or via website:
(205) 934-3581
uab.edu/studenthealth
Student Health: Counseling

SHWC Counseling Services
Confidential and FREE!
- Individual and couples counseling
- Crisis counseling
- Group opportunities
- Educational resources
- Psychiatric services available

Address: 1714 9th Avenue South
Hours: Monday – Friday 8:00AM – 5:00PM
Closed for Lunch 12:00PM – 1:00PM
Appointment by phone or via website:
(205) 934-5816
uab.edu/studenthealth

Student Health: Women’s Advocacy

SHWC Women’s Advocacy & Counseling or Holley-Mears Women’s Center
- Personal or academic counseling
- Eating disorders
- Sexual harassment or assault
- Mental health

Address: SHWC 1714 9th Avenue South
HMWC 924 19th Street South Suite 150
Hours: Monday – Friday 8:00AM – 5:00PM
Closed for Lunch 12:00PM – 1:00PM
Appointment by phone or via website:
(205) 934-6946
uab.edu/studenthealth
Student Advocacy, Rights & Conduct

Office of Student Advocacy, Rights & Conduct (New HUC Location Coming in 2016)

- Case Management (Shawra Rainer)
  - Medical, psychological, financial, academic, etc. (provide referrals for long-term care)
  - Serve in consultation between students, faculty, staff, and families
  - Educate the community on relevant issues that students face
- Food pantry – Free food, toiletries, and school supplies
  - Always accepting donations! A list of suggestions can be found on their website.

Address: 1715 Building
1715 9th Avenue South
Hours: Monday – Friday 8:00AM – 5:00PM
Contact information: (205) 975-9509
sarc@uab.edu
Website: uab.edu/students/services/advocacy-rights-and-conduct

Optical Services

School of Optometry

- Performed by optometry students under direct supervision of faculty (ODs)
- Routine eye care and exams – covered under student VIVA Health insurance plan
- One co-pay per year waived
- ~$150 fee for contact fitting
- Contact fitting, contacts, lenses, and frames not included with VIVA student insurance

Address: Henry Peters Building (Next to LHL)
1716 University Blvd
Hours: Monday – Friday 8:00AM – 5:00PM
Appointment by phone: (205) 975-2020
Website: uab.edu/optometry/home/eyecare
Dental Services

School of Dentistry
- Performed by dental students under direct supervision of faculty (DMDs)
- Not covered under VIVA Health student plan
- Routine cleaning ~$40
- Patient start-up ~$80 (includes x-rays)
- Fillings, crowns, extractions, root canals, whitening, etc.
- Emergency services

Address: School of Dentistry
1919 7th Avenue South

Hours: Monday – Friday 8:00AM – 5:00PM
Appointment by phone: (205) 934-2700
Website: uab.edu/dentistry/home/

Academic Resources

Learning Resource Center
- Media center (includes Computer Commons)
- Classrooms, meeting rooms, and testing labs
- Reference books and clinical skills handbooks
- Physical assessment equipment for checkout
- Room and article reservations

Address: School of Health Professions (SHP)
1714 9th Avenue South, 3rd Floor

Hours: Monday – Thursday 7:00AM – 8:00PM
Friday 7:00AM – 5:30PM
Saturday – Sunday CLOSED
Reservations by phone: (205) 934-5146
Reservations by email: LRC-LRC@mail.ad.uab.edu
Website: uab.edu/lrc/
# Support Personnel

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Email</th>
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<tbody>
<tr>
<td>Andy Marsch</td>
<td>Ombudsman, Title IX Officer, Assistant VP of Student Life</td>
<td>(205) 934-4175</td>
<td><a href="mailto:marsch@uab.edu">marsch@uab.edu</a></td>
</tr>
<tr>
<td>Shawra Rainer</td>
<td>Graduate Case Management Specialist</td>
<td>(205) 975-9509</td>
<td><a href="mailto:srainer@uab.edu">srainer@uab.edu</a></td>
</tr>
<tr>
<td>Allison Solomon</td>
<td>Student Disability Support Specialist</td>
<td>(205) 934-4248</td>
<td><a href="mailto:asolomon@uab.edu">asolomon@uab.edu</a></td>
</tr>
<tr>
<td>Teresa Bragg</td>
<td>Research/Ethics Misconduct Hotline</td>
<td>(205) 934-5422</td>
<td><a href="mailto:teresabragg@uab.edu">teresabragg@uab.edu</a></td>
</tr>
<tr>
<td>Sally Mask</td>
<td>Senior Tax Advisor, 25+ years</td>
<td>(205) 945-1529</td>
<td><a href="mailto:sara.mask@tax.hrblock.com">sara.mask@tax.hrblock.com</a></td>
</tr>
<tr>
<td>Kyle Brawner</td>
<td>Student Support Liaison</td>
<td>(205) 934-2791</td>
<td><a href="mailto:kbrawner@uab.edu">kbrawner@uab.edu</a></td>
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