CHHS 140 substitution Policy for Kinesiology (formerly ‘Physical Education’) Non-TEP/Applied Science Students: Exercise Science & Fitness Leadership major concentrations, and Exercise Science & Athletic Coaching minors

Students have the option of fulfilling the course requirements for CHHS 140 for 0 credit hours if they show proof of current status/certification/licensure in EITHER:

1. American Red Cross (ARC) Adult CPR **AND** Infant CPR **AND** Child CPR **AND** Standard First Aid certifications

   **OR**

2. American Red Cross (ARC) Adult CPR **AND** Infant CPR **AND** Child CPR **AND** Standard First Aid Lifeguarding certifications

   **OR**

3. American Red Cross (ARC) CPR /AED for Professional Rescuers and Health Care Providers **AND** Standard First Aid (wallet card) certifications

   **OR**

4. National Registry of Emergency Medical Technicians (NREMT) Basic, Intermediate or Paramedic certification **AND** state Emergency Medical Technician (EMT - Basic, Advanced or Paramedic) licensure.

The student must bring their original certificates/licenses to their EB 232 advisor (i.e. photocopies/faxes are not accepted, with the exception of NREMT certification status, which may be verified by clicking on:  
http://www.nremt.org/nremt/about/checkemtstatus.asp

**FAQ and As**

Q: I am currently ‘CPR and/or First Aid’ certified through an organization other than the ARC (e.g. American Heart Association), will this count?  
A: No, only ARC certifications count  
Q: I have a current EMT license that is from a state other than Alabama, will it count?  
A: Yes, as long as it is current, and that you are currently listed in the National Registry of Emergency Medical Technicians.
Q: One of my ARC certifications has expired, am I still eligible for the waiver?
A: No, students must be currently certified in ALL certifications to be eligible for the waiver.

Q: I hold a certification or license that is of a ‘higher level’ and/or ‘different’ than what is required, will this count?
A: No – but check with your ARC provider and request that they re-issue you certificate(s) that show that you have the ARC Adult and Infant and Child CPR, and First Aid courses if you believe that you hold these certifications, but cannot show proof. If you have any additional questions or concerns check with your EB 232 advisor who will submit your request to Dr. Gordon Fisher at grdnfs@uab.edu

Q: I am unable to bring my original certificates/license to my EB 232 advisor (e.g. I am not currently residing in the Birmingham area), can I fax them or send them electronically (i.e. scan them in and send as an email attachment) to him/her?
A: No – you must present the original certificates/license to your EB 232 advisor. You need to communicate with your advisor that you plan to send your original certificates/license in the mail. If you want your documents returned to you, you must include a SASE (self addressed stamped envelope, i.e. an envelope with the student/sender’s name and address on it, with affixed paid postage) along with your original documents. Original documents will not be mailed back to the student without a SASE. Here is the mailing address:

For the Attn: ‘Name of Student’s Academic Advisor’
EB 232
1530 3rd Ave S
Birmingham AL 35294

Q: I don’t have the ARC Adult and Infant and Child CPR, and First Aid course certifications, nor the EMT certification, what should I do?
A: You can either take the CHHS 140 course for 3 hrs credit, or fulfill the substitution requirements as stated above. SORRY - NO EXCEPTIONS.

FYI: Check at the Campus Recreation Center to see if they offer ARC certification classes. For more information contact Cynthia Bartko at cfaus@uab.edu.

The number for the Birmingham area ARC chapter is 205-795-8746, and they are located at 114 22nd Avenue South, Birmingham, AL 35223.

If you are interested in becoming an EMT click on this link for information about training programs in Alabama: http://www.adph.org/ems/Default.asp?id=814