

Kinesiology: Sports Physiology & Performance Concentration

120 credit hours

The University of Alabama at Birmingham

Student's Name:	ID#	Date:	
Address:			
Transfer:	1 st Term:	Advisor:	

A grade of "C" or higher is required in all math, science and major courses and CMST 101. Students may need to take up to 20 hours of General Electives (e.g. IS 103) to reach the minimum 120-hour requirement needed to graduate.

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BLAZER CORE CURRICULUM	Grade Earned	Hrs. Rqrd.		Grade Earned	Hrs. Rqrd.
Local Beginnings (FYE): EDU 100 Touch the Future		3	KIN 340 Plan/Mgmt. Fitness Facilities		3
EH 101 English Composition OR EH 106 Introduction to Freshman Writing		3	KIN 400 Physiology of Exercise		4
EH 102 English Composition II OR EH 107 Introduction to Freshman Writing II		3	KIN 402 Basic Athletic Training		2
MA 105 Pre-calculus Algebra		3	KIN 405 Sports Nutrition		3
Academic Foundations: Reasonings		3	KIN 425 Biomechanics		3
CMST 101 Public Speaking		3	KIN 440 Principles of Conditioning the Athlete		3
Thinking Broadly: History & Meaning		3	KIN 485 Exercise Testing/Prescription		3
Thinking Broadly: Creative Arts		3	MG 302 Mgmt. Processes and Behavior		3
BY 101/102 Topics in Contemporary Biology & Lab		4	GENERAL ELECTIVES: (Choose Five)		
CH 105/106 Introductory Chemistry I & Lab		4	KIN 407 Coaching Young Athletes		
PY 101 Introduction to Psychology		3	KIN 450 Physical Activity for Indiv. with Disabilities		
Thinking Broadly: Choose one course from			KIN 460 Clinical Exercise Physiology		
History & Meaning, Creative Arts, OR		3	KIN 470 Adv. Treatment of Athletic Training		
Humans & their Societies			KIN 492 Special Projects in Kinesiology OR		
City as a Classroom		3	KIN 499 Kinesiology Internship***		
LOWER LEVEL REQUIREMENTS ("C" or Better)			EC 210 Principles of Microeconomics		
CH 107/108 Introductory Chemistry II		4	EC 211 Principles of Macroeconomics		15
BY 115 Human Anatomy		4	EC 415 Sports Economics		
BY 116 Introductory Human Physiology		4	MK 333 Sports Marketing		
CHHS 140 First Aid		3	MG 409 Human Resource Mgmt.		
CHHS 141 OR		3	MG 430 Mgmt. & Leadership in Sports &		
KIN 222		3	Entertainment Organization		
KIN 136 Intro to Phys Ed, Fitness, and Sport		3	BUS 310 Accounting and Finance		
EPR 214 Intro to Educational Statistics		3	PY 218 or PY 330		
MA 106 Pre-Calculus Trigonometry		3	INTERNSHIP		
MAJOR REQUIREMENTS: ("C" or Better)		-	KIN 499 Fitness Internship***		3
KIN 115 Weight Training		1	Note: Enough general electives must be taken to bring the total number of hours to 120 or higher		er of
Choose <u>three</u> of the following KIN electives: 101, 102, 103, 105, 112, 114, 116, 117, 118, 124, 126, 130, 131,		3			

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Date: 5/17/2023

KIN 305 Motor Development

KIN 307 Applied Kinesiology

***This 3 hour elective is in addition to the 3 hours of KIN 499 in the "Internship" section. No more than a total of 6 hours of KIN 499 may be applied to the degree.

Students who are in the Department of Human Studies Honors Program will be placed in the Honors Section of KIN 485 and 499.