MANY STUDENTS ARE EXPERIENCING FOOD AND SHELTER INSECURITY

Finding 6
Food and shelter insecurity

• Students were asked to indicate which of the following statements applied to them during the past 12 months:
  • I sometimes could not afford to eat a balanced diet.
  • I sometimes worried that my food would run out before I could afford to buy more.
  • I have gone without eating for a day because I could not afford food.
  • I have eaten less than I thought I should because I could not afford to buy food.
  • I did not pay or I underpaid a utility bill due to financial hardship.
  • I did not pay or I underpaid rent/mortgage due to financial hardship.
  • I have been homeless.
  • I have moved in with people (even for a short time) because of financial reasons.
  • None of the above describe me.

• 64% of 1709 student respondents selected None of the above describe me.
I have gone without eating for a day because I could not afford food.

I sometimes worried that my food would run out before I could afford to buy more.

I have eaten less than I thought I should because I could not afford to buy food.

I sometimes could not afford to eat a balanced diet.

9% or More of Students Indicated that They Have Experienced Some Level of Food Insecurity
As Many as 10% of Students have Experienced Some Level of Shelter Insecurity and 2% of Responding Students Indicate They Have Been Homeless

- I did not pay or I underpaid a utility bill due to financial hardship (10%)
- I have moved in with people (even for a short time) because of financial reasons (8%)
- I did not pay or I underpaid rent/mortgage due to financial hardship (7%)
- I have moved two or more times in the previous three months (5%)
- I have been homeless (2%)