2016 UAB Mentoring Academy

Mentoring Resources

At UAB

- **CCTS Training Academy**
  [http://www.uab.edu/ccts/training-academy/mentoring](http://www.uab.edu/ccts/training-academy/mentoring) - the UAB CCTS offers a mentoring curriculum based on the Entering Mentoring text (see below).

- **UAB Student Health & Wellness Center (SHWC)**
  [http://www.uab.edu/students/services/health-and-wellness](http://www.uab.edu/students/services/health-and-wellness) - the SHWC provides a comprehensive and integrated program of services to meet the medical, counseling and wellness needs of UAB’s undergraduate, graduate and professional students.

- **Individual Development Plans (IDPs)**
  [http://www.uab.edu/idp/](http://www.uab.edu/idp/) - information for UAB faculty about IDPs

Online

- **Research Mentor and Mentee Training**
  [https://mentoringresources.ictr.wisc.edu/](https://mentoringresources.ictr.wisc.edu/) - a list of helpful resources developed at the University of Wisconsin–Madison

- **Entering Mentoring**

- **Mentor Training for Clinical and Translational Researchers**

- **Individual Development Plans (IDPs) for Scientists**
  [http://myidp.sciencecareers.org/](http://myidp.sciencecareers.org/) - information for scientists about creating IDPs

- **Optimizing the Practice of Mentoring**
  [http://www.ctsi.umn.edu/education-and-training/mentoring/mentor-training](http://www.ctsi.umn.edu/education-and-training/mentoring/mentor-training) - an online curriculum for the professional development of research mentors
Mentoring Resources continued

Books / Manuscripts

• **Creativity Inc.** by Ed Catmull, co-founder of Pixar Animation – a book about building a creative, team-based culture

• **Emotional Intelligence** by Daniel Goleman – a guide that uses research into cognitive and emotional development to provide insight into the emotional and rational pulses that shape success in personal and professional relationships.

• **Life on the Tenure Track** by James M. Lang – a book that wrestles with the questions that confront every new faculty member as well as those who dream of becoming new faculty members: Will my students like me? Will my teaching schedule allow me time to do research and write? Do I really want to spend the rest of my life in this profession? Is anyone awake in the backrow?"

• **Mentoring 101** by John Maxwell – a guide that gives the steps needed to effectively reproduce your success in someone else

• **The Mentor’s Guide, The Mentee’s Guide, Creating a Mentoring Culture** – books by Lois Zachary that, together, provide practical information for both mentors and mentees about developing productive and long-term mentoring relationships.


• Williams, et al. The POD: A New Model for Mentoring Underrepresented Minority Faculty *Academic Medicine*, 2006;81: