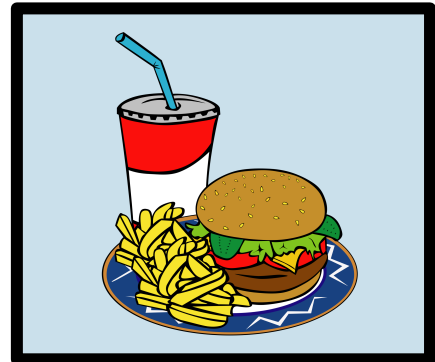


Knowledge that will change your world

A (Not So) Gentle Reminder.....

In order to comply with requirements set forth by **state and federal regulatory bodies** and **accrediting agencies** to reduce the potential for occupational exposure to hazardous biological, radioactive and chemical agents in the course of laboratory operations, it is laboratory best practices policy that:



- There shall be no eating, drinking, smoking, use of personal vaporizers (e-cigarettes), chewing of tobacco, chewing of gum, application of cosmetics, shaving, brushing of teeth, handling of contact lenses, or any activity which increases the risk of internal personnel contamination, in laboratories, animal facilities or other areas where biohazardous materials, radioactive materials, or hazardous chemicals are used or stored.
- There shall be no mouth pipetting of biohazardous materials, radioactive materials, or chemicals.
- Containers of food for human consumption shall not be permitted in laboratories where biohazardous materials, radioactive materials, or hazardous chemicals are used or stored.
- Refrigerators or freezers used for storage of food for human consumption shall not be placed in laboratory areas where biohazardous materials, radioactive materials, or hazardous chemicals are used or stored.
- Refrigerators or freezers used for storage of biohazardous materials, radioactive materials, or hazardous chemicals shall not be used for storage of food, or any item intended for human consumption.
- Refrigerators or freezers used for the storage of animal feed shall not be used for storage of food for human consumption.
- Glassware or utensils used for laboratory procedures shall not be used for the preparation or consumption of food or beverages.
- Hands must be washed before and after any activity involving the use of biohazardous materials, radioactive materials or hazardous chemicals.
- Gloves must be removed before leaving the laboratory or handling phones, door handles and other non-contaminated surfaces.

References:

Guide for the Care and Use of Laboratory Animals. Washington (DC): National Academies Press (US); 2011.

Prudent Practices in the Laboratory: Handling and Management of Chemical Hazards: Updated Version. Washington (DC): National Academies Press (US); 2011.

"Biosafety in Microbiological and Biomedical Laboratories (BMBL) 5th Edition", U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and National Institutes of Health, Fifth Edition, Feb. 2007

Occupational Safety & Health Administration [OSHA]. 29 CFR 1910.141 (g)(2) – Sanitation

Occupational Safety & Health Administration [OSHA]. 29 CFR 1910.1450, Appendix A Occupational Exposure to Hazardous Chemicals in Laboratories

Occupational Safety & Health Administration [OSHA]. 29 CFR 1910.1030 (d)(2)(ix) Bloodborne Pathogens

UAB Radiation Safety Procedures Manual 2012

Please don't eat, drink or store food in the lab!

March 20, 2015