

**PILOT FUNDING REQUEST FOR PROPOSALS: INCLUSIVE RESEARCH IN HEALTH AND WELLNESS IN ADULTS OR CHILDREN WITH DISABILITIES**

**Purpose and Objectives**

The UAB Center for Engagement in Disability Health and Rehabilitation Sciences (CEDHARS) invites applications for pilot feasibility studies to support new inclusive research initiatives in promoting the health and well-being of adults and children with disabilities. The requirement in this application is to identify a UAB researcher doing research in a related area of health and wellness who has external funding, and to work collaboratively with this person to add an additional cohort of people with disabilities to this existing study. The concept of Inclusion Science is not to reinvent the wheel, but rather, to adapt it using an evidence-informed process that supports systematic adaptation of health and wellness programs.

**Priority Areas**

Priority will be given to research projects that seek to improve the health and well-being of people with disabilities. Sample projects may include adapting a health/wellness intervention in the one of the following areas:

- Interventions aimed at reducing one or more secondary health conditions (e.g., mild cognitive impairment, pain, fatigue, depression, deconditioning, hypertension, Type 2 diabetes)
- Multimodal interventions (e.g., diet/exercise, mindfulness/stress management) aimed at improving mental, physical and/or emotional health
- Interventions aimed at reducing social isolation/loneliness (e.g., spending more time in nature and monitoring physiologic/psychologic changes)
- Short-term (e.g., 4-6 weeks) weight management pilot feasibility projects
- Development of innovative assistive technologies to promote health and well-being

**Requirements**

Applicants must use CEDHARS facilities to conduct their research, which is located on the Lakeshore campus. Studies can be conducted through a telehealth platform or in person. Applicant must obtain a letter of support from the scientist that they plan to work with in adapting the intervention.

**Eligibility**

- UAB faculty of all tracks, postdoctoral fellows, PhD candidates, and graduate students are eligible to apply as principal investigators. Individuals from outside UAB (e.g., other universities, community organizations, etc.) may serve as co-investigators or key personnel.
- Previous recipients of CEDHARS pilot grant awards within the past three years (2020-2022) are NOT eligible to apply.

**Submission Guidelines**

By 5:00 p.m. CST, Wednesday, December 21, 2022, please submit proposal as a single PDF using the [UAB RED-ASSIST platform](#).

1. Cover page (1-page max)
  - a. Proposal title

**SCHOOL OF HEALTH PROFESSIONS**  
**Center for Engagement in Disability**  
**Health and Rehabilitation Sciences**

- b. PI name(s), rank(s), department, address, phone number, email address
2. Letter of support from collaborating scientist
3. Proposal (3-pages max excluding references; single-spaced; ½ inch margins; size 11 or larger font)
  - a. Specific aims
  - b. Background and significance
  - c. Project design and methods including adaptations
  - d. References
4. NIH/NSF biosketch(es)
5. Impact statement describing the way in which the proposed project would support the advancement of disability health research (300-word max)
6. Proposed budget
  - a. Costs may include salary support, supplies, and equipment
  - b. F&A costs are not allowed

### **Evaluation Criteria**

- Relevance/significance
- Innovation
- Approach — feasibility of the scope of work proposed
- Potential for subsequent extramural funding

### **Terms of Support**

1. As many as four proposals may be funded at up to \$50,000 each.
2. Project-related direct costs can be requested for the study, including salary support and appropriate supplies. No indirect costs will be allowed.
3. The successful applicants will be required to submit a brief mid-term status report, as well as a progress report at the end of the funding period.
4. A publication submitted to a peer-reviewed journal within six months and an external funding application within a year of project completion is a required outcome of this project.
5. The duration of the award is one year, with a projected earliest start date of February 1, 2023.

Please direct any questions or requests for additional information to [CEDHARS@uab.edu](mailto:CEDHARS@uab.edu).