REGISTRATION INFORMATION

Participants may register by phone, e-mail, or postal mail. **Deadline for registration is Thursday, April 22nd, 2004.**

Please contact Melanie Newton to register:

Melanie Newton
Alabama Tombigbee Regional Commission
Area Agency on Aging
107 Broad ST
Camden, AL 36726

Please add $25 if you are a nurse or social worker and would like Continuing Education Credits. Please make your check payable to The Support Team Network.

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Congregation or Organization Representing (if any)

_____ I am a nurse and would like CEUs.
_____ I am a social worker and would like CEUs.

SUPPORT TEAM LEADERSHIP TRAINING

Tuesday and Wednesday, April 27-28, 2004
Camden, AL

Sponsored by

AL Tombigbee Regional Commission
Area Agency on Aging

Alabama Department of Senior Services

LEADER

Carol Padgett, Ph.D. serves as a STN Consultant bringing her expertise in Psychology and End-of-Life Care. As a Congregational Health Ministry Consultant, Carol has worked collaboratively with Parish Nurses throughout the state.

The mission of the Support Team Network (STN) is to be a national training and resource center for the development of volunteer Support Teams for persons with health concerns or other special needs.

CONTACT US

The Support Team Network
188 Community Care Building
908 S 20th ST
Birmingham, AL 35294-2050

E-mail: Staff@SupportTeam.org
Web site: www.SupportTeam.org
Toll-free: 877.614.9129

The Care Team Network changed its name to The Support Team Network on January 1, 2004!
WHAT IS A SUPPORT TEAM?

A Support Team is a group of volunteers working together to provide practical, emotional, and spiritual support to individuals/families with health concerns or other special needs.

This training will focus on reaching out to persons at the end-of-life in the community, but participants may use this team approach to care for persons with any need.

WHAT DOES A SUPPORT TEAM DO?

Team members simply do what they enjoy doing for others, when they are able, in an organized way with a built-in support system.

A team’s activities may include transportation to the doctor or grocery store, household or yard chores.

Some people enjoy running errands, preparing meals, or providing social outings. Others prefer to visit, make phone calls, or provide a break for caregivers.

WHY ARE TEAMS NEEDED?

The number of persons with needs is increasing due to persons living longer with fewer resources. Improved medical treatments help people live longer but not necessarily with a better quality of life.

A team approach provides a practical way individuals can work together to share the care to make a difference in the lives of others.

TRAINING DETAILS

AUDIENCE

Anyone who is interested in starting a Support Team in their community, or who is interested in being a volunteer coordinator (for many teams) or a team leader (for individual teams) in an existing Support Team program is invited.

DATES AND TIME

The two-day training will be on Tuesday and Wednesday, April 27-28, 2004 from 9:00 to 4:00 p.m. each day. The second day builds on the material from the first day. Check-in is from 8:30-9:00 each day.

LOCATION

Camden United Methodist Church, Fellowship Hall, 127 Broad Street, Camden, AL.

COST

The cost of the training is provided at no charge (normally $200 per person) and includes lunch and refreshments both days, a 200-page manual and all handouts.

This training is made possible through a grant with The Alabama Department of Senior services in partnership with Alabama Tombigbee Regional Commission, Area Agency on Aging.

REGISTRATION

Registration is required for everyone. Please see the back panel of this brochure for registration information.

TRAINING CONTENT

Tuesday and Wednesday, April 27-28, 2004, 9-4 p.m.

This is a fun, fast-paced, experientially-based training.

Innovative methods are utilized to help participants understand and personally experience the concepts, and then learn how to teach the team approach to others.

Training is based on five major components:

- BEGINNING — How to introduce the team concept to others so that potential Team Members are able to hear the flexibility and freedom of the team approach.
- BUILDING—How to prepare the Team Members through an Orientation that anyone can lead!
- CONNECTING—How to clarify expectations with the potential Support Team Friend (recipient) or Family or Facility.
- CARING—How to care for one another and the Team Friend through an efficient 59-minute meeting.
- SUSTAINING—How to sustain Support Teams for the long run through a Leadership Team (Support Team for Support Teams) and networking with The Support Team Network.

By the end of the training, participants will be able to start, train, and sustain Support Teams for any need where they worship, work, or live.