

# JANUARY TIERS

**“Time Management,  
Personal Wellness, and  
Optimizing Productivity”**

Presented by  
Laurence Boitet, PhD



**Friday, January 9<sup>th</sup>  
12 - 1 PM, via Zoom**

Laurence Boitet, PhD presents:

**“Time Management,  
Personal Wellness, and  
Optimizing Productivity”**

Our monthly **CCTS TIERS** events, occurring every 2nd Friday of the month at noon, offer valuable insights into career development, grantsmanship, translational science and research, and more!

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