TOBACCO CONSULT SERVICE
A service provided to patients in University hospital who WANT HELP to quit smoking.

Services Provided:
- Assessment of nicotine withdrawal and need for medication
- Bedside counseling by trained tobacco counselors with post-hospital follow-up phone call
- Referral of patient to 1-800-QUITNOW for post-hospital counseling

How to request a consult:
If you are a Provider:
- Complete Tobacco PowerPlan in IMPACT
OR
- Call 4-0411 - include patient’s name/room and your name/service

If you are a Patient:
- Call 4-0411 from your room and give your name/room number and the floor you are on—from outside phone, call 205-934-0411

Counseling + medication are the most effective way to quit smoking!

Medication can improve a person’s ability to quit and stay quit. Examples include:

Nicotine Patch* Bupropion* Nicotine Inhaler
Nicotine gum* Chantix Nicotine lozenge

*available through hospital pharmacy

For more information about quitting:
Call the Tobacco Quitline at 1-800-QUITNOW (784-8669)
OR Visit www.alabamaquitnow.com

Become a Quitter Today!