Listed below are some resources that may be able to provide assistance to you and your family during times of need. You should contact the agency to see if you qualify for assistance. Please be aware that programs and services can change and it is your responsibility to determine if a program meets your needs. This is the most recent information available to the UAB Employee Emergency Assistance Program.

General Emergency Assistance

**American Red Cross** – 439-7800  
Disaster (fire, tornado, flood, etc.) services; service to military  
Assistance for energy bills to low income families facing financial and/or medical emergencies

**Bridge Ministries** – 930-0309  
Food, clothing and emergency assistance for utilities and rent to low income in Birmingham area.

**Catholic Center of Concern** – 786-4388  
Food, clothing, furniture and financial assistance to low income. Monday – Thursday, Starts at 8:30 a.m. First come, first serve.

**Greater Birmingham Ministries** – 326-6821  
Food, clothing and financial assistance with utilities and prescriptions

**Independent Presbyterian Church** – 933-1830  
Food, prescription, utility and clothing assistance for people in need

**JCCEO (Jefferson County Committee for Economic Opportunity)** – 327-7500  
Emergency assistance for families meeting federal poverty guidelines.

**Salvation Army** – 328-5656  
Emergency financial assistance; disaster relief services

**Urban Ministries** – 781-0517  
Food, prescription and utility assistance to families in need

**Foundry** – 428-8449  
Food, clothing, furniture vouchers and medical assistance to qualifying men, women and children in need. Crisis Only. Must have a referral.

Children’s Services

**ALL Kids/SOBRA Medicaid** – 1-888-373-5437  
Health care for low income children under age 19; apply on line at [www.adph.org/allkids](http://www.adph.org/allkids)

**Child Care Central** – 205-941-0115  
Child care financial assistance for qualifying low income families

**Childcare Resources** – 252-1991  
Child care information and counseling

**JCCDC (Jefferson County Child Development Council)** – 933-1095  
Head Start and Early Head Start family child care for qualifying families

**JCCEO (Jefferson County Committee for Economic Opportunity)** – 327-7500  
Head Start and Early Head Start for qualifying families

Domestic Violence Services

**The Family Violence Center** – 322-4878 (hotline)  
**Gateway Violence Intervention Program** – 328-6010
Housing

[www.hud.gov](http://www.hud.gov) is a federal government website that offers information and resources related to purchasing a home, avoiding foreclosure, affordable apartments, rental assistance and public housing.

Alabama State Bar and Legal Services of Alabama 1-877-393-2333 – Free hotline for those facing foreclosure staffed by a legal aid lawyer. When calling please have the following information: all loan documents, payment records including cancelled checks or bank statements and correspondence with the lender.

**Medical Co-payment Assistance Programs**

Assistance varies between programs and even illness/disease. Some programs are only help with co-pays incurred after eligibility is determined and others have a look back period ranging from 30 day – 1 year. Payments can be made to your doctor/hospital/pharmacy or they will reimburse you for funds you have already paid if you qualify. The funds are fluid and you should constantly check back to see if funds are available.

- **Chronic Disease Fund** ([www.cdfund.org](http://www.cdfund.org)) 1-877-968-7233
- **Healthwell Foundation** ([www.healthwellfoundation.org](http://www.healthwellfoundation.org)) 1-800-675-8416
- **Patient Access Network Foundation** ([www.panfoundation.org](http://www.panfoundation.org)) 1-866-316-7263
- **Patient Advocate Foundation** ([www.copays.org](http://www.copays.org)) 1-866-512-3861
- **Cancercare** ([www.cancercarecopay.org](http://www.cancercarecopay.org)) 1-866-552-6729
- **Leukemia Lymphoma Society** ([www.lls.org/copay](http://www.lls.org/copay)) 1-877-557-2672

**Miscellaneous Services**

[www.benefits.gov](http://www.benefits.gov) A web site that asks you questions about your situation and lets you know if you qualify for any of over 1,000 federal or state government benefit programs ranging from food stamps to housing assistance to social security to grants/scholarships/fellowships and more.

**CommuteSmart Program**- If you are in need of transportation assistance, need to decrease transportation expenses or want to be paid to carpool, walk or take the bus, please visit [www.commutesmart.org](http://www.commutesmart.org) and click on Birmingham.

**Gateway Financial Freedom** – 251-1572
GFF helps people get out of debt, avoid bankruptcy and learn to manage their money.

**Jefferson County DHR Financial Assistance Office**– 423-4300
Food Stamps, TANF (Temporary Assistance to Needy Families), Medicaid applications. To apply for food stamps online visit the following website myalabama.gov

**Jefferson County DHR Child Support** – 423-4460

**Jefferson County Department of Health** – 558-2144
WIC program application (supplemental food for pregnant or breastfeeding women, infants and children)

**Kid One Transport System** – 978-1000
Transport children and expectant mothers to medical (physical and mental health) appointments

**Legal Service of Metro Birmingham** – 328-3540
Legal representation in civil matters for low income families

**Literacy Council of Central Alabama** – 326-1925
Information and referral to adult and child literacy programs

**Social Security Administration** – Jefferson County – 1-800-772-1213
Social Security cash benefits for disabled persons and dependents, survivors and dependents

**United States Department of Housing and Urban Development** – 731-2630
Low to moderate income housing programs; rent supplements

**United Way Information and Referral** – just dial 211 or visit [www.uwca.org](http://www.uwca.org) and click “get help”
Referral service to agencies for families with all types of needs from financial to educational to medical. Free tax preparation to those who qualify.

**Birmingham Bar Volunteer Lawyers**- 250-5198; [http://vlpbirmingham.org/](http://vlpbirmingham.org/)
Volunteer attorneys who provide free legal services to low-income citizens unable to afford attorneys for civil legal problems.

**UAB Employee Assistance & Counseling Center**

**Employee Assistance & Counseling Center** – 934-2281  A strictly confidential counseling and employee assistance program providing employees and their families with resources for resolving work-related and personal problems. At no cost, up to 12 individual, couples and family counseling sessions are provided each year to assist you in clarifying issues, exploring options, and finding solutions.