The mission of the Care Team Network (CTN) is to be a national training and resource center for the development of volunteer Care Teams for persons with health concerns or other special needs.

**Toll-free:** 877-614-9129  
**E-mail:** careteam@uab.edu  
**Web site:** www.careteam.org

**CONFERENCE LEADERS**

Kelly Ross-Davis, M.S., has been the Project Coordinator for The Care Team Network for six years. Kelly is one of the most experienced teachers on the “team approach to caring.” She has served as a Care Team Trainer, Leader, Coach, Team Member, and Care Team Friend.

Joe Elmore, M.Div. has worked with The Care Team Network since 1994. He serves as the Care Team Coordinator at Vestavia Hills United Methodist Church where the team approach has been utilized in countless ways. He is a passionate writer and has written many stories related to caring including his most recent experience as a Care Team Friend.

Carol Padgett, Ph.D. serves as a CTN Consultant bringing her expertise in Psychology and End-of-Life Care. As a Congregational Health Ministry Consultant, Carol has worked collaboratively with Parish Nurses throughout the state.

**REGISTRATION INFORMATION**

Participants may register by completing the information below. Mail form with your payment to the addresses below: Registration is also available online.

**Kelly Ross-Davis**  
188 Community Care Building  
908 S 20th Street  
Birmingham, AL 25294-2050

Phone: 205-975-9129  
Toll-free: 877-614-9129  
E-mail: KRD@uab.edu  
Register Online: www.careteam.org  
(Click “Upcoming LTCs,” “Birmingham,” “Register Online”)

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**Home Phone**  
**Work Phone**

| E-mail Address |

| Congregation or Organization Representing (if any) |

I would like to receive CE Credit as a:  
_____ RNs/LPN  
_____ Social Worker

**CARE TEAM LEADERSHIP TRAINING CONFERENCE**

Thursday and Friday,  
November 6-7, 2003  
Location  
South Highland Presbyterian Church  
Birmingham, AL

Sponsored by  
www.careteam.org
**Care Teams: Working together to share the care!**

**WHAT IS A CARE TEAM?**

A Care Team is a group of volunteers working together to provide practical, emotional, and spiritual support to individuals and families with special needs.

**WHAT DOES A CARE TEAM DO?**

A Care Team’s activities may include transportation to the doctor or grocery store, household or yard chores.

Some people enjoy running errands, preparing meals, or providing social outings. Others prefer to visit, make phone calls, or provide a break for caregivers.

Team members simply do what they enjoy doing for others, when they are able, in an organized way with a built-in support system.

**WHY ARE CARE TEAMS NEEDED?**

The number of persons with needs is increasing due to persons living longer with fewer resources. Improved medical treatments help people live longer but not necessarily with a better quality of life.

A team approach represents a practical way individuals can work together to share the care to make a difference in the lives of others.

**CONFERENCE DETAILS**

**AUDIENCE**

This conference will focus on reaching out to persons with Alzheimer’s disease or other forms of dementia (and their caregivers), but participants may use this team approach to care for persons with any need.

Information presented will be of special interest to congregations, senior centers, hospice programs, nursing homes, hospitals, and other organizations.

This is a train-the-trainer conference that equips persons to return to their setting and start, train, and maintain Care Teams.

**DATES AND TIME**

The two-day conference will be on Thursday and Friday, November 6-7, 2003 from 9-5 p.m. each day. The second day builds on the material from the first day. Check-in is from 8:30-9:00 a.m. Training starts and ends on time.

**LOCATION**

South Highland Presbyterian Church, 2035 Highland Avenue South, Birmingham, AL 35205. Directions will be sent upon registration.

**COST**

The cost of the two-day LTC I and II is $150 per person, or $75 for one of the days (LTC I is a prerequisite for LTC II). Sixteen continuing education credits are available to Nurses and Social Workers for an additional $25.

Please see the back panel of this brochure for registration information.

**CONFERENCE CONTENT**

**Thursday, November 6, 2003, 9-5 p.m.**

*Fundamentals of Care Team Development*

- Identify the needs of someone, determine if a Care Team is wanted and needed,
- Introduce the Team Approach to others so that they understand the advantages of working with others to share the care;
- Train a Care Team in your congregation, organization, or start a team for someone you know in your community,
- Connect a Care Team with a Friend (recipient of care) and clarify expectations of everyone involved, and
- Equip the team with on-going support to keep it healthy and growing.

**Friday, November 7, 2003, 9-5p.m.**

*Applications of Care Team Development*

Provides experiential training for participants from the previous day and helps apply the model to each person’s unique setting.

Participants will:

- Explore strengths and challenges of developing Care Teams in their setting,
- Learn how to integrate Care Teams with existing ministries or programs,
- Practice introducing the team approach to others and training Care Team Members,
- Learn how to develop a Leadership Team, a Care Team for Care Teams, to help participants have the local support they need following the conference.