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- Education of healthcare providers on providing women with SCI an accurate, safe and comfortable annual GYN examination.
- Covers management of autonomic dysreflexia, transfers from wheelchair to exam table, positioning on the exam table, breast examination, mammograms and pap smears.

Audience: Health care professionals
Length: 30 min (1'/2" VHS)
Cost: $39.95

MULTIMEDIA

SCSI Health Education Multimedia Series (2002)
- Automated computer CD of 5 slideshow presentations on Functional Goals, Skin Care, Respiratory Management, Urinary Tract Infection, and Spasticity.
- Audience: Everyone (see order sheet)
  www.spinalcord.uab.edu/show.asp?durki=23592

POSTER

Autonomic Dysreflexia Poster (1992)
- A poster for healthcare professionals to identify and treat A.D. It lists common signs and symptoms and an Examination Tree. (Pocket size medical alert card)
  Cost: $3 (see order sheet)

NEW LETTERS

Research Review Newsletter (twice annually)
- Review of recent literature and research on secondary condition of SCI. Includes current treatments, research and resources.
  Audience: Everyone
  www.spinalcord.uab.edu/show.asp?durki=19803

Research Update Newsletter (annually)
- A review of results from a research study related to SCI that is conducted at the UAB RRTC & Model SCI Center.
  Audience: Everyone
  www.spinalcord.uab.edu/show.asp?durki=19805

Pushin' On Newsletter (twice annually)
- Focuses on RRTC research activities, health, wellness and other issues of persons with SCI.
  Audience: Consumers with SCI and their family

BOOKLETS

Accommodating Students with Disabilities:
- *A Practical Guide for the Family
- *A Guide for School Teachers
- Two booklets that cover reasonable accommodations under the ADA for university students with disabilities.
  Date: 1996
  Cost: $5 Each (see order sheet)

The following Booklets are also available FREE by fax or at www.spinalcord.uab.edu/show.asp?durki=27744

Family Adjustment to Spinal Cord Injury (Rev. 1998)
- Addresses some of the concerns and experiences of the family of a person with SCI. Also addresses some of the feelings that family members may experience during adjustment. Includes actual comments from family members about their feelings and experiences.
  Audience: Rehabilitation service providers, individuals with SCI and their family members
  Length: 10 pages
  Cost: $2 (see order sheet)
  FAX ID: 140

- Easy-to-read overview of SCI and its management for persons with SCI and their family members. It provides basic information about some of the medical, psychological, social and vocational issues. (Use alone or with a companion piece, Preventing Secondary Medical Complications: A Guide for Personal Assistants to People with SCI)
  Audience: Individuals with SCI, personal care assistants and family members
  Length: 19 pages
  Cost: $3 (see order sheet)
  FAX ID: 141

Preventing Secondary Medical Complications:
- Easy-to-read booklet to help train personal assistants (PAs) in the daily routines of persons with SCI. Gives instructions in proper health care assistance to help prevent secondary medical conditions. (Can be used alone or in conjunction with a companion piece, Learning About SCI)
  Audience: Personal care assistants to individuals with SCI, Public Health Nurses and Nursing Assistants
  Length: 25 pages
  Cost: $3 (see order sheet)
  FAX ID: 142

- Story of an 8 year old boy, Sam, who receives a spinal cord cord injury as a result of a vehicular accident. The book explains, in words children understand, how Sam copes with his life after injury. It helps children become aware of spinal cord injuries, learn how they can prevent SCI and develop a sensitivity for people with SCI. (Front cover can be colored)
  Audience: Children ages 5-8
  Length: 15 pages
  Cost: $2 (see order sheet)
  FAX ID: 143

ONTAINING MATERIALS

The UAB RRTC on Secondary Conditions of SCI and the SCI Model System Center offer up-to-date information through a variety of methods. Alternate formats are available upon request.

- Booklets, Newsletters and InfoSheets are FREE on the SPINALCord Injury Information Network Web Site www.spinalcord.uab.edu

- To receive publications via fax, call from a combination phone-fax machine and follow the voice menu options. When prompted, enter the FAX ID number provided for the document and remain on the line until the fax transmission is complete.

- Video and Booklets can be ordered using the attached order form and mailing or faxing to the listing below.

- Newsletters are free of charge by mail to individuals with spinal cord injury, their family and rehabilitation professionals. To be added to the SCI mailing list, contact the Office of Research Services listed below.

- InfoSheets are also available by mail by sending a self-addressed stamped business-size envelope for each InfoSheet to the Office of Research Services.

- Permission to reproduce materials is available from the Training Office at the address below, FAX ID: 999 or at www.spinalcord.uab.edu/show.asp?durki=19738.

- Join the SCI Email Distribution list: Be notified by email as new or updated publications become available. Send email to scirtc@sun.rehabm.uab.edu and type in the subject line: "Email subscribe to SCI email list.* To receive selected publications by email attachment, send request to rtc@uab.edu.

CONTACT INFORMATION

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Send an Email to: scirtc@sun.rehabm.uab.edu and type in the subject line: "Email subscribe to SCI email list."

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