COUNSELING

MARRIAGE, COUPLES & FAMILY

The Master of Arts degree with a concentration in Marriage, Couples, and Family (MCF) counseling prepares individuals to counsel couples and families with the aim of resolving conflicts, fostering more effective ways of communicating, and building healthier interpersonal relationships. Counselors work in a range of professional settings such as hospitals, wellness centers, recovery programs, and private practice. The UAB MCF curriculum has been approved by the Alabama Board of Examiners in Marriage and Family Therapy and graduates are eligible to pursue licensure in Alabama as Licensed Marriage and Family Therapists.
MA WITH CONCENTRATION IN MCF CURRICULUM

COURSES  SEM HRS

AREA I  31 HOURS
EPR 590 RESEARCH AND PROGRAM EVALUATION IN COUNSELING  
EPR 614 LIFESPAN HUMAN DEVELOPMENT  
ECG 621 THEORIES OF INDIVIDUAL COUNSELING  
ECG 624 ASSESSMENT  
ECG 626 GROUP COUNSELING: PROCESS AND PROCEDURES  
ECG 628 SOCIAL AND CULTURAL DIVERSITY  
ECG 630 CAREER DEVELOPMENT: VOCATIONAL AND LIFE PLANNING  
ECG 638 PRACTICUM I: CLINICAL SKILLS AND TECHNIQUES  
ECG 691 INTRODUCTION TO COUPLES AND FAMILY COUNSELING

AREA II*  2 HOURS
ECG 613 FOUNDATIONS OF SUBSTANCE ABUSE  
ECG 650 DIAGNOSIS AND TREATMENT OF PSYCHOLOGICAL DISORDERS  
ECG 653 COUNSELING CHILDREN AND ADOLESCENTS  
ECG 660 RELATIONSHIPS AND HUMAN SEXUALITY  
ECG 680 THE INTERSECTION OF FAMILY AND COMMUNITY SYSTEMS  
ECG 685 MARRIAGE AND COUPLES COUNSELING  
ECG 689 ADVANCED FAMILY COUNSELING TECHNIQUES

AREA III  9 HOURS
ECG 695 PRACTICUM II: SUPERVISED FIELD EXPERIENCE  
ECG 697 COUNSELING INTERNSHIP  
ECG 697 COUNSELING INTERNSHIP

PROFESSIONAL EXPERIENCES**
- NEW STUDENT ORIENTATION
- PERSONAL COUNSELING EXPERIENCE
  (8 SESSIONS, MUST BE COMPLETED PRIOR TO STARTING CLINICALS)
- LOCAL, REGIONAL PRESENTATION
- CHI SIGMA IOTA SPONSORED PROFESSIONAL DEVELOPMENT ACTIVITIES (15 HOURS)

* COURSES LISTED ABOVE ARE REPRESENTATIVE
** THESE PROFESSIONAL EXPERIENCES ARE IN ADDITION TO ALL ACADEMIC REQUIREMENTS FOR THE COUNSELOR EDUCATION PROGRAM

FOR MORE INFORMATION

CONTACT DAYNA WATSON, PH.D 
(205) 934-2005 
WATSONDM@UAB.EDU

MASTER OF ARTS

Concentration in Marriage, Couples, and Family

The Marriage, Couples, and Family (MCF) concentration usually requires eight or nine semesters or about three years (including summers) to complete and consists of coursework, supervised field experiences, and counseling internships. This concentration prepares students with the knowledge and skills necessary to serve couples and families in a multicultural society.

Application Process

Application is made through the UAB Graduate School at uab.edu/graduate

Application Deadline: March 1 for Fall Entry; September 1 for Spring Entry

Requirements: Applicants must have an undergraduate degree in any major from an accredited institution and apply through the UAB Graduate School. Admission candidates must also have a GPA of 2.75 or higher and must submit an official transcript, a personal statement, and GRE-V (146 or better) and GRE-Q (147 or better) test scores. International applicants must also submit official TOEFL or IELTS scores to the Graduate School.

For more information about this program and to see a checklist go to: uab.edu/education/home/hs/counseling

We also offer a Graduate Certificate in Marriage, Couples and Family Counseling open to UAB counseling graduate students concentrating in clinical mental health or school counseling and to practitioners with an M.A. in clinical mental health or school counseling who wish to advance their careers.

MCF CERTIFICATE CURRICULUM

COURSES  18 SEM HRS
ECG 660 RELATIONSHIPS AND HUMAN SEXUALITY  
ECG 661 PLAY THERAPY I  
ECG 680 THE INTERSECTION OF FAMILY AND COMMUNITY SYSTEMS  
ECG 685 MARRIAGE AND COUPLES COUNSELING  
ECG 689 ADVANCED FAMILY COUNSELING TECHNIQUES  
ECG 691 INTRODUCTION TO COUPLES AND FAMILY COUNSELING