About the Video Series

Women with spinal cord injury (SCI) have unique health care issues related to their obstetric and gynecological needs. They represent only about 20% of all individuals with SCI, so information is limited related to their health and wellness. A video series, Reproductive Health for Women with Spinal Cord Injury, was created to educate women and healthcare professionals on specific medical issues and care of women with SCI.

Part I - The Gynecological Exam (1997)

This video focuses on how to safely and comfortably manage the annual GYN exam, breast self-exams and mammograms, and menstrual management.


This video focuses on the many questions related to becoming pregnant and having children. It provides suggestions on managing issues of pregnancy, labor and delivery such as:
- medications
- bowel & bladder management
- urinary tract infection
- weight gain / mobility
- skin care
- respiratory complications
- muscle spasms
- autonomic dysreflexia

Featuring

Amie B. Jackson, MD is chair and medical director of the University of Alabama at Birmingham (UAB) Department of Physical Medicine & Rehabilitation (PM&R). She is also founder of the country’s first clinic for women with disabilities.

Expert Panels of Women with SCI who share how they manage reproductive health care issues and their experiences during pregnancy, labor and delivery.

Video Package

The Reproductive Health for Women with SCI video series is closed captioned and on VHS tape or DVD. The complete video package includes:
- Part I - The Gynecological Exam (29 minutes)
- Part II - Pregnancy and Delivery (32 minutes)
- InfoSheet #21 - Sexuality for Women with SCI
- InfoSheet # 14 - Pregnancy for Women with SCI

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Target Audience

These videos can benefit women with SCI and medical practitioners providing reproductive health care to women with SCI, including GYN and family practice physicians, nurse practitioners, public health nurses and rehabilitation hospital staff.

The videos were created by a team of experts from the UAB Department of Physical Medicine and Rehabilitation, the PM&R Office of Research Services and UAB Hospital Rehabilitation Services.

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How to Order

Copies of the Reproductive Health for Women with Spinal Cord Injury series are available for purchase in either videotape and DVD formats.

No complimentary previews are available. We do not accept COD or credit card orders.

Purchase Information

☐ Purchase Order (Fax to 205-975-4691)
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Part I - The Gynecological Exam
☐ VHS Tape $15
Part II - Pregnancy & Delivery
☐ VHS Tape $15
Parts I & II
☐ 2 VHS Tapes ☐ 1 DVD $25

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Part I - The Gynecological Exam
Part II - Pregnancy & Delivery