The **CCTS Bionutrition Core** offers many services to investigators with approved protocols, including study planning, registered dietitians and cooks, facilitates and equipment to facilitate bionutrition studies.

### Planning
- Consult on research design and budget
- Nutrition data collection form development and assistance
- Participant recruitment and retention

### Nutrition Education
- Patient education about protocol diets
- Assist with diet prescriptions
- Individual and group counseling

### Nutrition Intake Analysis
- 24 hour, 3 day or multipass recording and analysis
- Food intake determined by weight

### Metabolic Kitchen
- Food preparation, packaging and storage for on- and off-site participants.

### Controlled Feeding
- Meals, research menus and instruction
- Tailored diet creation
- Reinforcement of dietary compliance

### Body Composition
- Height, Weight and Anthropometric measurements
- Bioelectric Impedance Analysis (BIA) to determine body composition

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**CCTS Connects**

Working with the **CCTS Clinical Research Unit** to support bionutrition studies. Combined with **CCTS Specimen Processing and Bioprocessing** enables bedside-to-bench research. The **CCTS Bionutrition and CCTS Clinical Research Support Program (CRSP)** work together, enabling high quality research.