All rudiments should be practiced: open (slow) to close (fast) to open (slow) and/or at an even moderate march tempo.

1. (Parabuzzle)

2. (Choo-choo)

3. (Chachatichi)

4. (Shirley Murphy)

5. (Diddle-egg-five)

6. (Cheese Chain)

7. (Flamucue-diddle)

8. (Diddle-flaffa)

9. (Ripits)

10. (Paradiddle-flaffa)

11. (Ratamaswiss)

12. (Triple-acue)

13. (Shockadaliddle)

14. (Double flam drag)